

CONGENITAL DISEASES

**Clinic of Orthopaedics and
Paediatric Orthopaedics**

Clubfoot - General

- 1 per 1,000 live births
- 65% male, 35% female
- 30 - 50% bilateral
- cause unknown:
 - genetic
 - neurogenic
 - viral infection



Physical examination

- **Associated anomalies**
- **Abnormal reflexes**
- **Clubfoot examination**
 - Knee flexion and extension**
 - Equinus assesment**

Congenital talipes equinovarus

- Forefoot adduction & supination
- Hindfoot equinus & varus
- Talar neck deformity
- Medial rotation of calcaneus
- Shortened muscles, capsule, ligaments, fascia

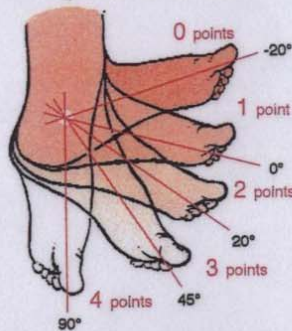




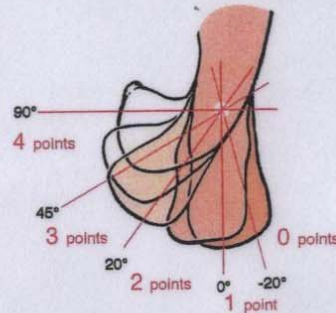
classification

French Classification (Dimeglio / Bensahel)

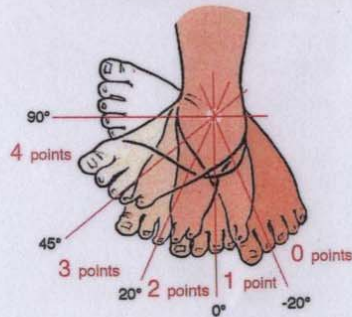
1. Equinus - (Sagittal Plane)



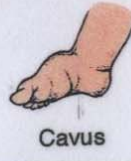
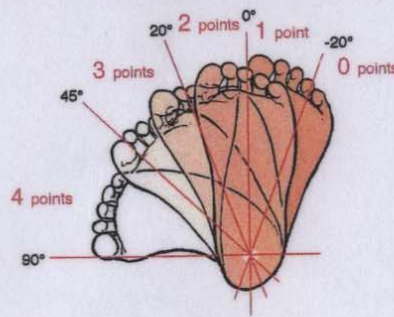
2. Varus Deviation - (Frontal Plane)



3. Derotation around the Talus - Calcaneo-forefoot (CFF)



4. Adduction forefoot on hindfoot in horizontal plane



Scoring:

Scale: 0 - 20 points

Total 16 points:

Reducibility: 90° - 45° = 4 points
 45° - 20° = 3 points
 20° - 0° = 2 points
 0° - -20° = 1 point
 less than -20° = 0 points

+ 4 points

- 1 point - Post. crease marked
- 1 point - Medial crease marked
- 1 point - Cavus
- 1 point - Muscle condition:
 - Contracted peroneal
 - Atrophic - T.A., gastroc.

Grading:

Grade I

Type I
 (Lehman Type 1)

Benign
 20% of all club feet
Soft - soft feet
 0 - 5 points
 > 90° reducible
 Postural clubfeet

Grade II

Type IIa
 (Lehman Type 2)

Moderate feet
 33% of all clubfeet
Soft - stiff
 6 - 10 points
 Partially reducible

Grade III

Type IIb
 (Lehman Type 2)

Severe feet
 35% of all clubfeet
Stiff - soft
 11 - 15 points
 More resistant than reducible

Grade IV

Type III
 (Lehman Type 3)

Very severe
 12% of all clubfeet
Stiff - stiff
 16 - 20 points
 Irreducible (Arthrogryptic)

classification

English Classification (Catterall / Pirani)

LOOK

| | Curvature of Lateral Border | Medial Crease | Posterior Crease |
|----------------|-----------------------------|---------------|------------------|
| 0 = Normal | | | |
| 0.5 = Moderate | | | |
| 1 = Severe | | | |

FEEL

| Lateral Part of Head of Talus | Emptiness of the Heel |
|-------------------------------|---------------------------------|
| 0 = Complete reduction | 0 = Tuberosity |
| 0.5 = Partial reduction | 1 = Tuberosity not palpable |
| 1 = Fixed subluxed | |

MOVE

Rigidity of Equinus

| | | |
|---|-----|---|
| | | |
| 0 | 0.5 | 1 |

Catterall / Pirani (Normal: 0 points; Most abnormal: 1.0 points)

| Hindfoot contracture (HFCS) | Points | Midfoot contracture (MFCS) | Points |
|---|-----------------------|--|--------|
| a. Posterior crease: 0, 0.5 or 1.0 points | | a. Curvature of lateral border: 0, 0.5 or 1.0 points | |
| b. Empty heel: 0 or 1.0 points | | b. Medial crease: 0, 0.5 or 1.0 points | |
| c. Rigid equinus: 0, 0.5 or 1.0 points | | c. Lateral head of talus: 0, 0.5 or 1.0 points | |
| HFCS Sub-total | MFCS Sub-total | Total Score (HFCS and MFCS) | |

Treatment objectives

- **Primary – correct deformity while retaining mobility and strength**
- **Secondary – wear normal shoes & satisfactory appearance**

untreated clubfoot (Nicaragua)



Neglected clubfeet (Uganda)

