LECTURE

ORTHOPAEDICS AND TRAUMATOLOGY

CEREBRAL PALSY

Marek Synder

RIBERA (1591 - 1652)

The first who described this disease was an orthopaedic surgeon Wiliam John Little in 1860

Little'a disease

The term cerebral palsy was invented by Wiliam Osler in 1888

Zygmunt Freud investigated the etiology of brain disorders concluded, that the etiology of CP could be some factors which affected CNS just before delivery.

The today's definition of CP was formatted by Bax in 1964 as disturbances of motion and posture connected with the brain damage.

Defintion

Non progressive damage of the CNS,

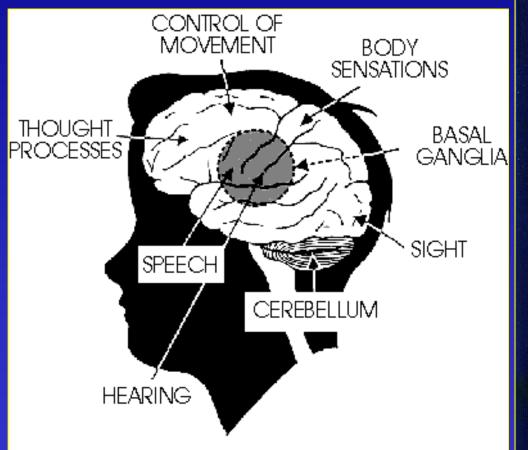
which leads to changing during the life period disturbances of motor function and posture and other sequels of brain damage in an early stage of brain development

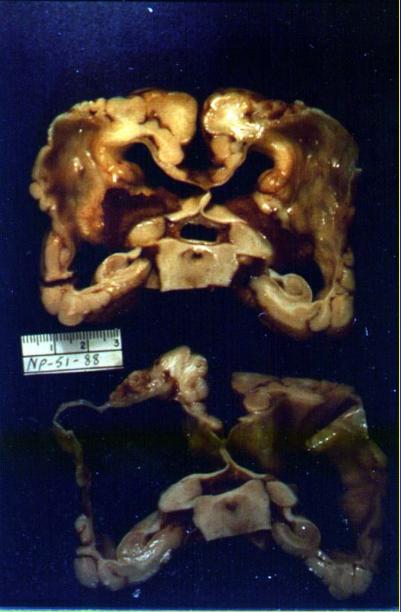
WHAT IS CEREBRAL PALSY ?

This is no one disease

- This is a collection of motor function disorders as a cause of damage of CNS, before, during or after delivery
- This is non-progressive disease
- If motor disorders continue to progress or only are periodically seen it means that it is not CP

CEREBRAL PARESIS







CLASSIFICATION:

*** TYPE OF MOTOR DISORDERS**

*** PARTS OF THE BODY INVOLVED IN PARESIS**



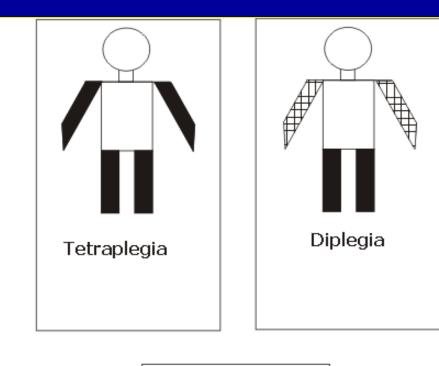
CLASSIFICATION:

TYPE OF MOTORIC DISORDERS (a) ATETOTIC – no muscle control (a) SPASTIC – †increase muscle tension (a) HYPOTONIC - † muscle weakness (a) ATACTIC – unstable balance of the body (a) MIXED **CEREBRAL PARESIS**

CLASSIFICATION:

PARTS OF THE BODY INVOLVED :

 (a) HEMIPLEGIA - paresis of the one side of the body
 (a) DIPLEGIA - paresis mostly of the lower extremity and in less involvement of upper extremity
 (a) TETRAPLEGIA - paresis of all extremities





CEREBRAL PARESIS

Frequency:

5: 2000 birdths

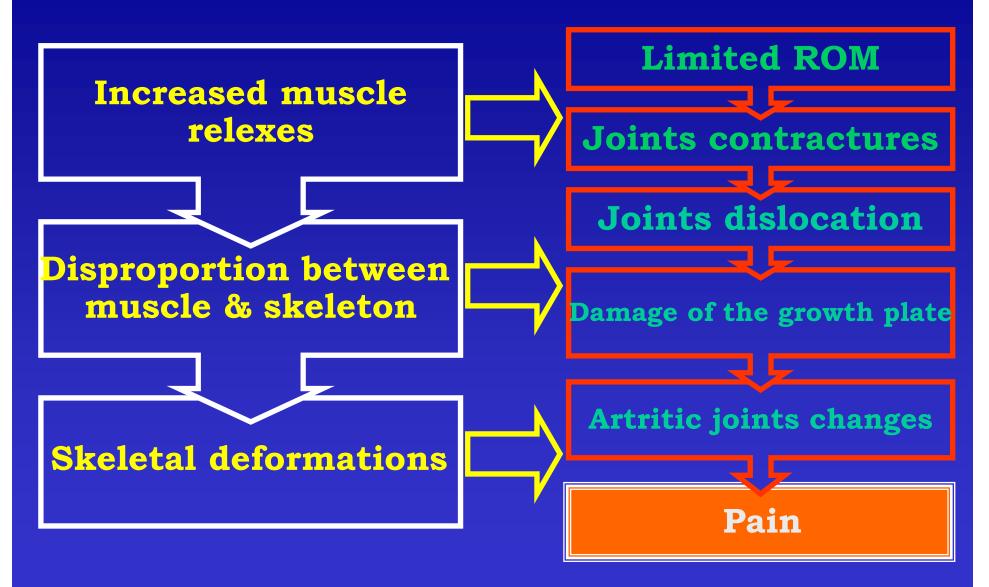
In the last 20 years the frequency of CP did not change !



number of patients with possible CP

number of patients who will not survive

SPASTICITY



Reasons of dynamic and static deformation of limbs and body in CP patients

Neurologic (primary):

- Changes in muscle tonus
- Disorder of the muscle balance
- The lack of selective nerve control
- Dexreace of muscle tonus

Orthopedic (secondary):

- Dynamic contracture
- Static contracture
- Joints deformation
- Skeletal deformation

CEREBRAL PALSY

ETIOLOGY:

1. PRENATAL:

* mother diseases during pregnancy –

myocardial or respiratory insuffiency,anemia, diabetes, gestosis

* **disorders of placenta** – *central placenta,arterial obliteration..*

* uterine myoma, injury,infection,serologic incopatibility

2. PERINATAL !!! * asphyxia * prematurity * birth injury

3. AFTER DELIVERY : * meningitis * injury of CNS



From the literature we know that :

 25 to 40% of all cases of CP is connected with low birth weight, below 2500 g

* 10 to 20% of all cases of CP is connected with intrauterine fetal anoxia

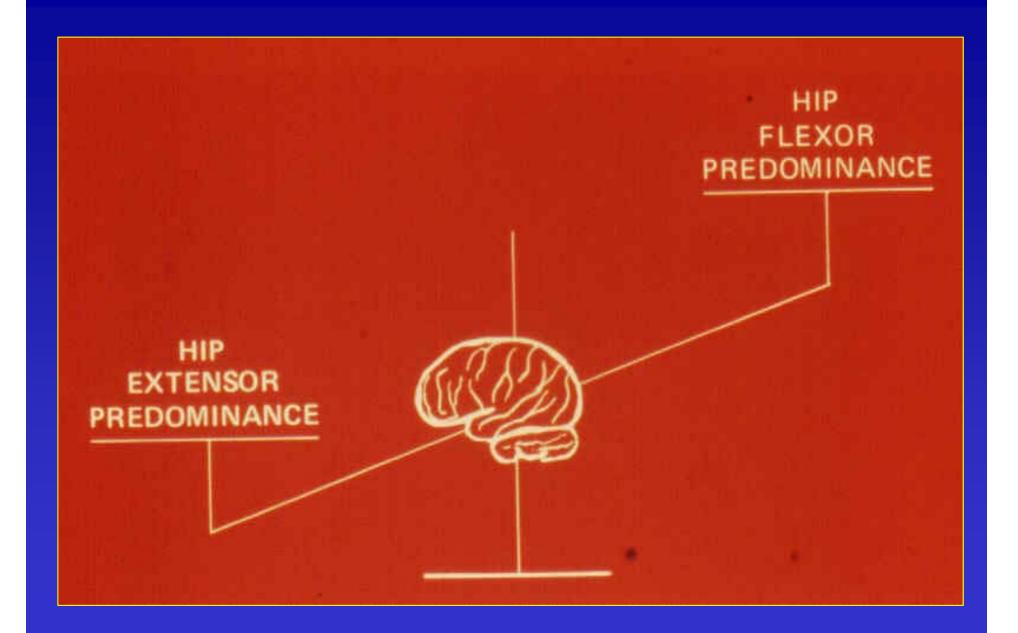
> 10% of all cases of CP is connected with injury of the CNS



We never observe the same (identical) forms of CP

BECAUSE

We never observe identical injuries of the CNS



Milestones		
	Average month	95 centyl
Head elevation	3	6
Seating	6	9
Crawl	8	Sometimes absent
Standing	8	12
Walking	12	18