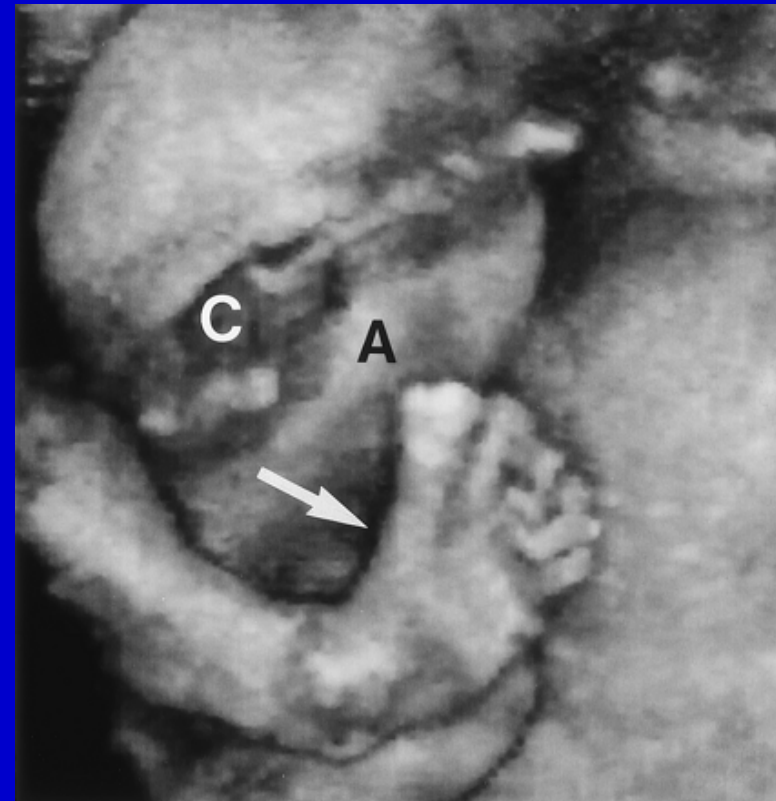


Prenatal Diagnosis

2-D Ultrasound



3-D Ultrasound



Prenatal diagnosis

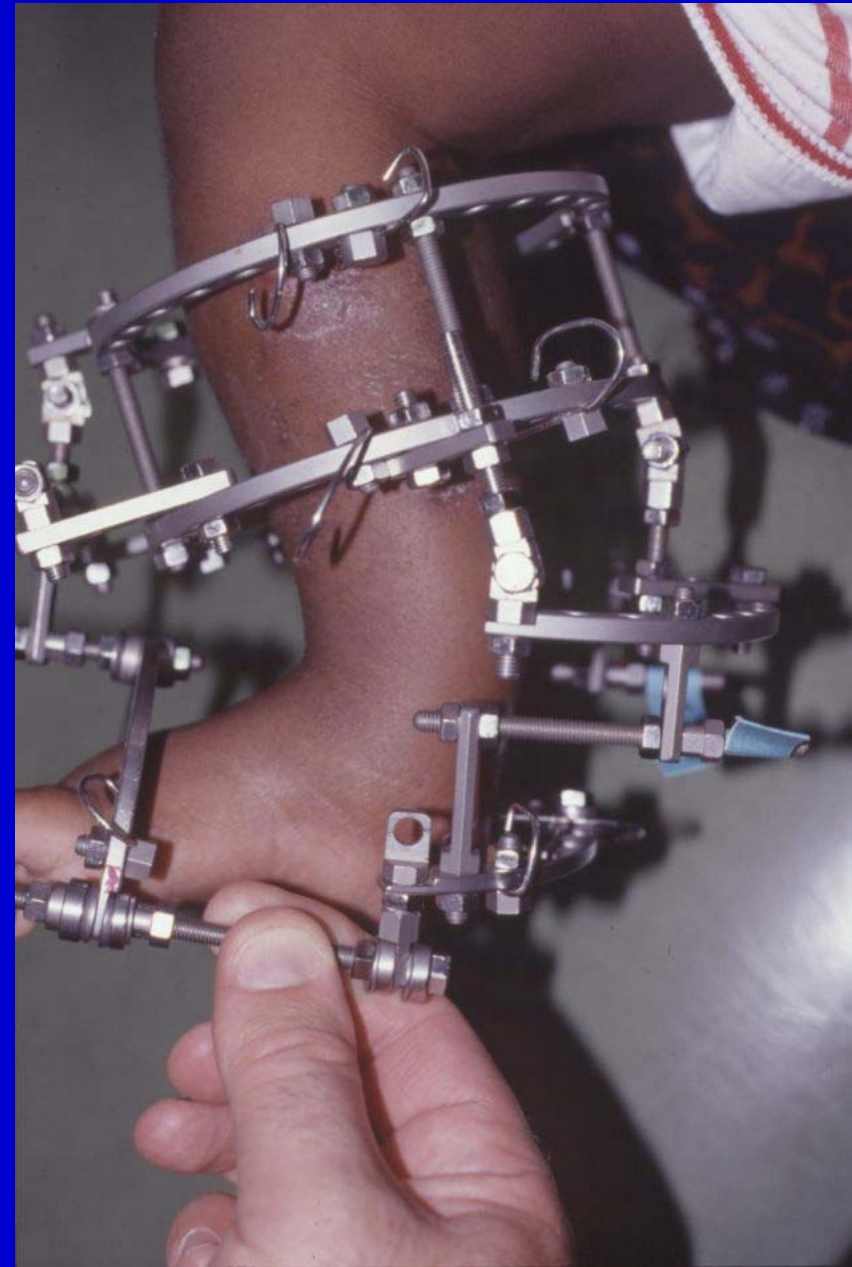


Clubfoot Treatment Options

- **serial casting**
- **surgical release**
- **gradual distraction - external fixator**



**gradual distraction
with external fixator**



External fixator

- **Fixed deformity**
- **Older children**
- **Salvage procedure**



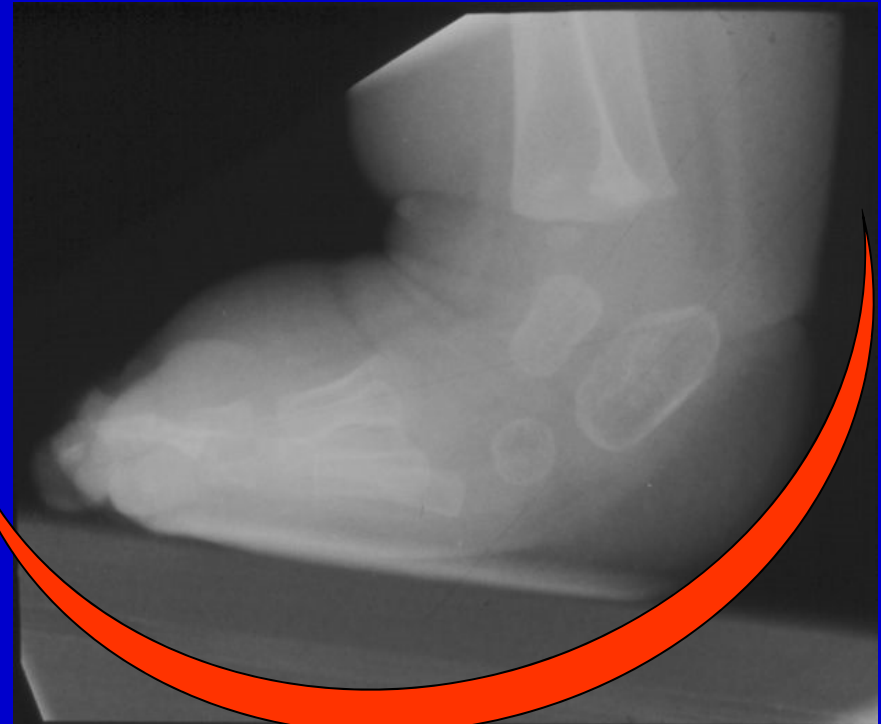
Serial casting



Dangers of manipulation and casting....



**rocker bottom foot
Pressure ulcer**

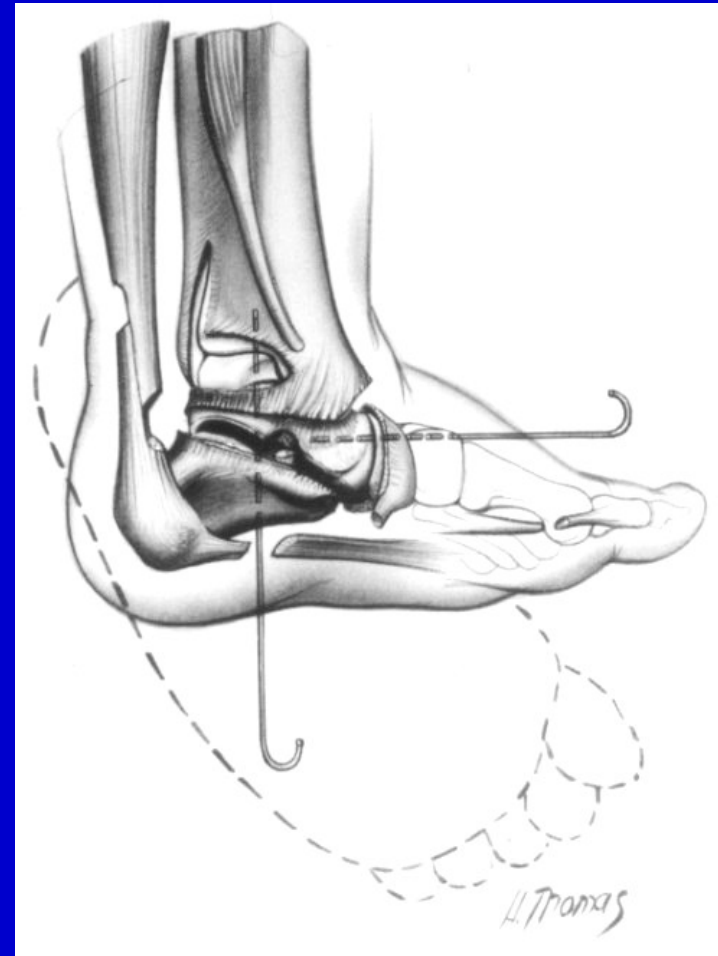


Conventional Serial Casting

- multiple techniques
- serial casting for 3 months
- “resistant” feet undergo posteromedial release
- kite & lovell – 22m

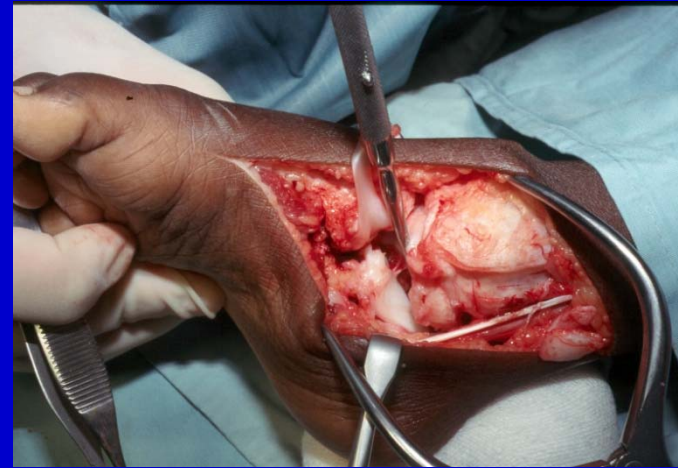
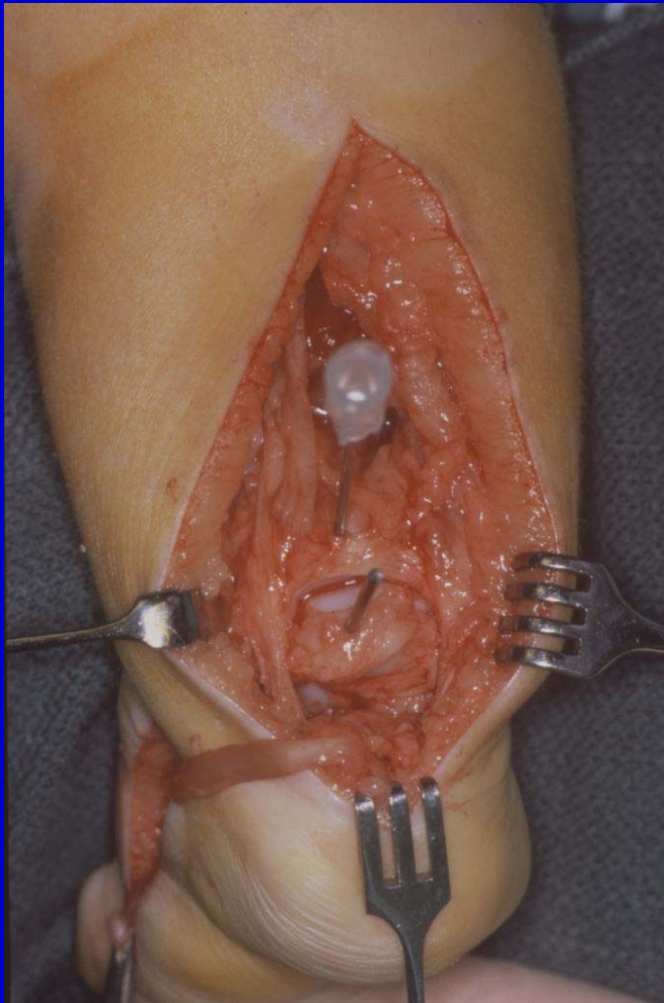
Posteromedial Release