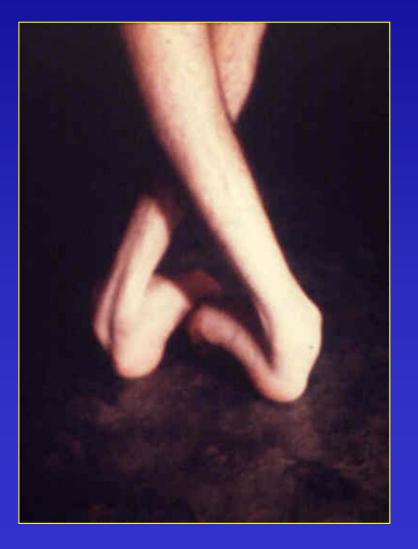


















DISORDERS OF THE MUSCLE BALANCE

* COXA MAGNA
* COXA VALGA
* COXA ANTETORTA
* ACETABULAR DYSPLASIA
* HIP SUBLUXATION
* HIP DISLOCATION









SPASTIC CLUBFOOT

MOST COMMON DEFORMATION OBSERVED IN CHILDREN WITH CP

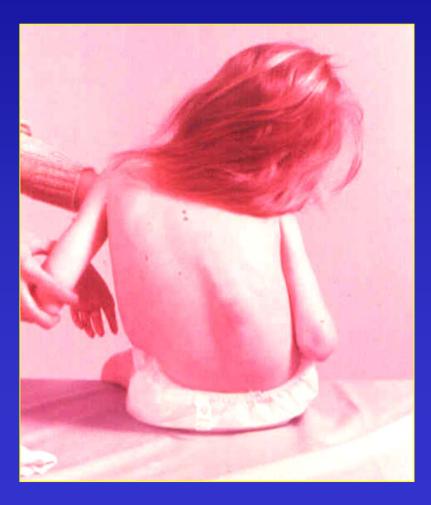
ETIOLOGY: CONTRACTURE OF TENDO ACHILLES



TREATMENT: NON-OPERATIVE: *PT*, *KINEZYTHERAPY*, *ORTHOSIS*

SERGICAL: TAL – open or percutaneous

SPINE













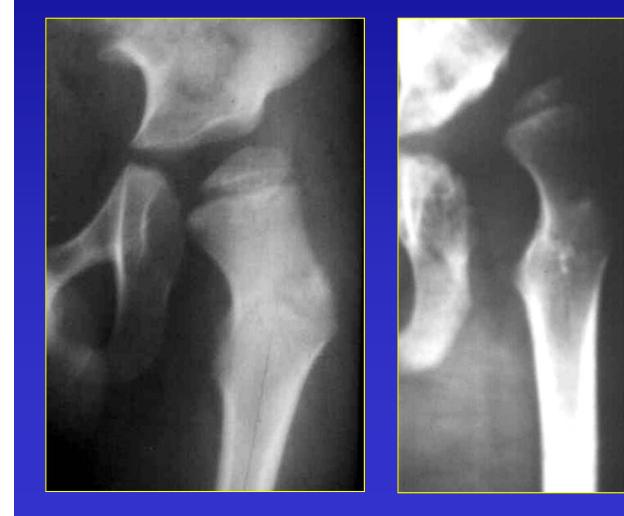








HIP JOINT





The most common problem in children with CP is :

Postero-superior subluxation or dislocation of the hip joint

This type included of all disorders around the hip

> 98-99%

Etiology:

- increased tonus of m. adductors
- coxa valga
- increased antetorsion angle

If subluxation in the hip joint is observed (as a <u>MI</u>%)

It means that this process is always progressive

The subluxation progress 2% pro month, when MI < 50% !

> And leads very fast to dislocation when MI > 60%

Age 8-18 years

When in the stage of accelerated growth the pelvic obiquidity and scoliosis is additionaly observed

this factors could influenced further development of the hip joint



HIP JOINT



- **1.** Scoliosis
- 2. Oblique pelvis position
- **3. Adduction of one hip and** abduction of the second one

Windblown deformity



Windblown deformity



HIP JOINT

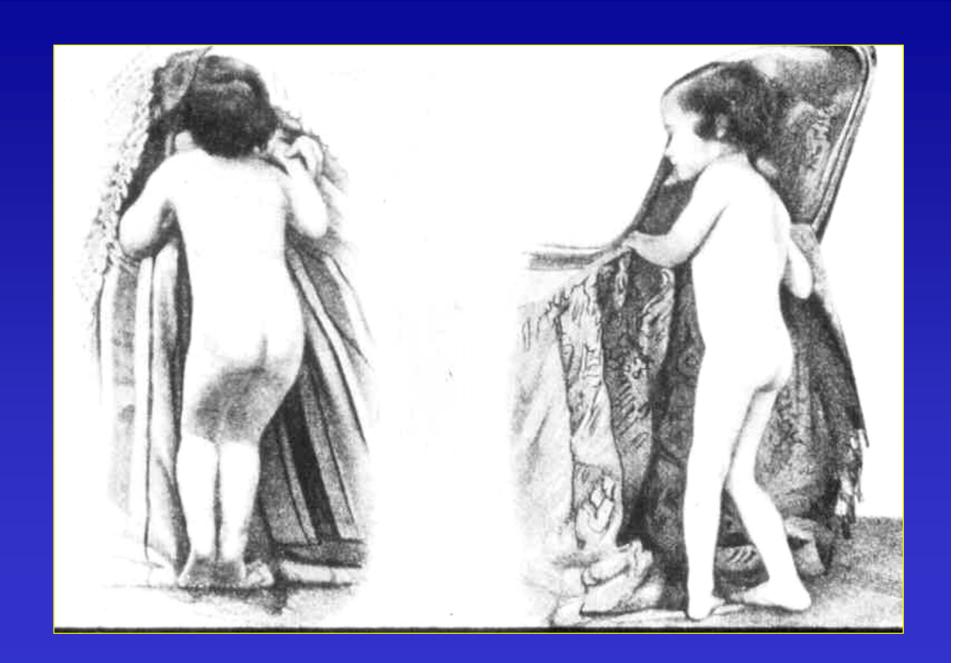




HIP JOINT







Clinical evaluation of child with CP

Goals:

- Evaluation of functional development
- Evaluation of functional position of joints
- Evaluation of dynamic and static deformation
- Planing of treatment

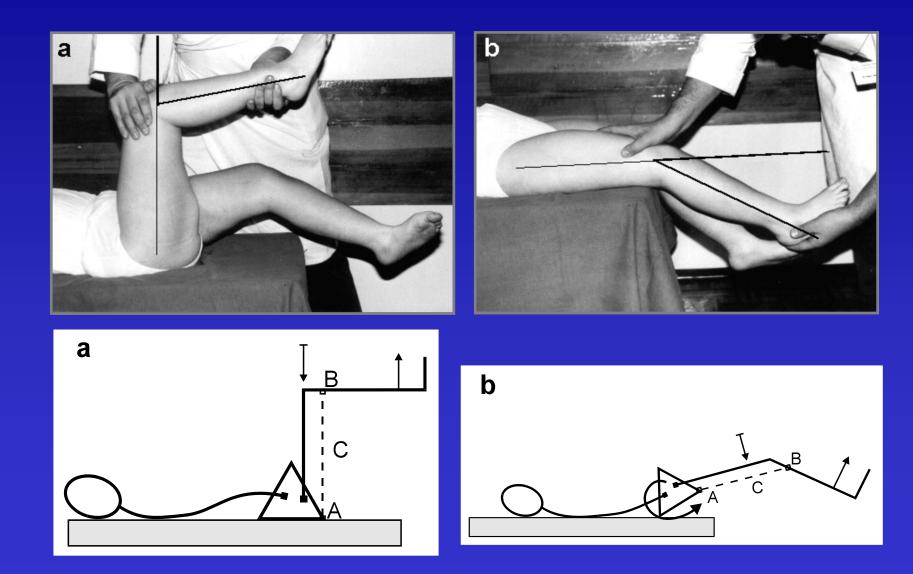
Methods:

- Functional evaluation
- Clinical evaluation
- Radiological evaluation

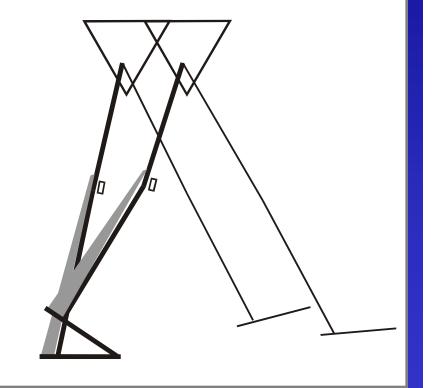
Orthopaedics examination

Dynamic evaluation of ROM

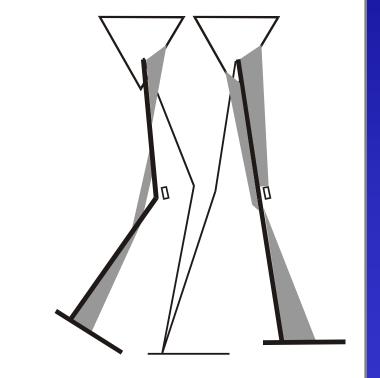
Dynamic evaluation of ROM



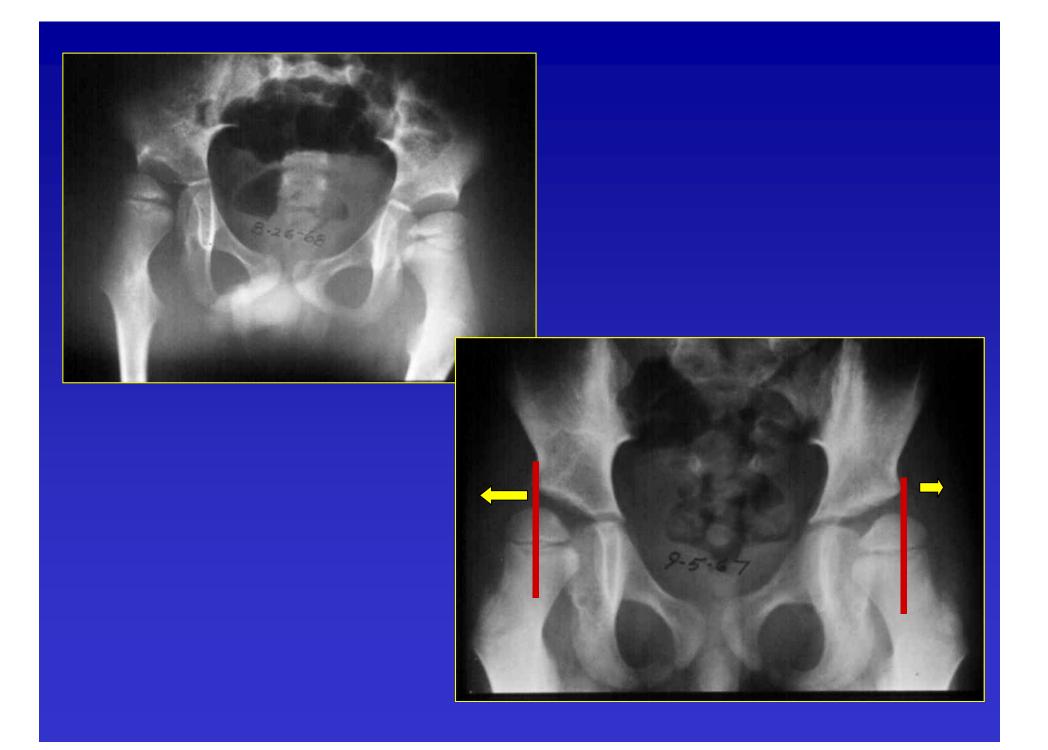
Gait analysis

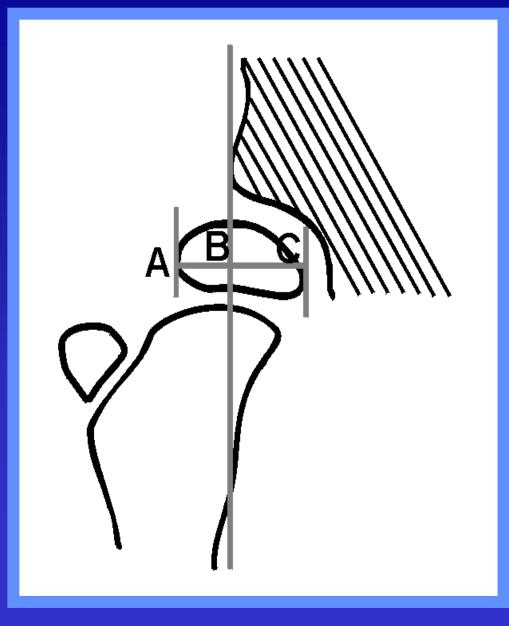


Gait analysis



X-ray evaluation of the hip joint (every 12 months)





Migratio Index (MI)

 $\mathbf{MI} = \frac{\mathbf{AB}}{\mathbf{AC}} \times 100\%$

 $\begin{array}{l} \textbf{Normal} \\ \textbf{0\%} \leq \textbf{WM} \leq \textbf{20\%} \end{array}$

 $\frac{\textbf{Endengering}}{20\%} < WM \le 33\%$

Subluxation 33% < WM < 100%

Adults

With MI 25-30% hip remains stable With MI 30 - 60% very rare progresses With MI > 60%hip progress slowly and leads to dislocation in every case

Diagnosics

- 1. X-ray of the hips in AP position every 6-12 months when obduction $< 45^{\circ}$
- 2. CT evaluation of direction of dislocation of the femoral head, evaluation of acetabulum and antetorsion angle
- 3. Ultrasound rare indicated evaluation of fluid in the hip joint and antetorsion angle

TREATMENT

1. PROPHILAXIS

2. RECONSTRUCTOVE SURGERY

3. PALIATIVE SURGERY

GOALS OF TREATMENT

- Functional improvement
- Cosmetic imprevement
- Prophylaxis of hip dislocation
- Pain prophylaxis

Methods of treatment

- Multilevel soft tissue release
- Tendons or muscle lengthening
- Corrective osteotomy
- Open reposition of the joint
- Arthrodesis & bone resection

SURGICAL TREATMENT YOUNG PATIENT

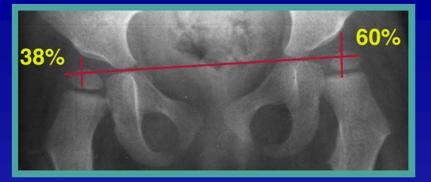
*** SOFT TISSUE SURGERY**

*** OSTEOTOMIES OF PELVIC AND FEMUR**

* MIXED SURGERY

TREATMENT

Children below 8 years:



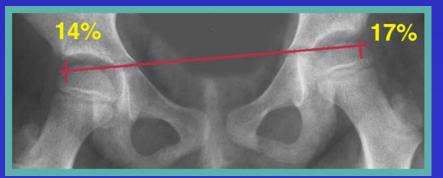
Age 4 years

* MI >25% & <60% * abduction < 30⁰

Should be treated by soft tissue release.



8 m. after adduktors & m. iliopsoas lengthening



Age 12 years

TREATMENT

Soft tissue release open or precutaneous Better results – open.

* dissection of adductor longus & gracilis
* lengthening of m. iliopsoas in walkers
* dissection of m. iliopsoas (non-ambultory)
* myotomy of adductor brevis (when hip abduction <45⁰)
* hemotring length pring when poplitical angle

* hamstring lengthening when popliteal angle <45⁰

* dissection of anterior branch of n. obturatorius when MI >60% in non-ambulatory patients

FU after surgery, every 6 m., X-ray once a year

Treatment - problems

11% of children required additional surgery because of increasing of MI > 40%

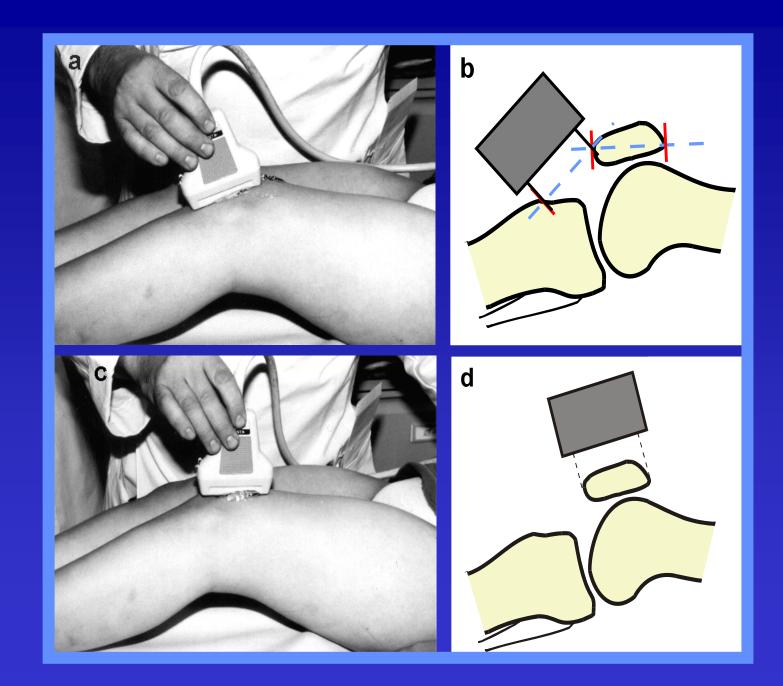
> **Repeated soft tissue release** (only 50% improved)

Decision about reconstructive surgical procedure

Ultrasonografic evaluation of the knee joint

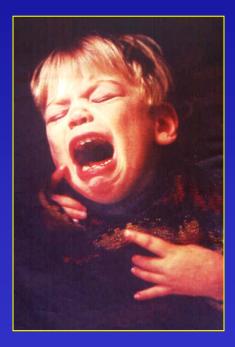


Normal: 1 < wwr < 1,4



TREATMENT

*** ORTOPEDIC SURGEON * NEUROLOGIST * PEDIATRITION** * REHABILITANT * LOGOPEDIST * PSYCHOLOGIST * OPHTHALMOLOGIST * LARYNGOLOGIST



Methods of treatment of spasticity:

- General paediatric treatment
- Rehabilitation
- Physiotherapy
- General farmacological treatment
- Local farmaceutical treatment :
 - botulin toxin
 - baclofen pump
- surgery
 - neurosurgery (STR)
 - orthopaedics













The goal of surgical treatment

- Functional improvement
- Cosmetic improvement
- Prophylaxis of neurogenic joint dislocation
- Prophylaxis of pain

SPASTIC FOOT

MOST COMMON DEFORMATION IN CHILDREN WITH CP

ETIOLOGY: ACHILLES TENDON CONTRACTURE



TREATMENT: NON-SURGICAL: PT, *REHABILITATION*, *orthesis*

SURGICAL: TAL

open or closed

SPASTIC FOOT



















"The surgical tretament of child with CP is only the stage in the period of rehabilitation"

Prof. Wiktor Dega

Methods of orthopaedic treatment

- Multilevel release of soft tissue in the region of lover extremity
- Muscle and tendons lengthening
- Transposition of muscle
- Corrective osteotomy
- Reposition of joints
- Arthrodesis, resection or THR

Surgical treatment of hip joint YOUNG PATIENTS

*** SOFT TISSUE SURGERY**

*** OSTEOTOMY OF FEMUR AND PELVIS**

* COMBINED TREATEMNT bone surgery + soft tissue suregry i.e. osteotomy and muscle lengthening Surgical treatment of hip joint OLDER PATIENTS