- Achilles tendon
- CFL
- Post TaloFibular ligament
- Tibialis posterior tendon
- FDL tendon
- FHL tendon
- Superficial deltoid
- capsule



Posteromedial Release (PMR)

Standard of Care



Posteromedial Release

**scarring of the feet after
posteromedial release leads to
pain and disability in adult life**



**disappointing results in long-term studies
(Green, Aronson, Hutchins)**



Bilateral skin slough after PMR

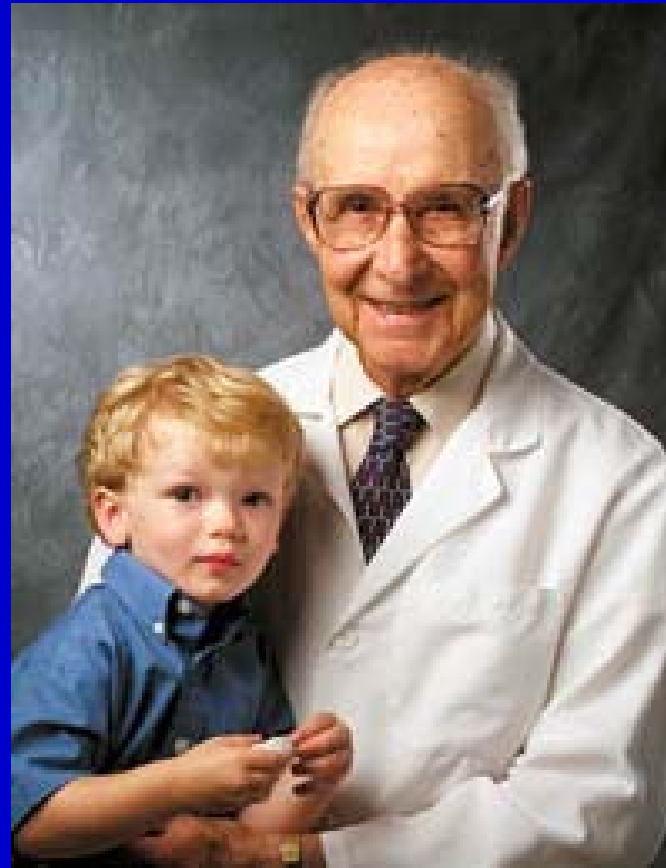
Club Foot Treatment by the **Ponseti Method**



Ponseti's method

Ignacio V. Ponseti

University of Iowa



Ponseti's Protocol

- **manipulate, then cast**
- **first cast: raise first metatarsus**
- **never pronate the foot, pure abduction**
- **counter pressure on neck of talus, not calcaneus**
- **long leg cast, externally rotated**
- **weekly cast for 4-7 weeks**
- **Achilles tenotomy (90%)**
- **Foot Abduction Orthosis (DB bar)**
- **≈20% need Tib. Ant. transfer ± repeat TAL at 2–4 years**

Ponseti's Technique

**first cast:
raise first metatarsal up to align
forefoot with hindfoot and to diminish cavus**



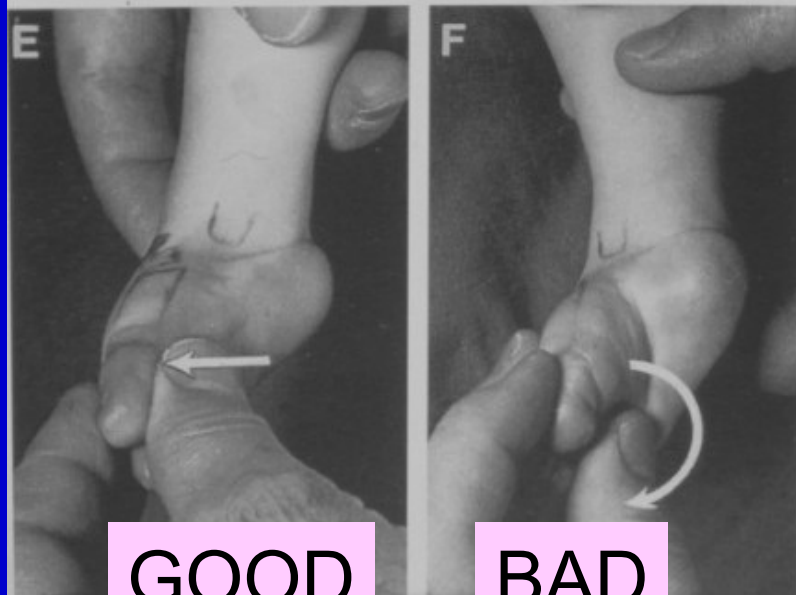
First cast



Ponseti's Technique



**Never pronate
the foot.**



GOOD

BAD

**(Pronation
increases the
cavus)**

Ponseti's Maneuver

pure abduction (external rotation)

- **Thumb on talar neck**
- **Abduct forefoot**



Ponseti's Technique



**Manipulate for
about one minute,
then cast.**

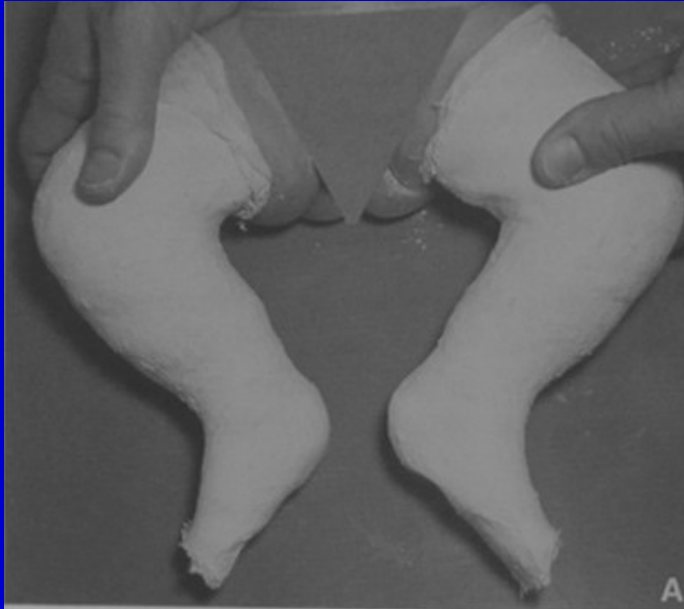


Ponseti Manipulation



Never pronate!

Ponseti's Technique



**long leg cast,
externally rotated**



Ponseti's Technique



Short leg casts are ineffective, and may fall off.





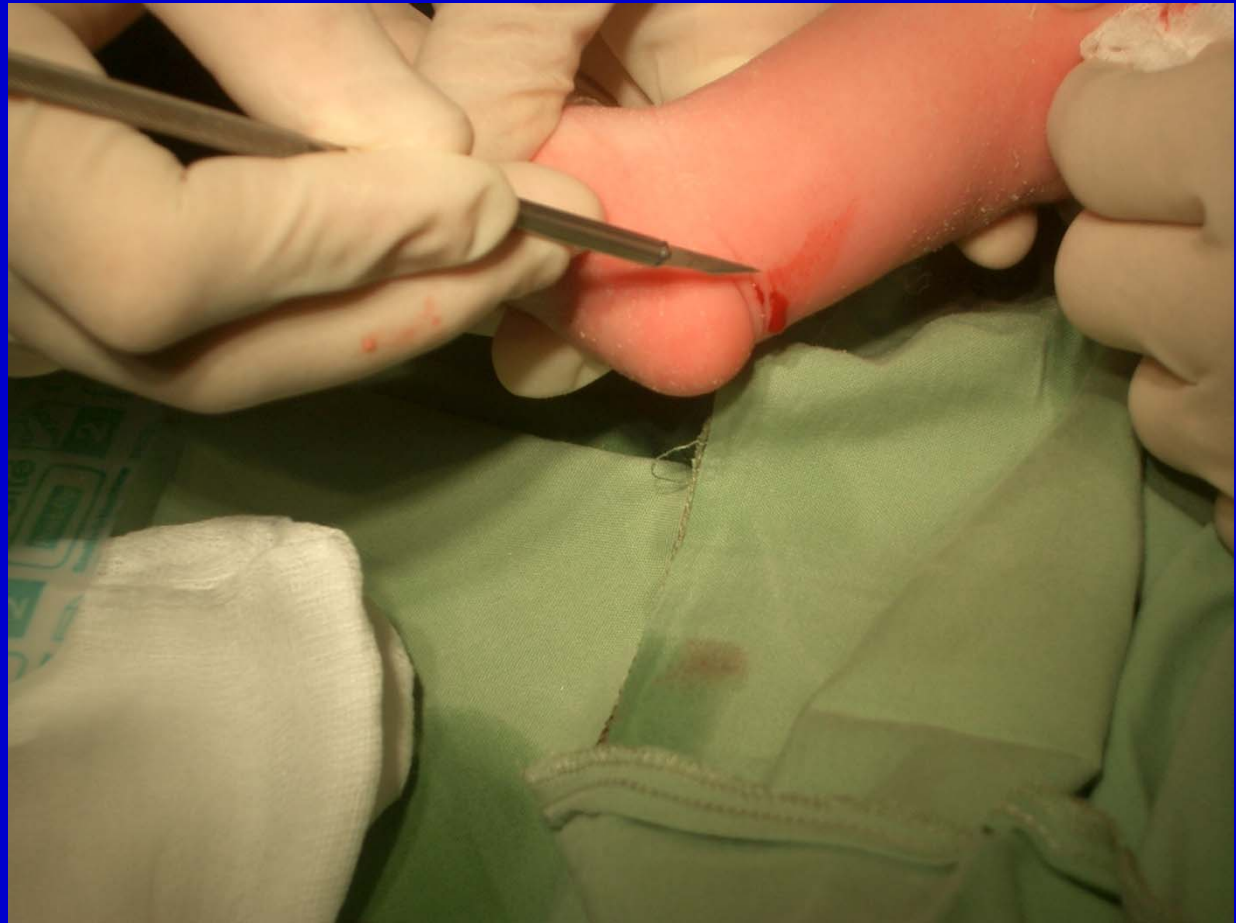




Ponseti's Technique



weekly cast for 4–8 weeks, then Achilles tenotomy, then cast for 3 more weeks



***Percutaneous
tenotomy
(not TAL)***

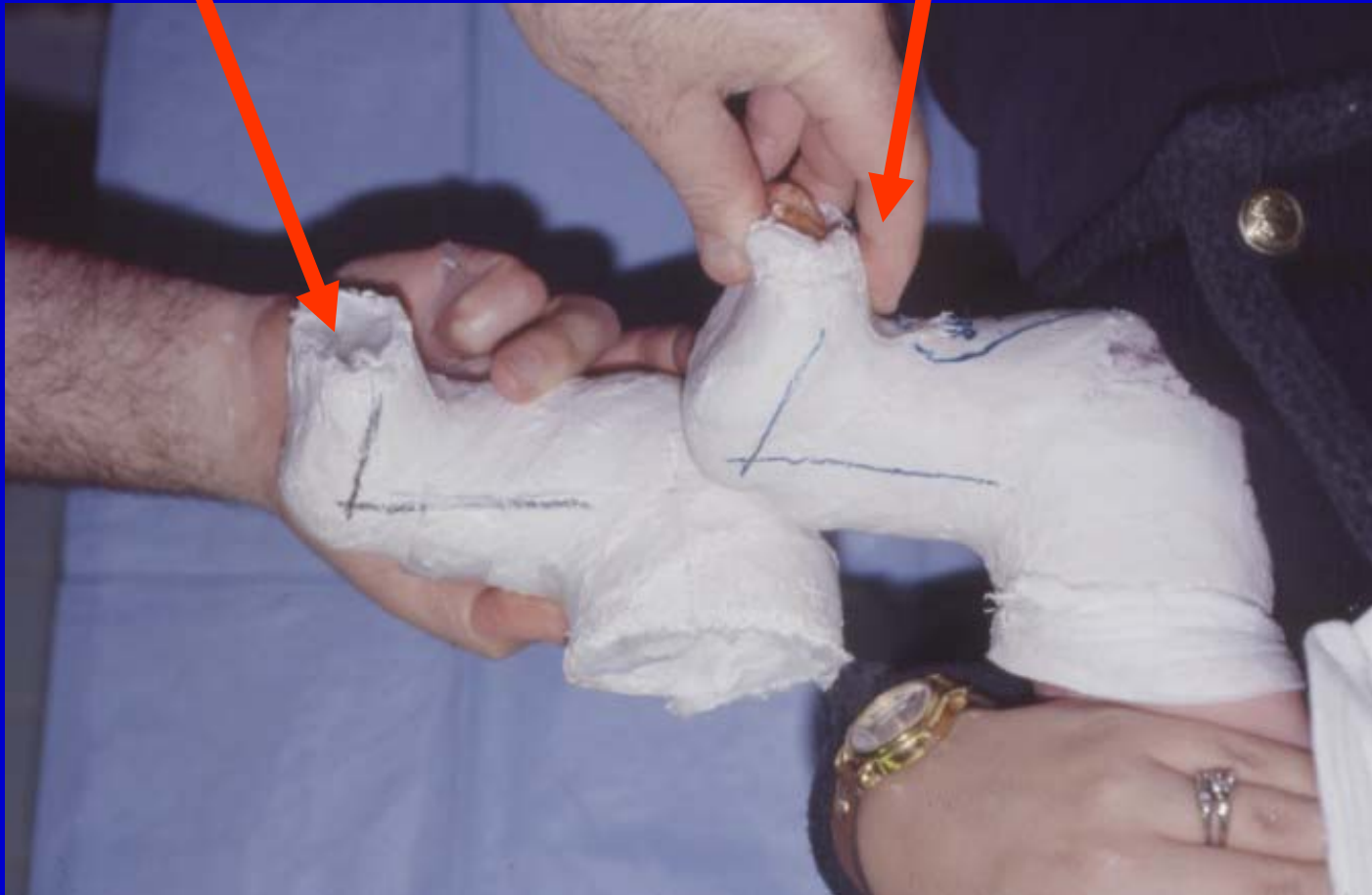


maximum dorsiflexion before and after tenotomy



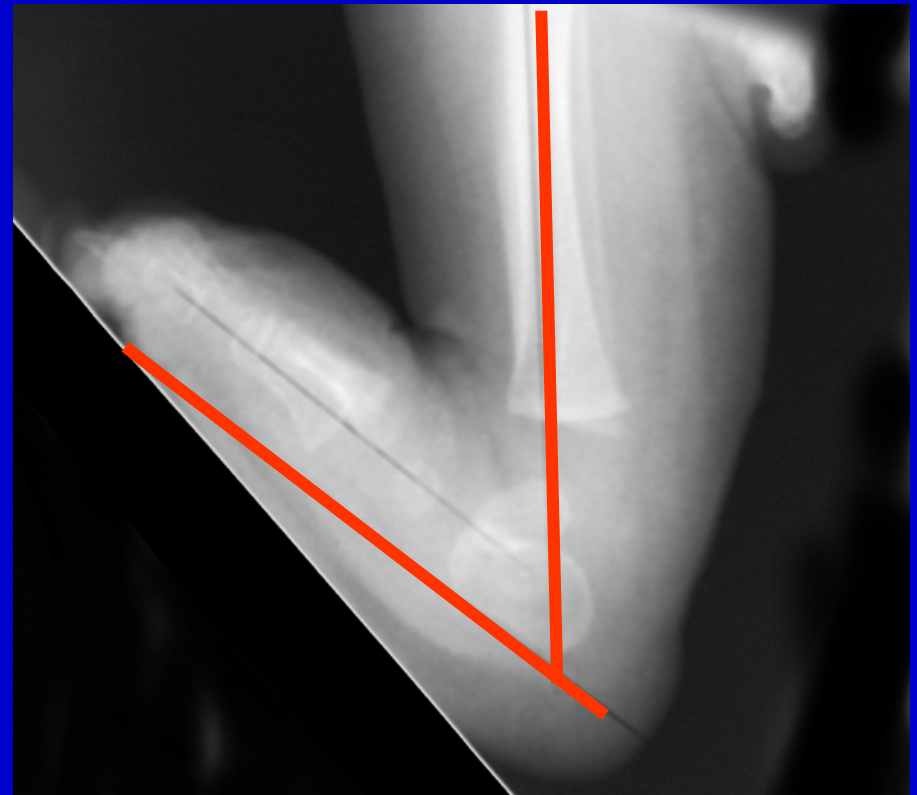
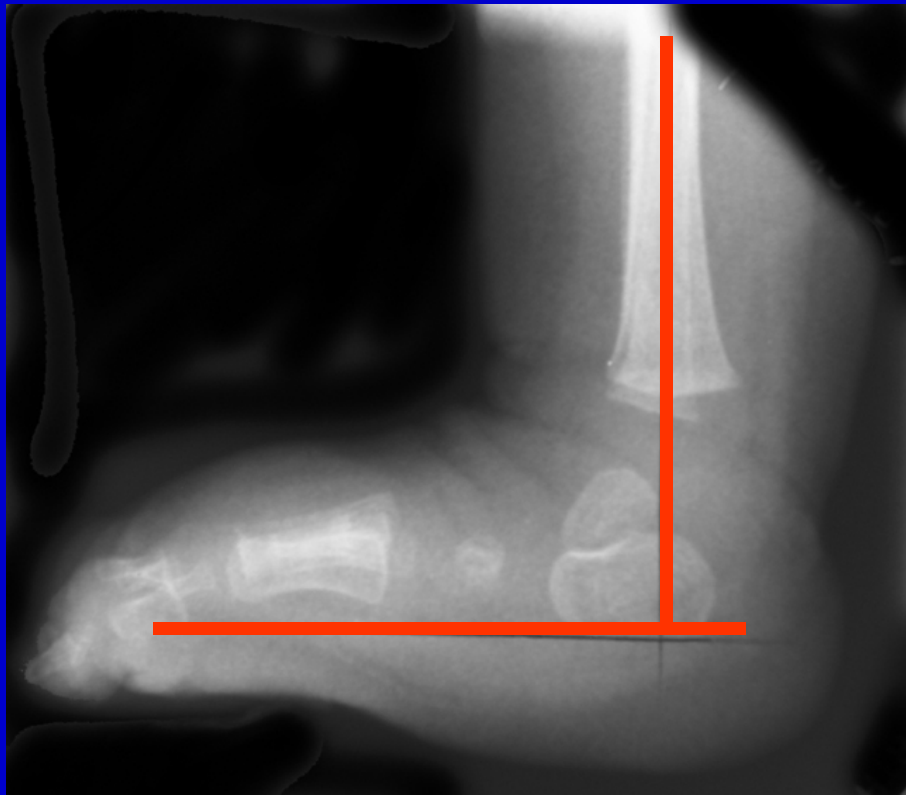
Before tenotomy