* Hip joint arthrodesis

* THR

* Proximal femur resection

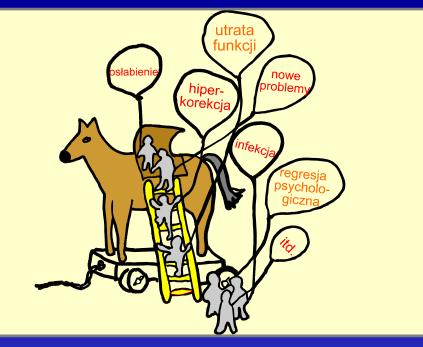






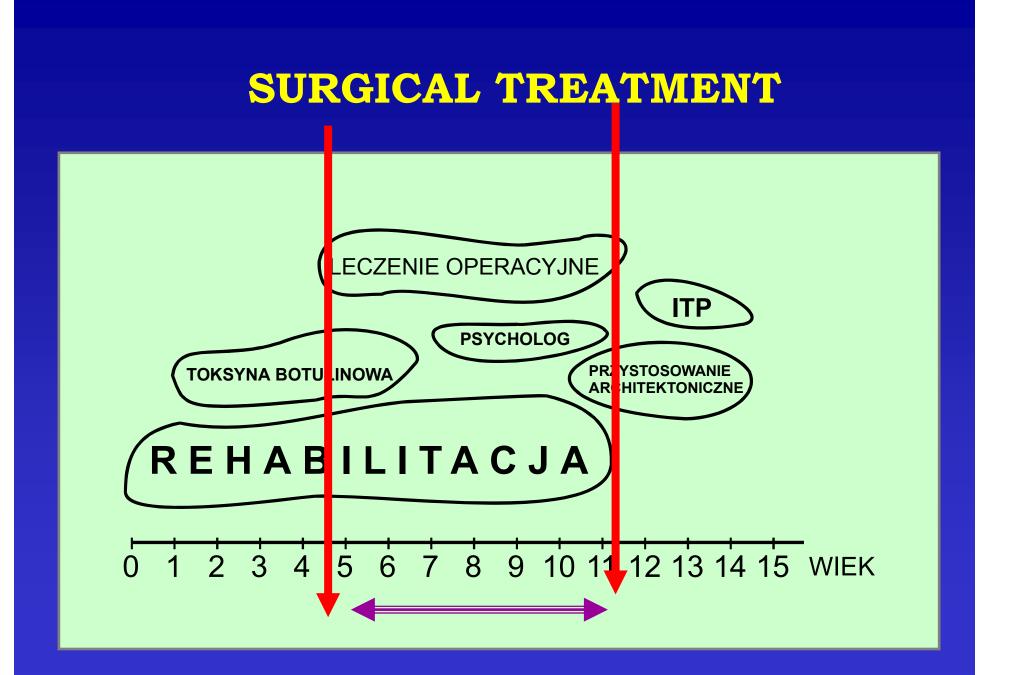
COMPLICATIONS









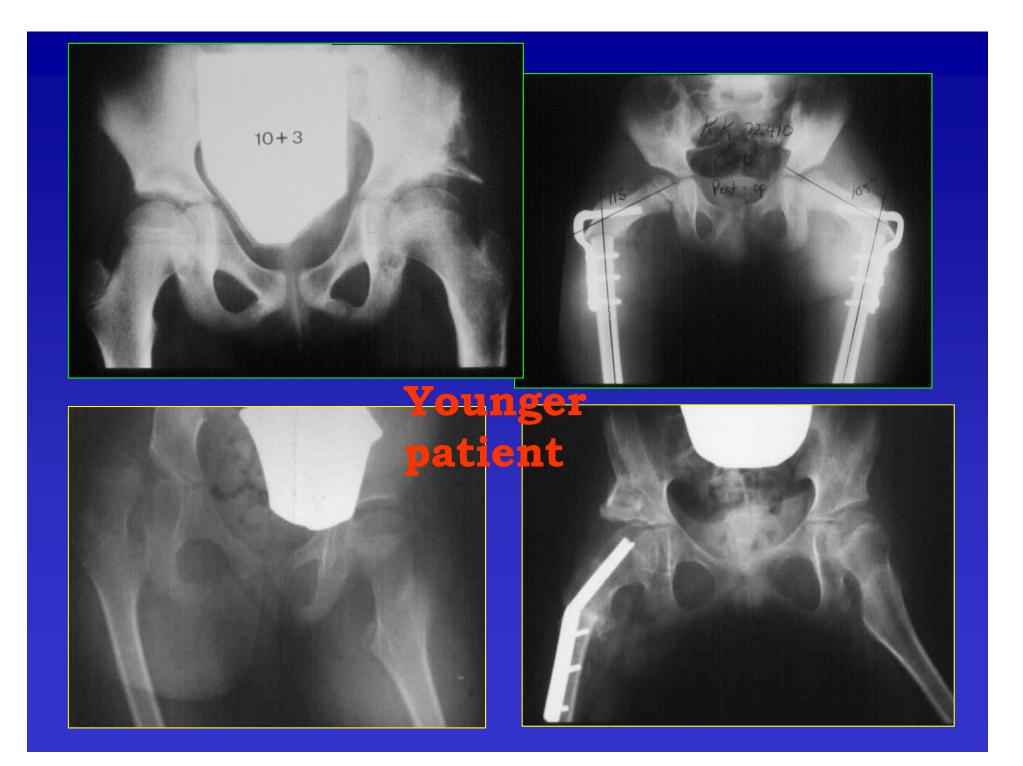


If child could seat independently before the 2 year of life – will walk without aid

If child could seat independently between 2 and 4 years of life the chance for independent walk is only 50%

If child could not seat independently after 4 year of life the independent walk is rather not possible.

If child before 8 year of age has no prone body position there is no chance for independent walk



HIP JOINT









Treatment – reconstructive surgery

Indication:

- * severe subluxation MI >60%
- * hip dislocation
- * children >8 years with MI >40%







Treatment – reconstructive surgery

The best result when the surgery is performed at the age 6-12 years

- better rebuilding ability !





Treatment – reconstructive surgery

The reconstructive procedures gives 90% of good results in children with spasticity SURGICAL TREATMENT HIP JOINT OLDER PATIENT

* HIP ARTHRODESIS

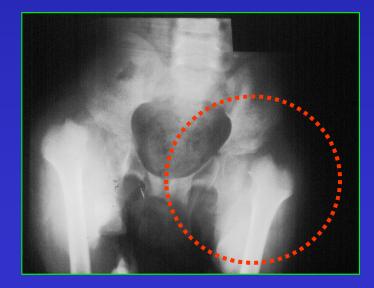
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*** PROXIMAL FEMUR RESECTION**

OLDER PATIENT







Treatment

THR 95% of good results





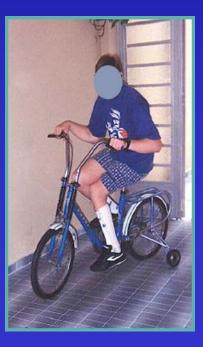




HIP Arthrodesis

Indicated to young, walkers with no scoliosis and unilateral involvement



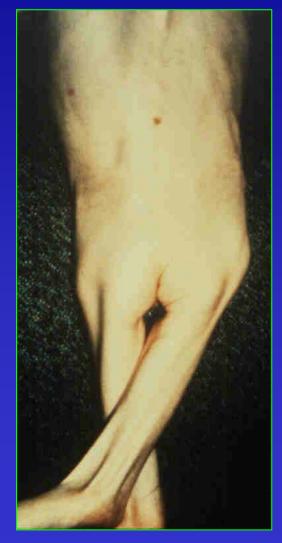


Alternative to THR

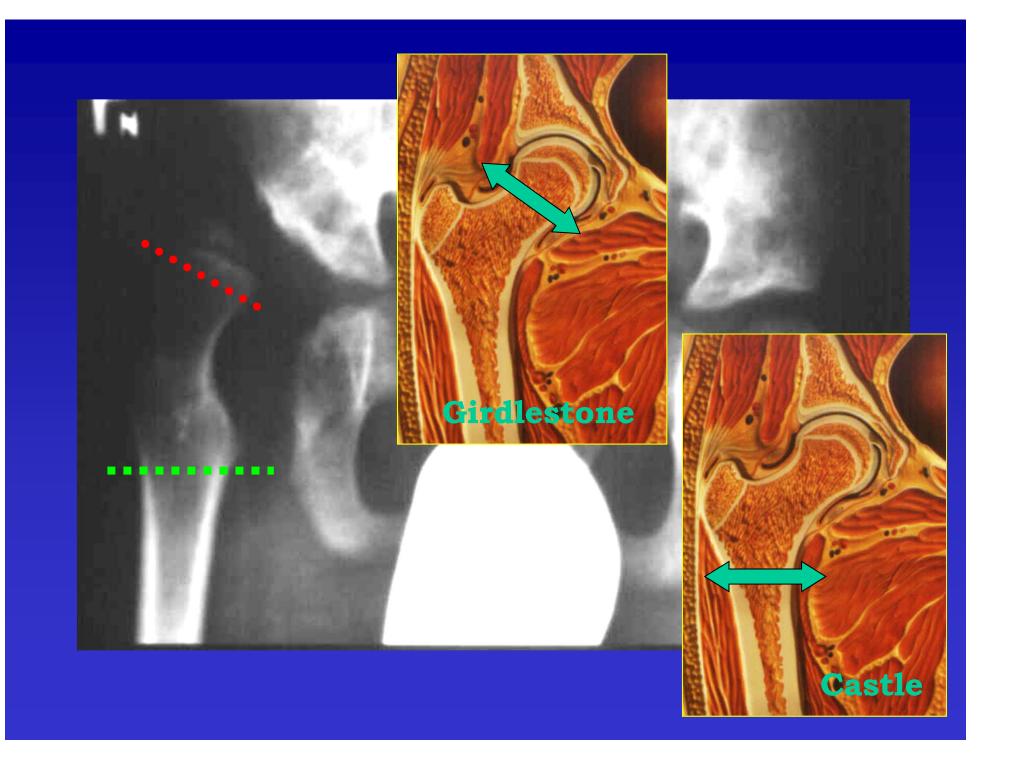


Severe cases of children with spasticity





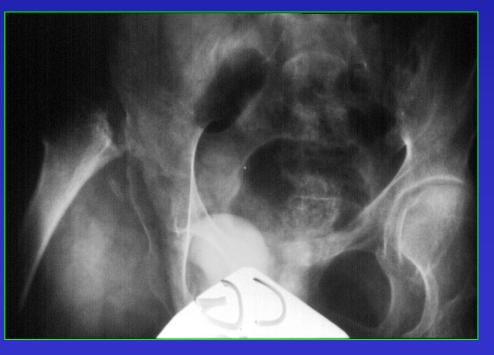






Proximal femur Girdlestone resection





Treatment

The principle of treatment is to prevent HIP DISLOCATION

Dislocated hip cause :

Pain Function disorders Early degenerative changes

THE EVALUATION OF TREATMENT OF THE SPASTIC HIP IN CHILDREN

The aim of the study is to evaluate children with spastic hip disease who were treated in our Clinic because of hip problems (contracture, subluxation or dislocation)