After tenotomy



After tenotomy, cast for 3 weeks in dorsiflexion.

X-rays before and after tenotomy



scar after percutaneous tenotomy

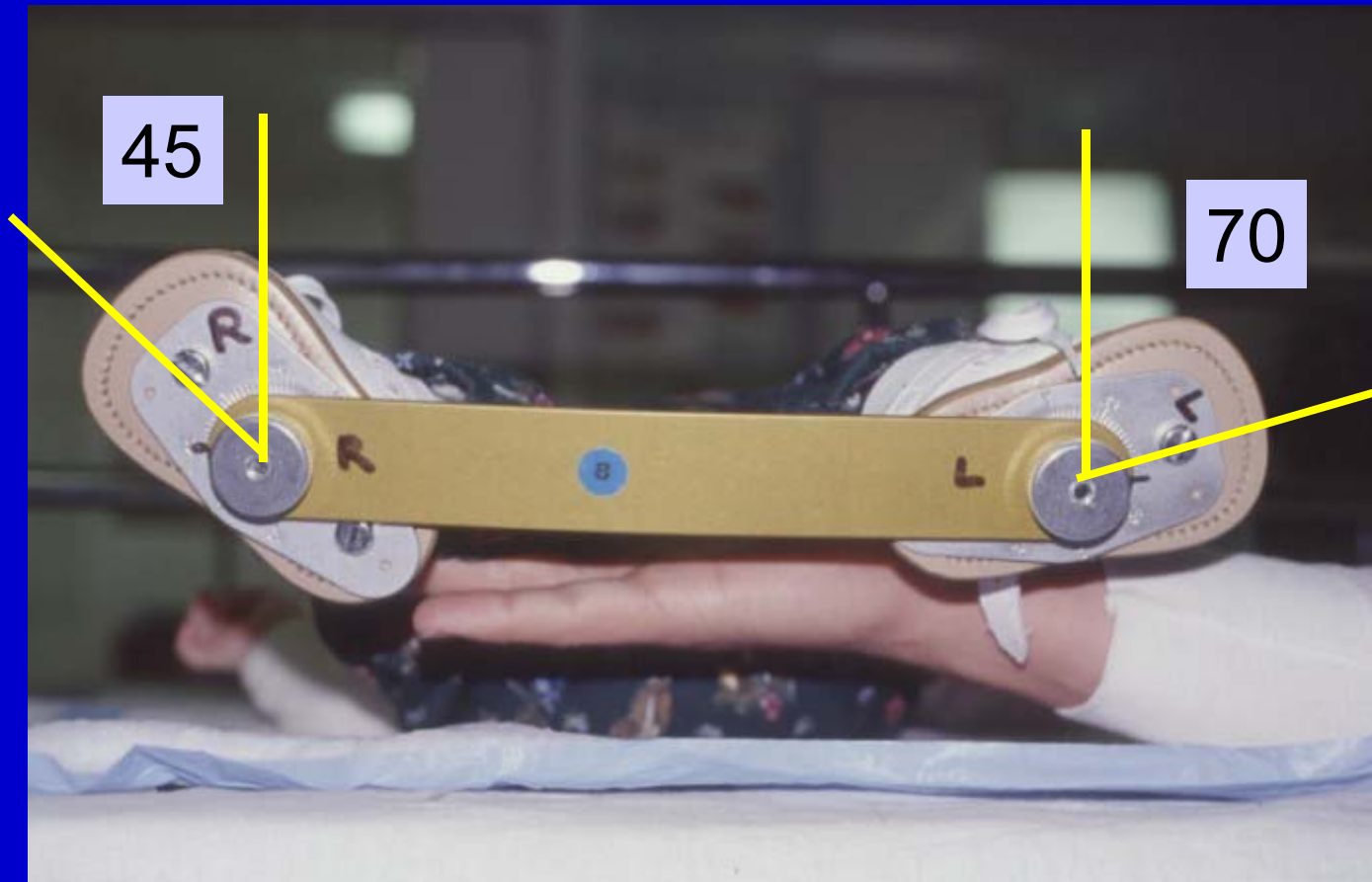


Ponseti's Technique



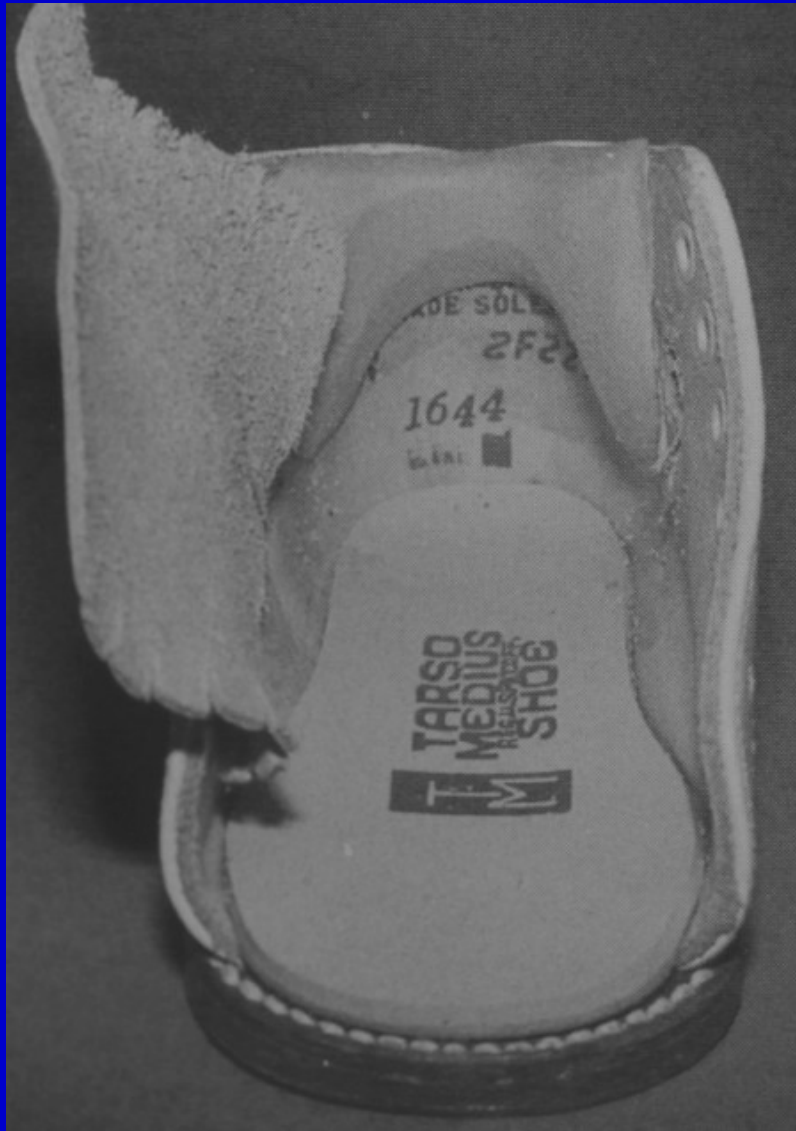
**Foot Abduction Orthosis [Denis Browne bar]
full-time for 3 months,
then nights only for 2 - 4 years**

Ponseti's Technique



**F.A.O. externally rotated
70° clubfoot, 45° normal foot**

Ponseti's Technique



**shoes with
modified heel**

recurrence

typically in non-compliant families

**under age 2recast for 2-3 casts,
then back into DB bar**

**over age 2recast for 1-2 casts
(every two weeks), then do Anterior
Tibialis tendon transfer and TAL
some may need posterior
capsulotomy**

Ponseti's Technique



10-20% need tibialis anterior tendon transfer at 2–4 years





Ponseti Clubfoot Treatment in **Older** Infants for Whom Traditional Casting Has Failed



John E. Herzenberg, MD

Noam Bor, MD

Steven L. Frick, MD

Baltimore, MD

Afula, Israel

Charlotte, NC

Materials and Methods

- **N = 21 children (32 feet) with idiopathic clubfoot presented for 2nd opinion**
- **Age = 3 - 6 months**
- **17/21 were told by original orthopaedist to undergo PMR**
- **11/21 learned about Ponseti method from the Internet**



3 mo. old boy s/p 7 casts at a children's hospital

Results

- Only 1/32 (3%) feet required PMR
- 32/32 (100%) required percutaneous Achilles tenotomy at average age of 6 months (range, 3–10 months)
- Average no. of Ponseti casts we applied before tenotomy = 6 (range, 3–10 casts)
- Two have required anterior tibialis transfer
- 3/32 needed repeated casting for relapse



3.5 month old girl
after 6 casts at a
children's hospital...



...4 months
s/p 5 Ponseti
casts +
tenotomy

3 mo. old boy
s/p 5 sets of
casts at a
children's
hospital



After 5 Ponseti
casts +
tenotomy



30 week preemie

BW = 1000 grams

Bilateral TEV



Casted weekly for 6 months
at a major children's hospital...

Advised to have PMR...

Parents read about Ponseti
on Internet...

Referred for 2nd opinion at age
7 months



After 4 Ponseti casts + tenotomy.....



Before (7 months)



After (18 months)



1/21 needed
PMR



4 mo. old girl s/p 5 casts by local orthopaedist

* despite Ponseti casting x 6, PMR required

Ponseti's Protocol

- **manipulate, then cast**
- **first cast: raise first metatarsal to align forefoot with hindfoot and to decrease cavus**
- **never pronate the foot, pure abduction**
- **counter pressure on neck of talus, not calcaneus**
- **long leg cast, externally rotated**
- **weekly cast for 4-7 weeks**
- **Achilles tenotomy (90%), then cast for 3 more weeks**
- **Foot Abduction Orthosis (DB bar), external rotation 70° clubfoot, 45° normal foot**
- **FAO full-time for 3 months, then nights for 2-4 years**
- **≈20% need Tib. Ant. transfer ± repeat TAL at 2–4 years**



initial



3 months



6 months



2 years



derotation splinting
2 years

Idiopathic Clubfoot – Is Posteromedial Release Necessary?



**CLUB FOOT CONSERVATIVE
TREATMENT OPPORTUNITY**

GOALS

Reproduce Iowa's experience.

- Normal appearance, plantigrade, functional pain free, shoeable
- Normal X - Rays not attainable
- We still use it



BASICS OF THE TECHNIQUE

- **Orthopaedic treatment**
(weekly cast change)
- **Talus Reduction**
- **Minimal surgery (PATT)**
- **Bracing after correction**
70° external rotation

- **Simultaneous treatment of all components**

cavus, adduction and varus

- Gentle and progressive manipulations

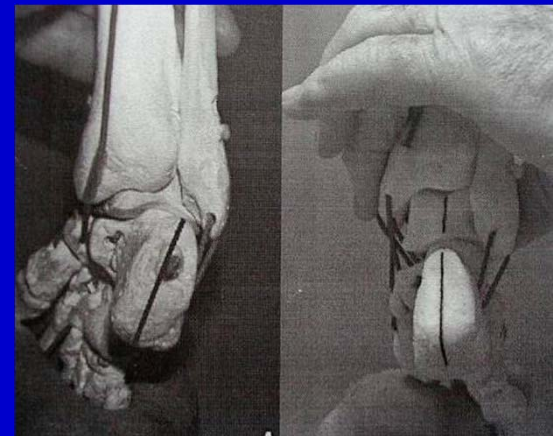
supination - abduction
stabilizing the ankle

never pronate!



ORTHOPAEDIC TREATMENT

- Well-molded plaster casts (long casts)
- The equinus corrected by dorsiflecting the foot after the varus and adduction of the heel have been corrected





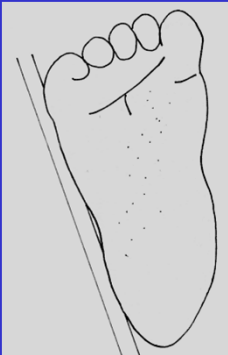
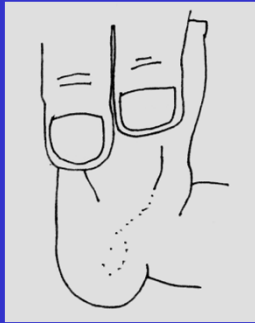
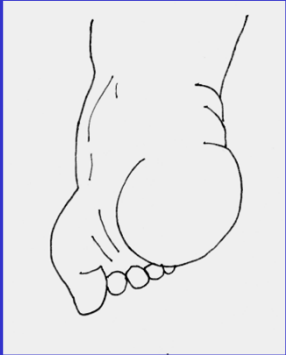
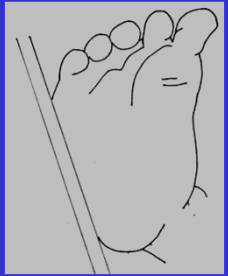
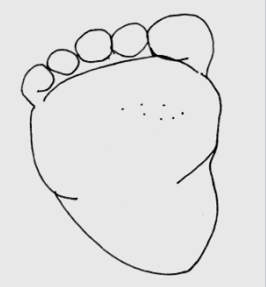
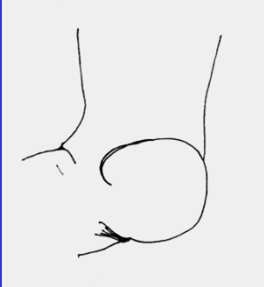


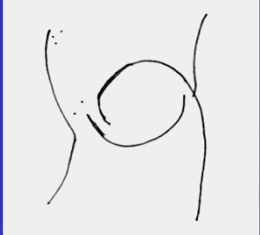
ORTHOPAEDIC TREATMENT

BRACING


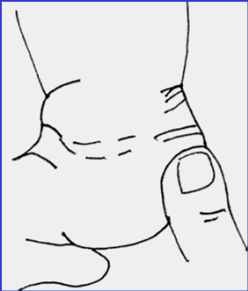

- Maintains the correction and avoids relapses
- Day and night for 3 - 4 months
- During sleep for 4 years (nights and naps)
- Shoes distance = length between baby's shoulders




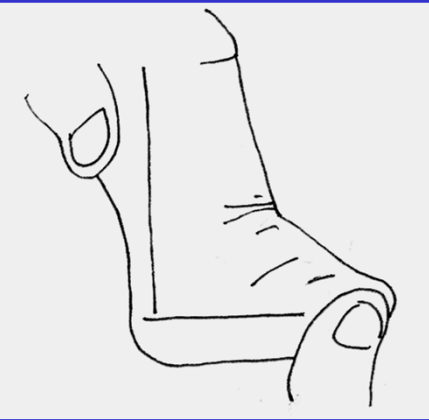
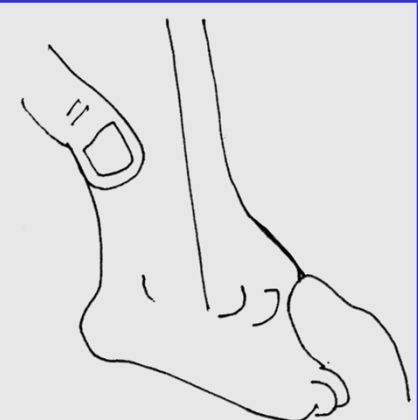
PIRANI - CATTERALL ASSESSING LOOK

| | Curvature Lateral Border | Medial Crease | Posterior Crease |
|----------------|--|---|---|
| 0 = Normal |  |  |  |
| 0,5 = Moderate |  |  |  |
| 1 = Severe |  |  |  |