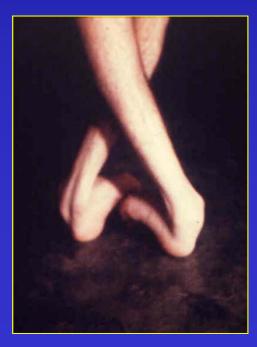




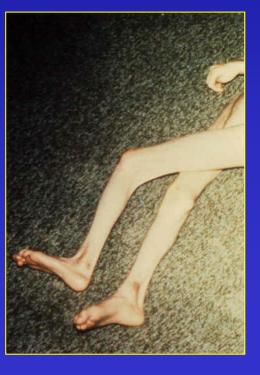




Severity of spasticity







MUSCLE BALANCE DISORDERS

* DYSPLASTIC HIP* HIP SUBLUXATION* HIP DISLOCATION

* COXA MAGNA
* COXA VALGA
* COXA ANTETORTA





This changes could lead to the degenerative changes of the hip joint



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> 98-99%

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Age 8-18 years

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HIP JOINT



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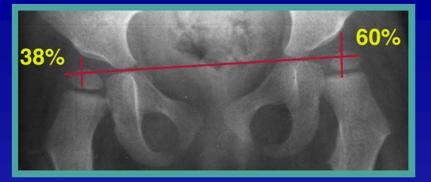
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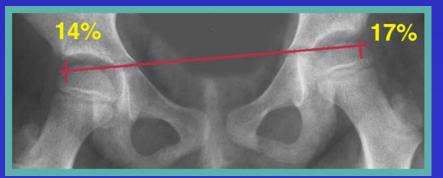
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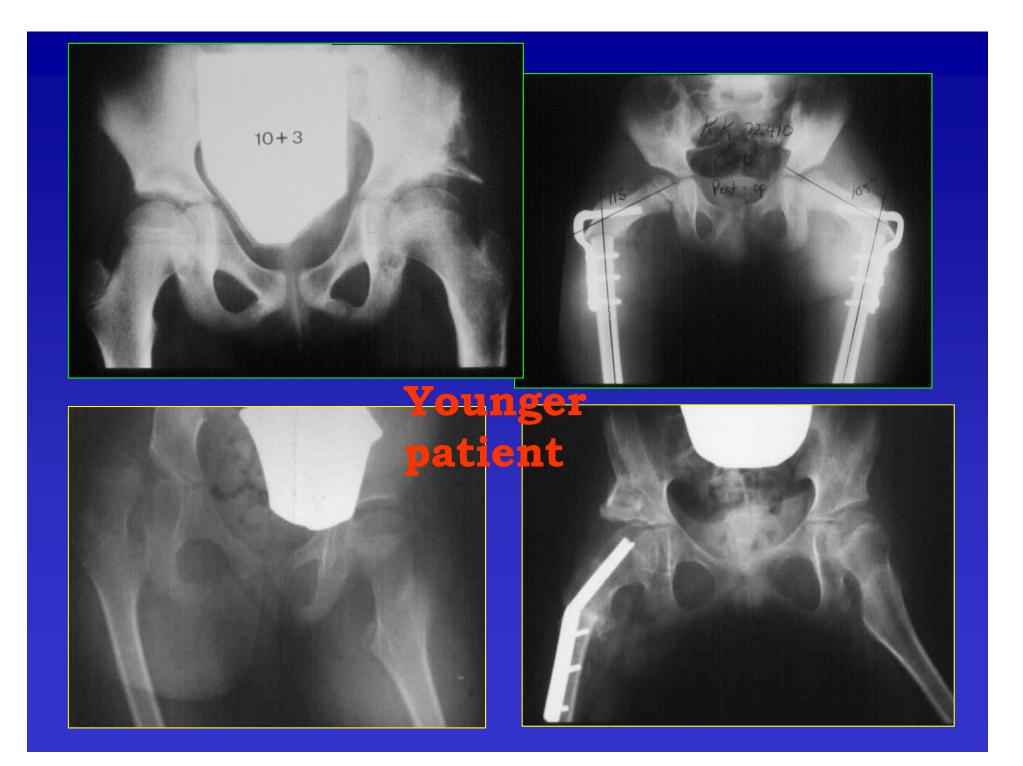
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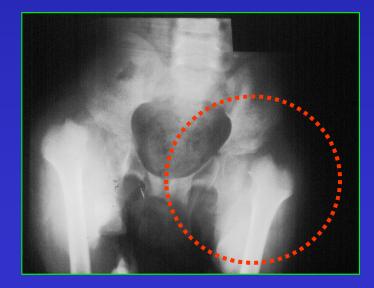
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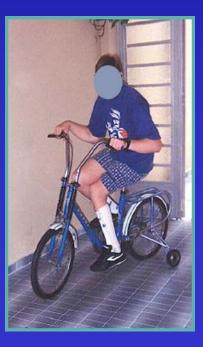




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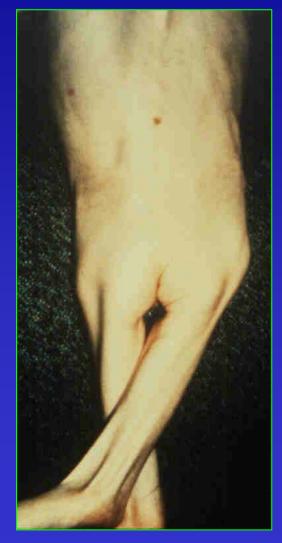


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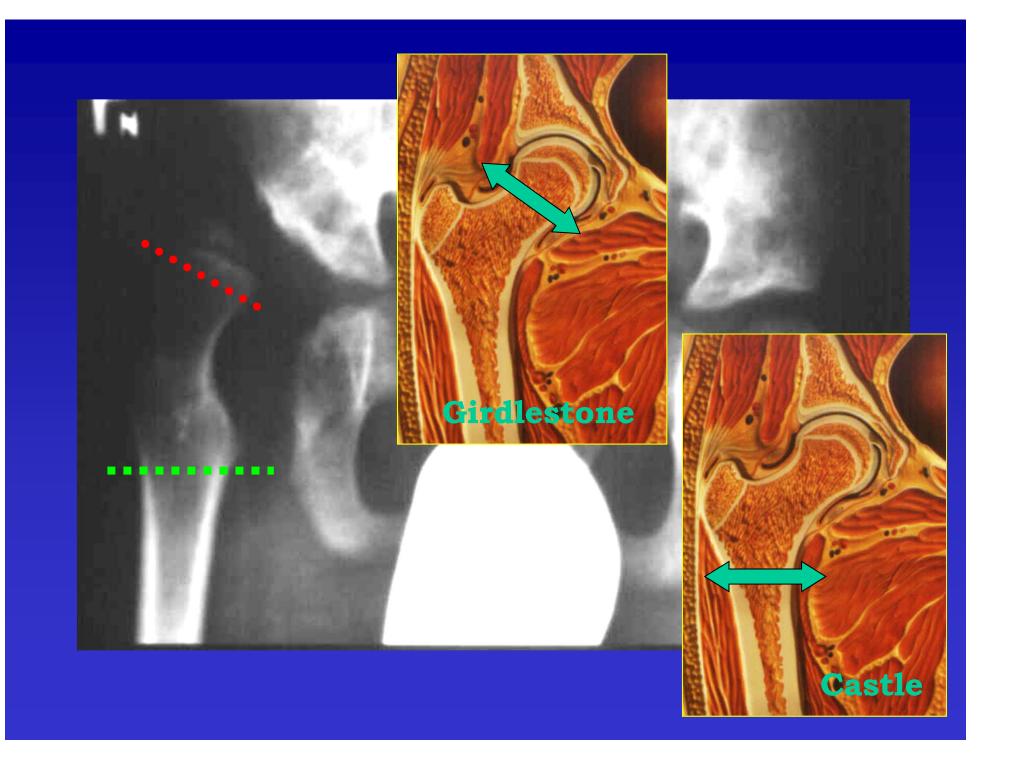


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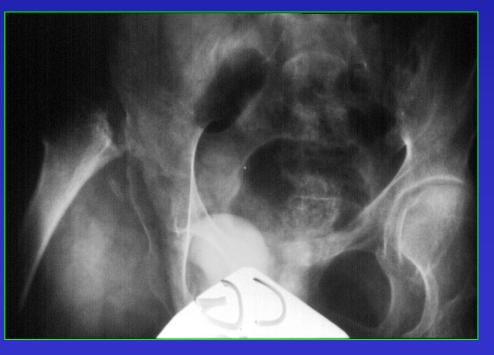






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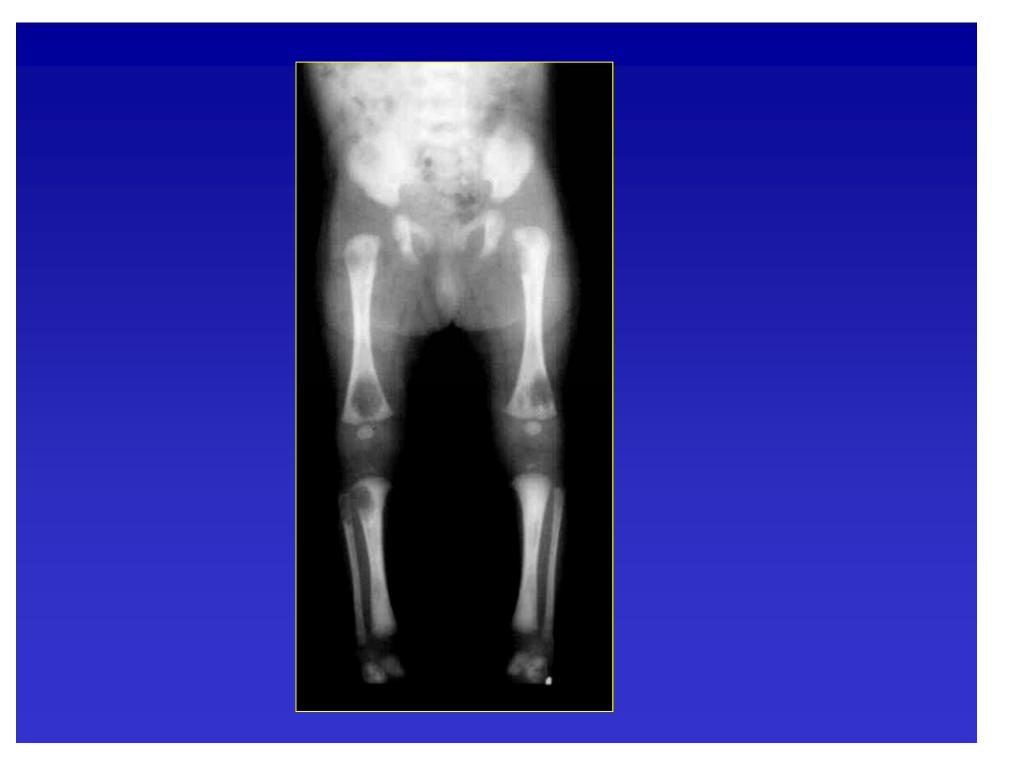
Dislocated hip cause :