PIRANI - CATTERALL ASSESSING FEEL

| | Lateral Part of Head of Talus | Emptiness of the Heel |
|-------------------------|--|--|
| 0 = Complete Reduction |  |  0 = Tuberosity |
| 0,5 = Parcial Reduction |  | |
| 1 = Fixed subluxed | | 1 = Tuberosity not palpable |

PIRANI - CATTERALL ASSESSING MOVE

| Rigidity of Equinus | | |
|---|--|---|
|  <p>0</p> |  <p>0,5</p> |  <p>1</p> |

PONSETI METHOD

SURGERY

- Percutaneous Tenotomy : 75 feet (99%)
- Posteromedial Release : 1 foot (1%)

PONSETI METHOD RELAPSES

- **8/50** **16%**
- Age : Average 17m (10m - 25m)
- Uncooperative patients
- 3/8 with family agregation



PONSETI METHOD RELAPSES

- 1/8 surgery (ATT)
12.5% 2% (1/50)
- Uncooperative patient
- With family agregation



PONSETI METHOD RELAPSES



PONSETI METHOD RELAPSES





Newborn





14 m post tnt
6 casts 2003



16 months



16 months



14 m post tnt
6 casts 2003



16 months



14 m post tnt
6 casts 2003



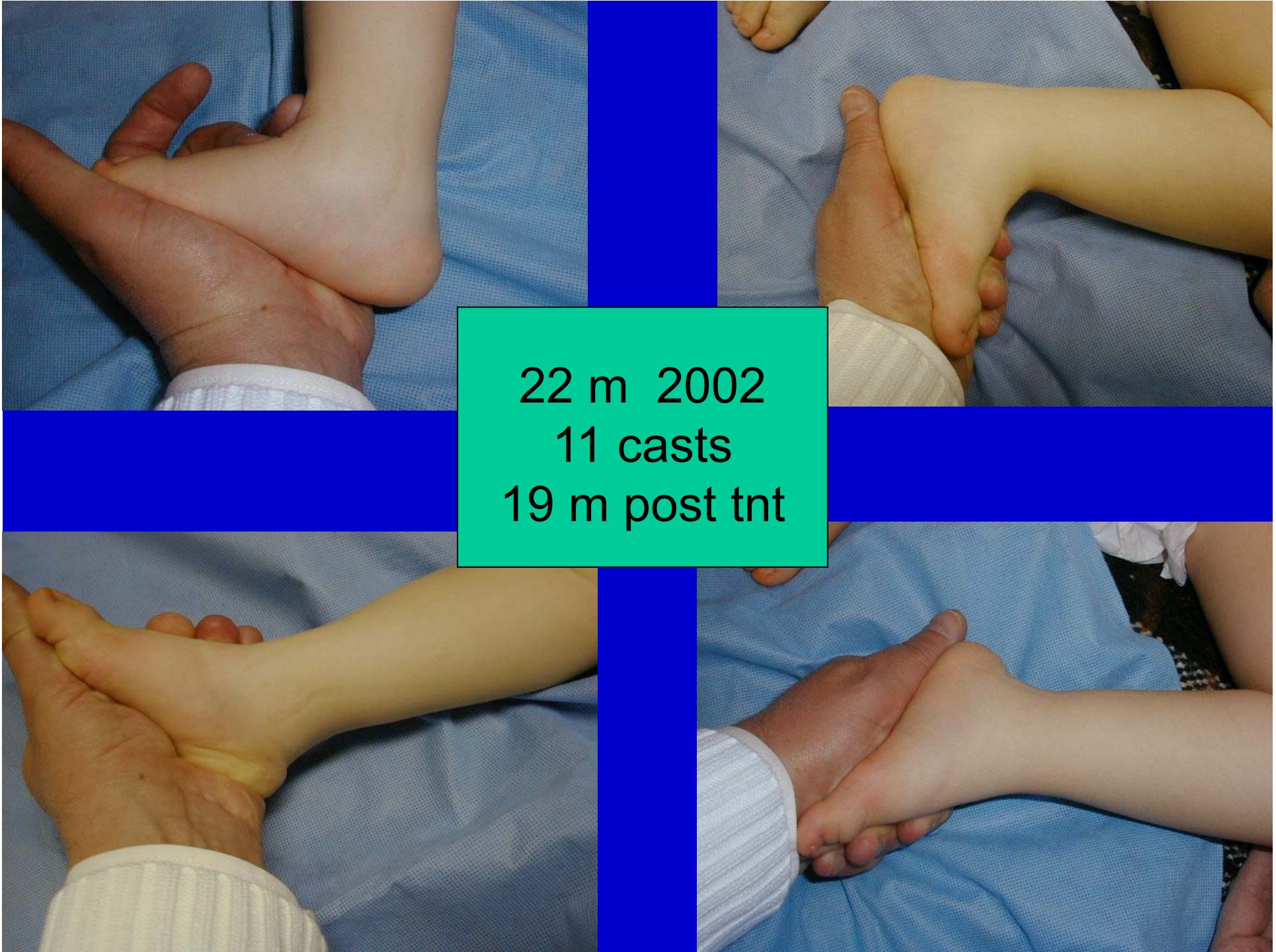


Newborn



22 m 2002
11 casts
19 m post tnt





22 m 2002
11 casts
19 m post tnt



22 months



WHY WE CHOSE PONSETI'S M ?

- Minimally invasive
- Short learning curve
- Unexpensive

- Short period of treatment
- Can be used with images or no
- Can be assessed by Pirani classification
- gives: parents – doctors satisfaction

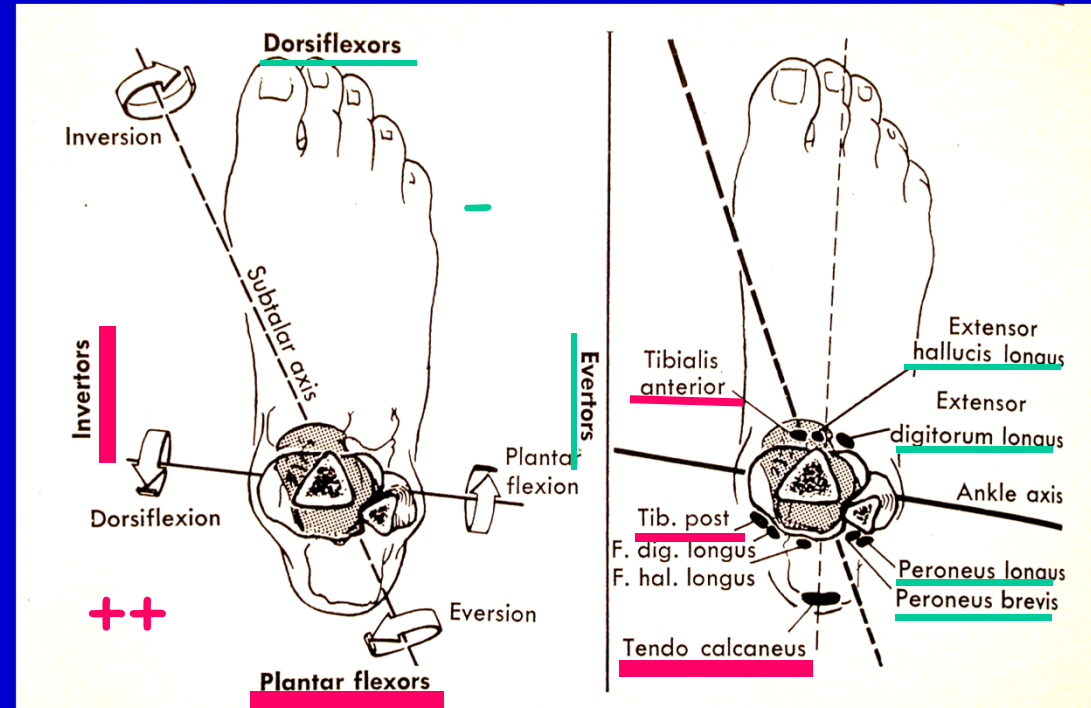
Congenital Clubfoot



RIBERA (1591 - 1652)

MUSCULAR IMBALANCE is caused by:

- Over-activity (contracture) – **invertors and plantarflexors**
central lesions (CP)
- Reduced activity (atrophy) – **evertors and dorsiflexors**
spinal / peripheral nerve / myopathic lesions
- COMBINATIONS of:
teratology + paralysis + spasticity (MMC)



Basic clinical appearance - combination of

- equinus
 - varus
 - adduction
 - supination
 - cavus
- Hindfoot
- Forefoot

Different
expression acc to:

-
- aetiology
 - severity
 - time factor



Aim of the treatment – similar to idiopathic CF:
Ambulatory pts. - permanent plantigrade weight-bearing foot
without pressure sores and callosities

- Remain functional ROM of joints
- Restore the muscle balance

Non-ambulatory pts. – shoe wearing

Treatment strategy:

a) conservative treatment – beginning A.S.A.P.