Pain Function disorders Early degenerative changes

ACUTE HEMATOGENOUS OSTEOMYELITIS AND SEPTIC ARTHRITIS

ACUTE HEMATOGENOUS OSTEOMYELITIS

The most common seen in * NEWBORNS * INFANTS

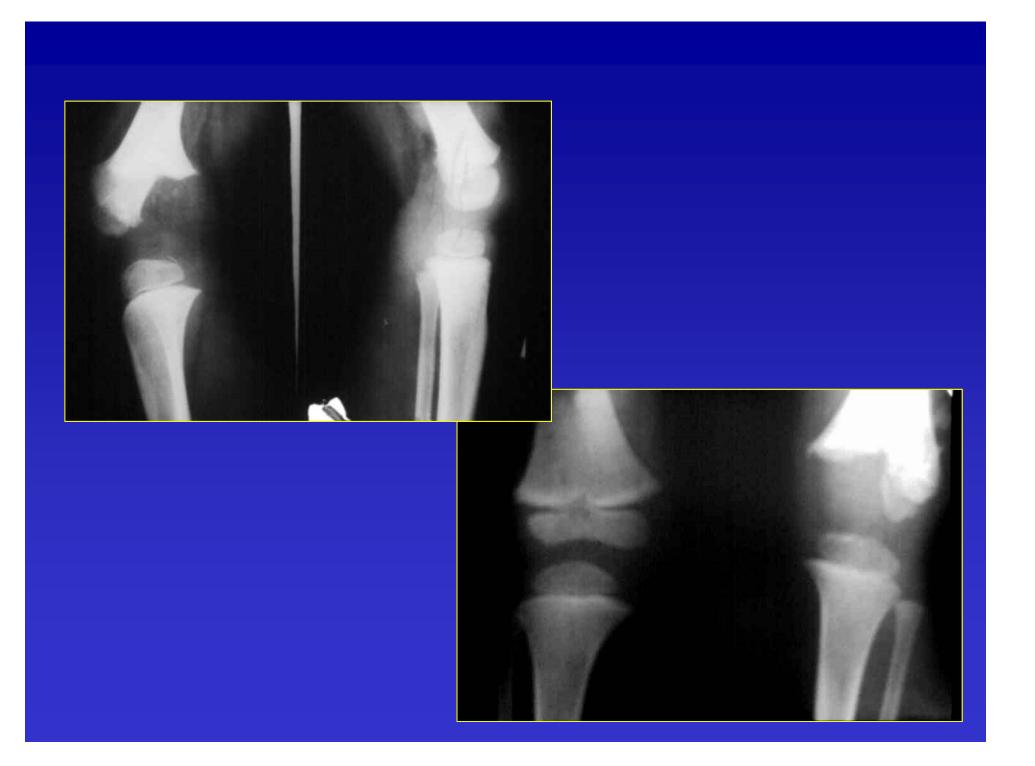




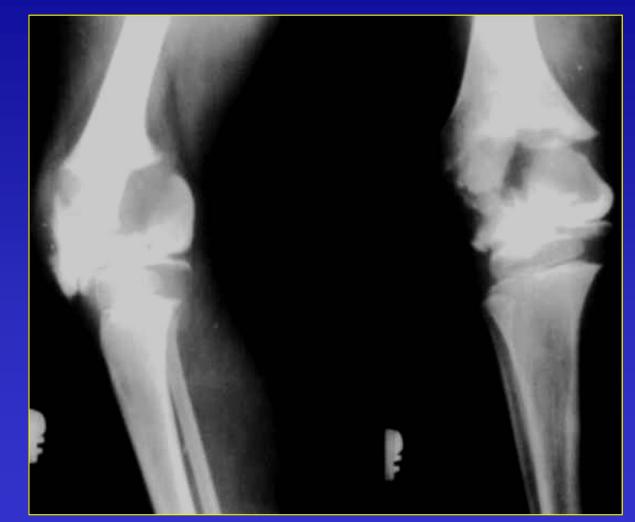


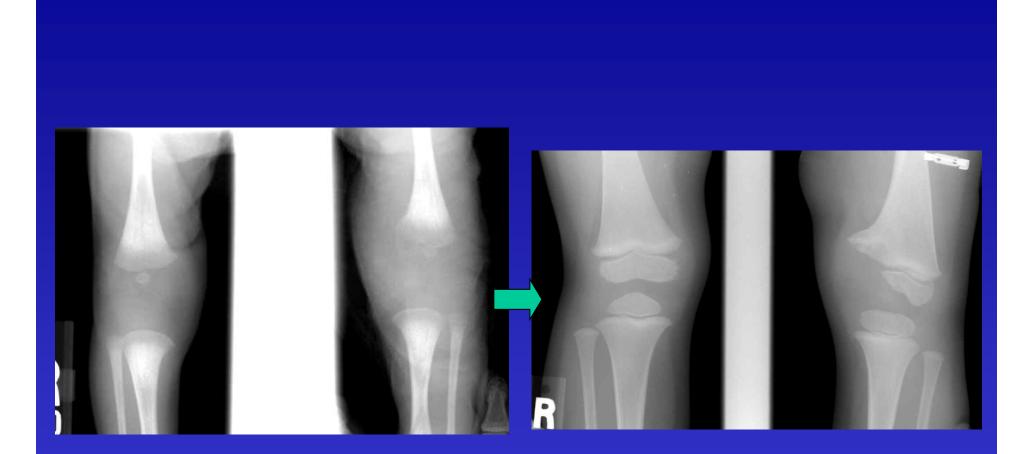






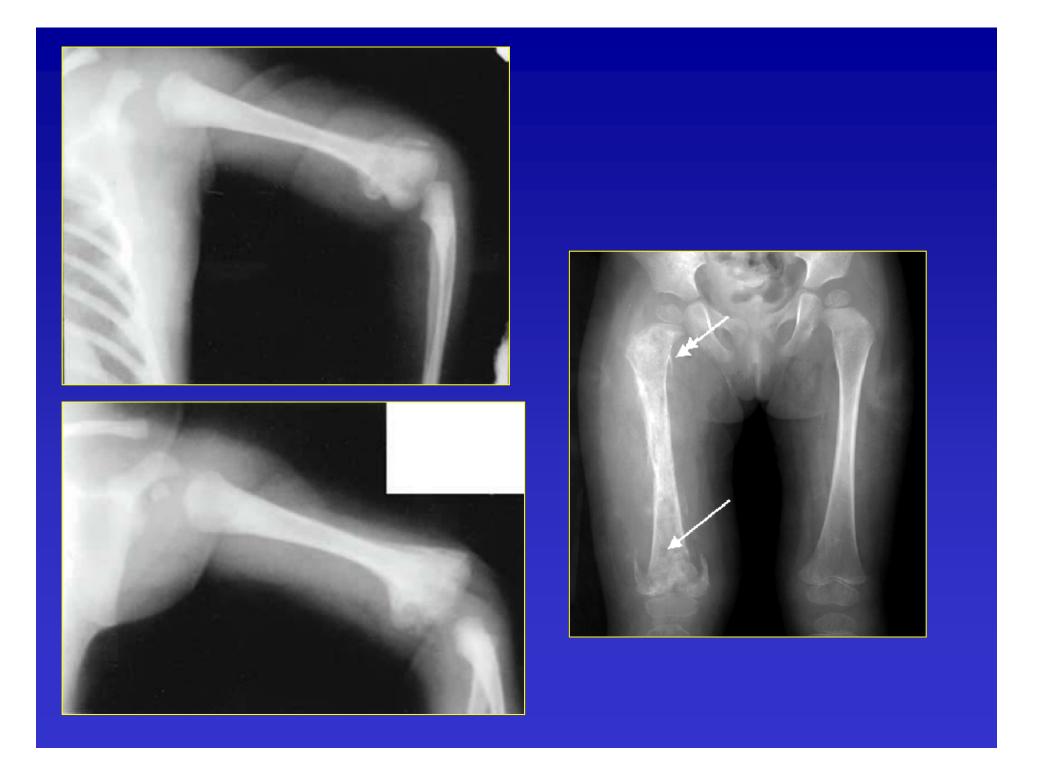






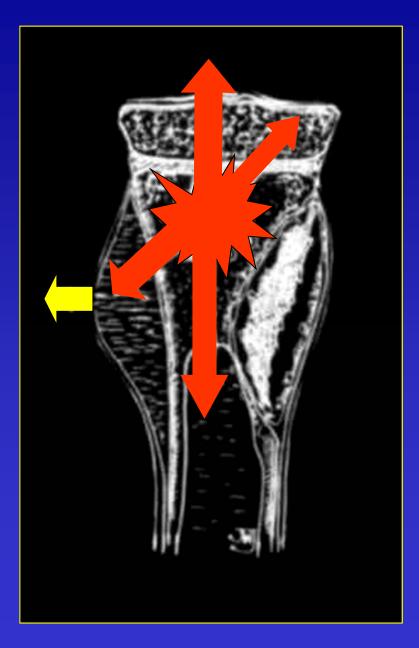
22days/ female

3 yrs old



IMAGING DIAGNOSTIC PROCEDURES



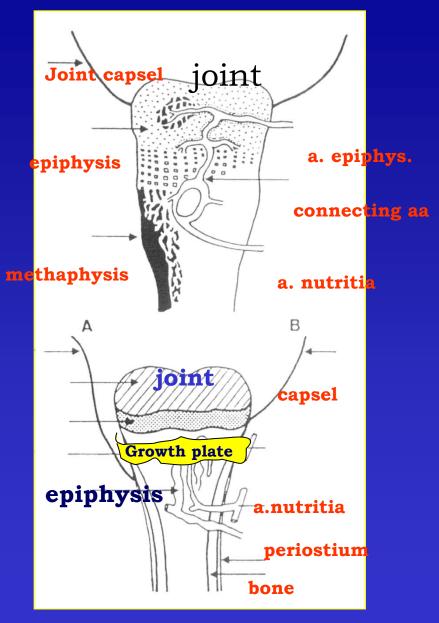


Originates in methaphysis of the long bones

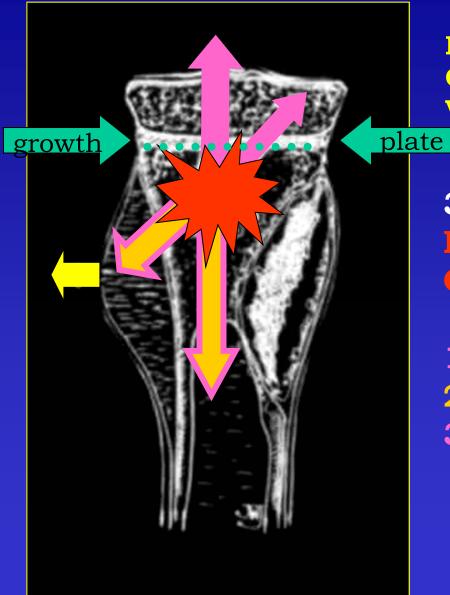
Spongiosa
 Slower blood flow
 Anasthomoses

 vein-arteria





EXTENDING OF OSTEOMYELITIS



IN RELATION TO THE GROWTH PLATE AND VASCULARISATION

3 TYPES OF ACUTE HEMATOGENOUS OSTEOMYELITIS :

Newborns & infants
 2 y - skeletal maturity
 adults

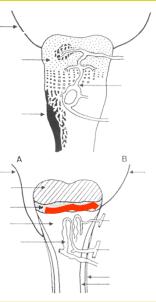
TYPES OF ACUTE HEMATOGENOUS OSTEOMYELITIS :

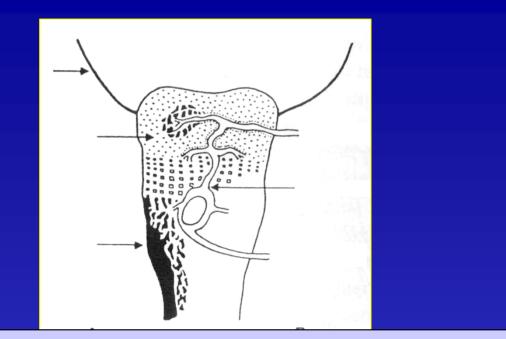
<u>1. NEWBORNS & INFANTS :</u>

- * No growth plate
- * vascular connection between epiphysis and methaphysis
- * osteomylitis often extend to the joint
- 2. 2 year till skeletal maturity :
 - * 2 year of lige = growth plate is formated
 - * gp = barier betwenn two vascularisation systems epiphyseal and methaphysal
 - * osteomyelitis not extend to the joint

<u>3. Adults :</u>

- * rare
- * no growth plate
- * vascular connection between epi- and methaphysis

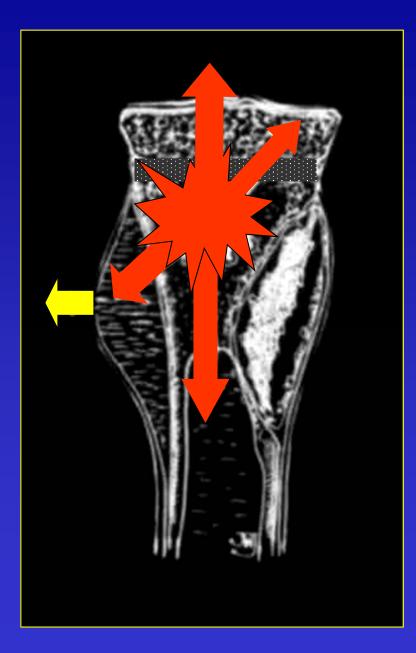




1. NEWBORNS & INFANTS :

No growth plate Vascular connection between epi- and methaphysis Osteomylitis often extend to the joint





3. Adults

OSTEOMYELITIS NOT PROPER TREATMENT

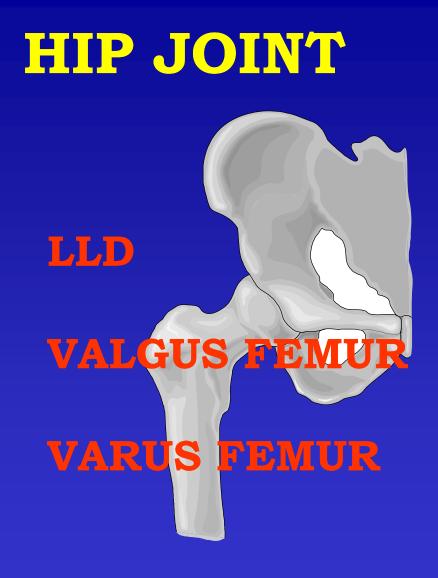
ACUTE HEMATOGENOUS OSTEOMYELITIS

Most common seen in



Hip joint Knee joint





KNEE JOINT

LLD

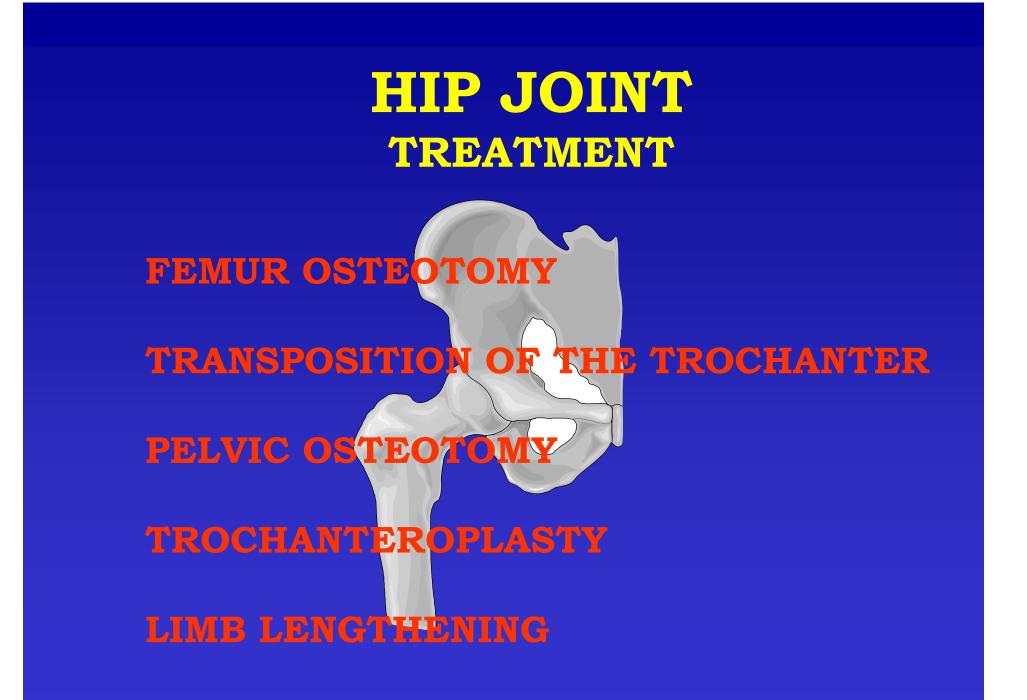
VARUS KNEE

VALGUS KNEE

SIGNIFICANT KNEE DEFORMATION

KNEE JOINT

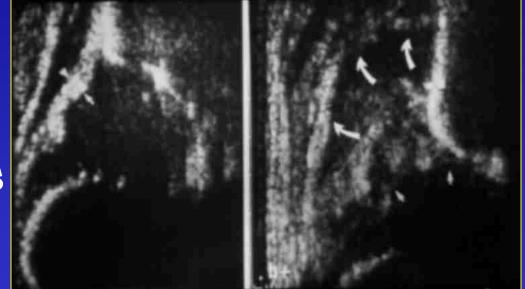
LLD FROM 4 TO 9 CM



NORMAL

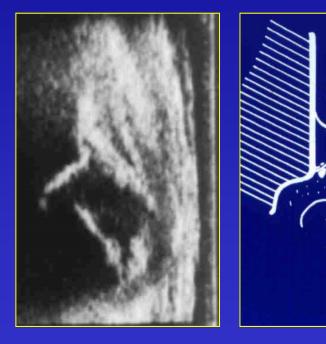
HIP EFFUSION

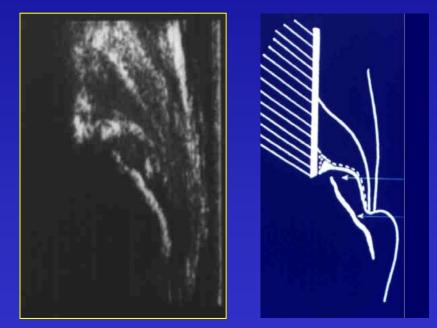
ARTHRITIS



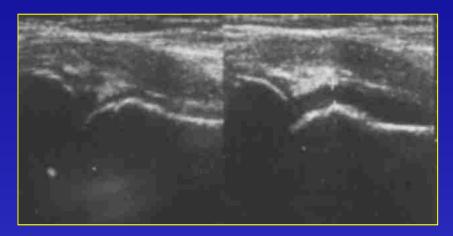


SEPTIC ARTHRITIS



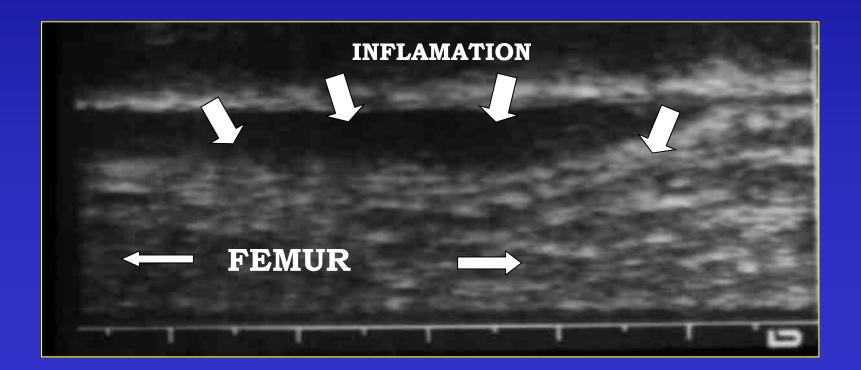


US presentation of effusion in the hip joint

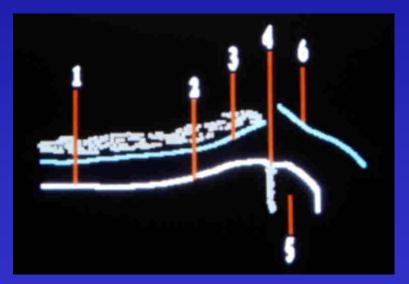


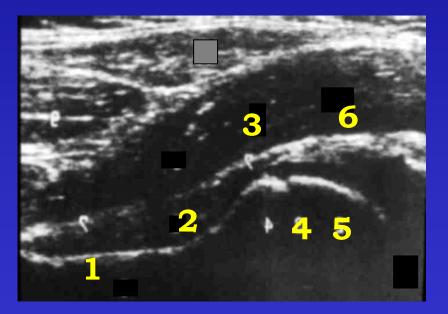


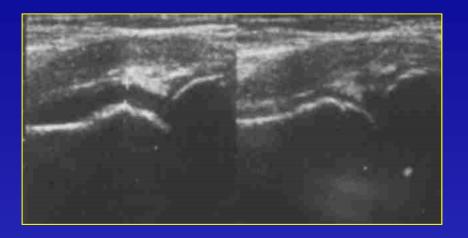
ACUTE HEMATOGENOUS OSTEOMYELITIS



EVALUATION OF EFFUSION IN THE HIP JOINT











* SUPRACONDYLAR FEMORAL OSTEOTOMY

* HIGH TIBIAL OSTEOTOMY

•CORRECTION OF DEFORMATION OF LEG USING ILIZAROV DEVICES

*** LIMB LENGTHENING**

THE ILIZAROV METHOD IN CORRECTION OF LOWER LEG DEFORMATION

CONCLUSIONS

- THE TREATMENT OF
 DEFORMATIONS WHICH
 OCCURRED AFTER
 OSTEOMYELITIS IS DIFFICULT
- DIFFICULT IS REHABILITATION AFTER SURGERY
- EARLY DEGENERATIVE CHANGES
- LONG LASTING TREATMENT

PATIENT 1

Newborn (33 weeks), ♂, 2 065 g

Elective cesarean (oligohydramnios and breech position)

Normal neurological evaluation at birth

Admitted to NICU: Transient tachypnea and feeding intolerance

Peripheral venous access: left hand and forearm

Bacille Calmette-Guérin and Hepatitis B vaccines administration and heel stick for metabolic screening

Discharge D6







2 case reports

Osteomyelitis of head of humerus presenting as Erb palsy:

2 case reports

D14

Mother noticed flacid left upper limb No Moro reflex (left) No trauma, no fever nor local inflammatory signs Initial evaluation: brachial plexus palsy at C5 C6 C7 Planning: stimulating exercises

D23

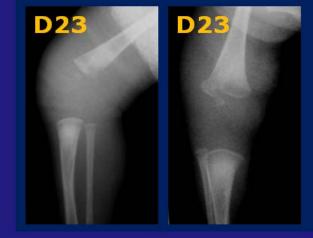
fever + inflammatory signs right knee + distress during mobilization of the right leg and left arm

Laboratory WBC 23 050 cell/mm³; 60% PMN; CRP 9,4 mg/dl

Imaging: X-ray Knee ultrasound: subperiostal abcess distal femur Shoulder ultrasound: Ø







2 case reports

Surgical fenestration and drainage of the femur subperiostal abscess Empiric ABtherapy:

flucloxacillin (6 weeks iv + 2 weeks po)+gentamicin (13 days iv)

Blood culture: negative

Pus culture: Methicilin-sensitive S. aureus

Progressive clinical and lab improvement

D6 pos-op: CRP 1,41

D17 pos-op: normal EMG

Syphillis serology: negative

Transfontanel and cardiac ultrasound: no additional septic focus

Today: normal neurological examination and normal bone growth as an evidence of growth plate cartilage integrity







PATIENT 2

Newborn (term), ♀, 3010 g
Elective cesarean (pelvic presentation)
Normal neurological evaluation at birth
Bacille Calmette-Guérin and Hepatitis B vaccines administration and heel stick for metabolic screening

2 case reports

D21

Onphalitis

D30

Reduced use of right arm No history of trauma, fever or decreased feeding Admission: neonate alert, active and afebrile, no inflammatory signs over the shoulder distress with mobilization Moro reflex absent Laboratory: WBC 10 700 cell/mm³; PMN 32,8 %; ESR 76 mm/h; CRP 0,7mg/dl Imaging: X-ray film and ultrasound scan of the right arm/shoulder - no abnormality



Admission to orthopaedic department for surveillance

D4

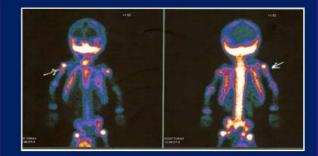
38,7°C WBC 20 960 cell/mm³; PMN 52,6%; CRP 4,18mg/dl Ultrasound: sinovial thickening, increasing intra articular effusion and periostal buldging Radioisotope scan (99mTc): hot spot

OR

Arthrotomy of the shoulder joint Pus drainage from the periostal buldging Removal of sequestrum.

Cardiac and transfontanelar ultrasound: no additional septic focus

Blood cultures: negative Pus culture: *Staphylococcus aureus*







ABtherapy: gentamicin (iv 1 week)+flucloxacilin (iv 3 weeks + 3 weeks po)

Osteomyelitis of head of humerus presenting as Erb palsy: 2 case reports

Progressive clinical and laboratory improvement

On the day of discharge x-ray: osteolytic lesion of proximal humerus with exuberante periosteal reaction

Today: full recovery



Discussion/Conclusion

Neonatal osteomyelitis affecting the humerus can present as Erb palsy. It results from hematogenous spread and skin/umbilical sepsis are a predisposing factor.

The pathogenic mechanism could be nerve compression caused by soft tissue edema, or ischemic neuropathy arising from inflammatory involvement of the *vasa nervorum*.

Diagnosis is often difficult and delayed.

We suggest that such infection should be considered in every neonate with acute paralysis of the arm beyond the perinatal period. The most common microbial pathogens causing neonatal osteomyelitis are *S. aureus*, followed by group B Streptococcus and *E. coli*.



Septic Physeal Separation of Proximal femur in a Newborn

Case report: a 28-day newborn, female

Admitted to paediatric surgery department for persistence of elevated temperature, chills, irritability and abdominal signs and symptoms. An inguinal hernia was reduced by a paediatric surgeon.

For the persistence of clinical conditions abdominal X-Ray and Ultrasonography (US) were performed with evidence of abdominal occlusion: <u>two surgical explorative laparoscopies</u> was performed by a paediatric surgeon with no evidence of intestinal lesions and without clinical regression.

Persistence of elevated temperature. Left groin plica: onset of visible swelling extending to the posterior proximal thigh. On US evidence of hip endoarticular and periarticular liquid collection.

Persistence of elevated temperature: a <u>needle drainage</u> performed by a paediatric surgeon evidenced the presence of pus. After drainage a partial remission of symptoms was seen. Antibiotic therapy for S.Aureus was started.

First X-Ray and Ultrasonography



3 days after admission X-Ray

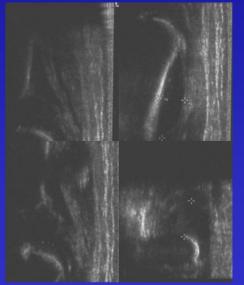


6 days after admission Ultrasonography

Orthopaedic evaluation: New X-Ray and US with proper pelvis position under direct orthopaedic supervision



Proper Pelvis position X-Ray: (position held by an orthopaedic surgeon) dislocation of the femoral head



Proper US scanning: (US performed by an orthopaedic surgeo

periarticular and proximal parostal femoral shaft liquid collection, indefinable morphology of the hip



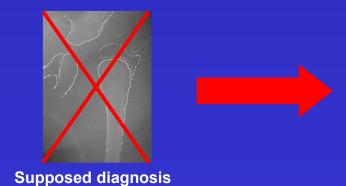
After Orthopaedic evaluation and new imaging in correct position a

diagnosis of septic arthritis with consequent hip dislocation was formulated (as represented) and surgical open drainage was indicated. Imaging was thought to be sufficient.

Open surgical drainage Performed by an orthopaedic surgeon 10 days after admission



Only at the time of surgery was it possible to achieve the correct diagnosis: a physeal separation between the epiphysio-trochanteric nucleus and the femoral shaft was discovered. Hip joint, on the contrary, was clear.



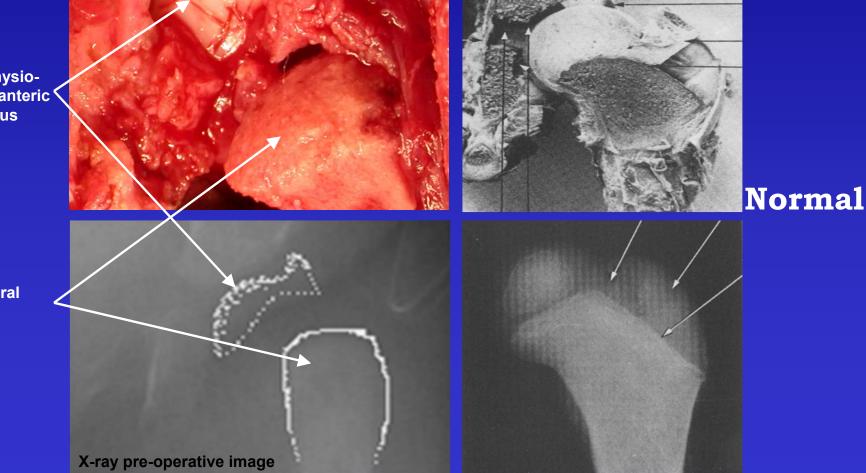


Intra-operative correct diagnosis

Septic physeal separation **Between the epiphysio-trochanteric** nucleus and the femoral shaft

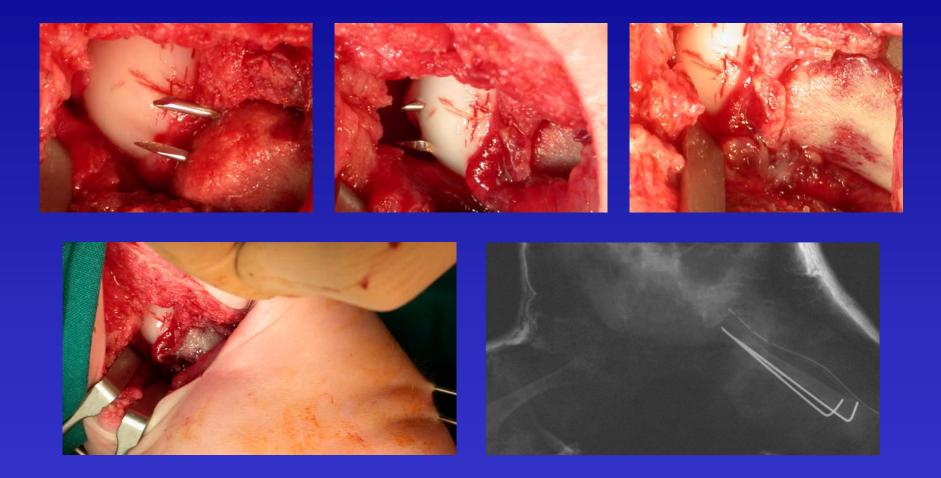
Epiphysiotrochanteric < nucleus

Intra-operative finding



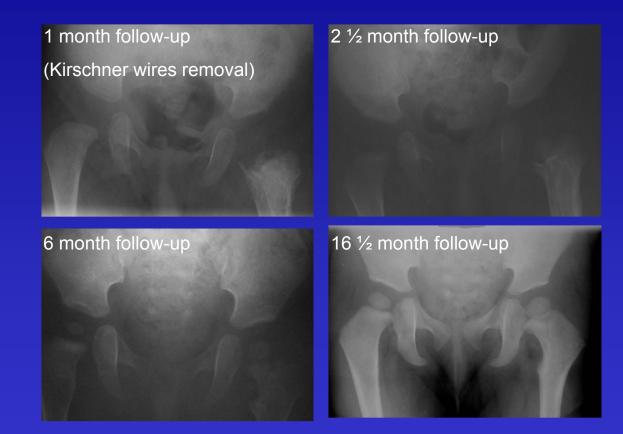
Femoral shaft

Surgery



Surgical procedure: open drainage; reduction between the epiphysiotrochanteric nucleus and the femoral shaft; stabilization with Kirschner wires.

Follow-up



A F/U at 4 years of age, showed an asymptomatic patient who Was able to walk and run. The two hip joint were symmetric with respect to both X-ray imaging and range of motion.