- manipulation and casting techniques
- static and dynamic AFO / KAFO orthoses
- insoles

→
c) Surgical treatment - in addition or instead of
- strategy is modified acc. to the aetiology



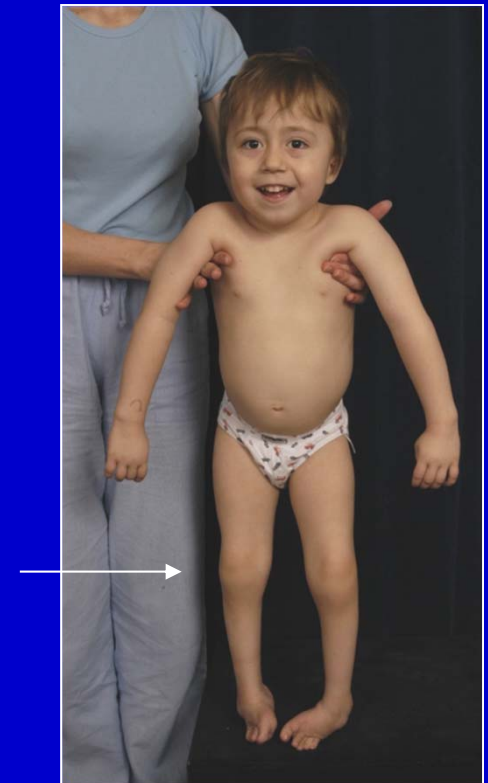
Aetiology for the treatment strategy:

1. Spasticity
2. Myelodysplasia
3. Arthrogryposis
4. Progressive Neuromuscular diseases and flaccid paralysis



Patients in Orthop. Univ. Hospital

- | | |
|---|---------|
| - CP | 24 pts. |
| - Myelodysplasia | 15 pts. |
| - Arthrogryposis | 11 pts. |
| - Progressive N-M diseases and flaccid paralysis | 20 pts. |



Spastic CF – mostly in hemiplegia, develops later (1,5 – 4 y.)

++ activity of invertors (TP + TA)

++ activity of Triceps surae →

-- activity of peroneal muscles

Walking on lateral border

Painfull callosities

Foot drop in swing phase

Conservative treatment

-manipulation and bracing

-KAFO

-BOTOX



poorly tolerated and not long term
efficient



SURGICAL TREATMENT

delayed - brace wearing and standing



Surgical treatment of spastic CF

Dynamic

- possible correction to a neutral position
- tendon surgery

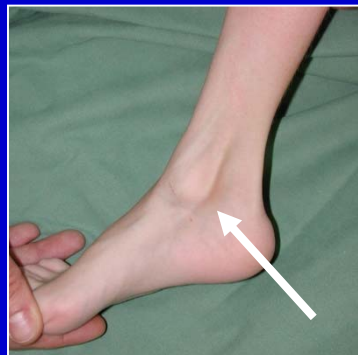
Fixed

- impossible correction
- soft tissue + bony surgery

Tendon surgery: lengthening and transfers acc. to activity:

- Triceps surae – lengthening (acc. Silfverskiold test)
- Tibialis posterior hindfoot varus
- x
- Tibialis anterior forefoot supination

(Confusion test, Passive manipulation, Gait pattern, EMG and gait analysis)



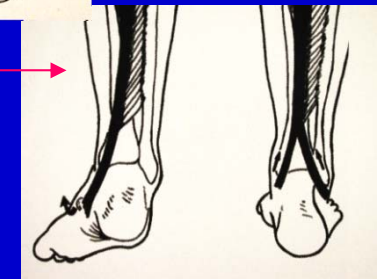
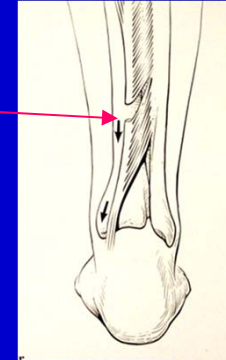
Surgical treatment of spastic CF – dynamic deformity

Tibialis posterior surgery (hindfoot varus):

- TP tendon lengthening (Z or intramuscular)
- mild deformities only, recurrence is often

- Split TP tendon transfer -- peroneus brevis (complication – recurrent varus, overcorrection in older patients)

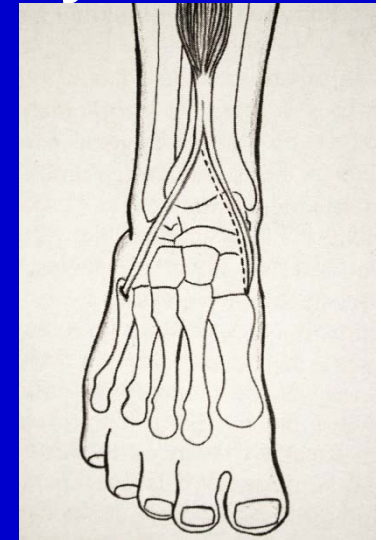
- Anterior transfer of TP – cuneiform II.-III. – very efficient
- mainly for hemiplegia
- strictly selected cases with sufficient other plantar flexors (complication- overcorrection – calcaneovalgus foot)



Surgical treatment of spastic CF – dynamic deformity

Tibialis anterior surgery (Forefoot supination):

- split TA tendon transfer – to cuboid bone



- whole TA tendon transfer to dorsum midline or cuboid
(acc. to activity of peroneal muscles)

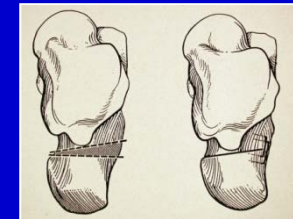
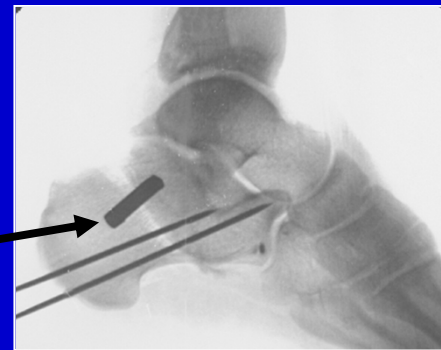
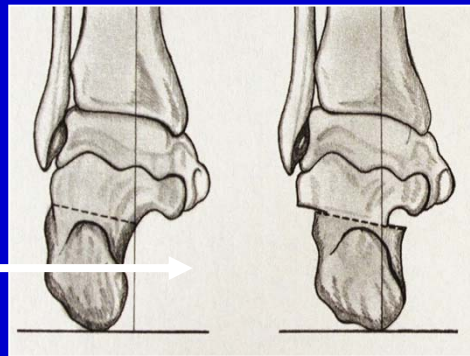
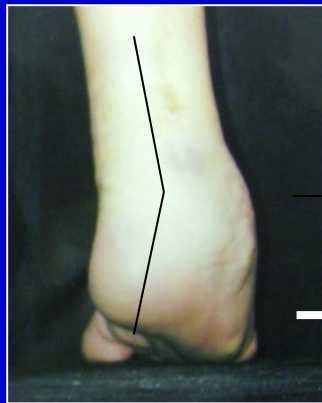


-split TA tendon + split TP tendon transfer / other combinations

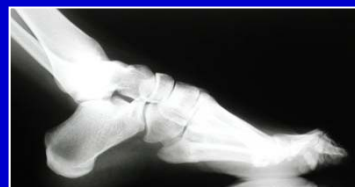
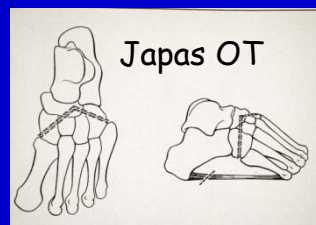
Surgical treatment of spastic CF – fixed deformity

Bony surgery + tendon procedures (muscle balance)

- Heel varus – Dwyer osteotomy - lateral closed wedge
- translation osteotomy



- heel varus and midfoot supination and cavus–
- combination with midfoot / metatarsal osteotomies



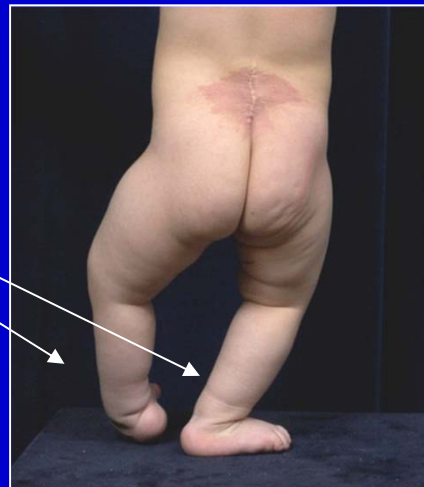
- severe rigid complex deformities
- triple subtalar arthrodesis in adolescents



MMC and myelodysplasia- clubfoot

Common deformity (30%), very rigid

- irrespective of level of lesion
- muscle imbalance ?
- teratologic deformity



Treatment:

Manipulation and casting – A.S.A.P., similar to idiopathic CF
! pressure sores and fractures !



Surgical treatment: in point of brace wearing and standing

Choice of procedure:

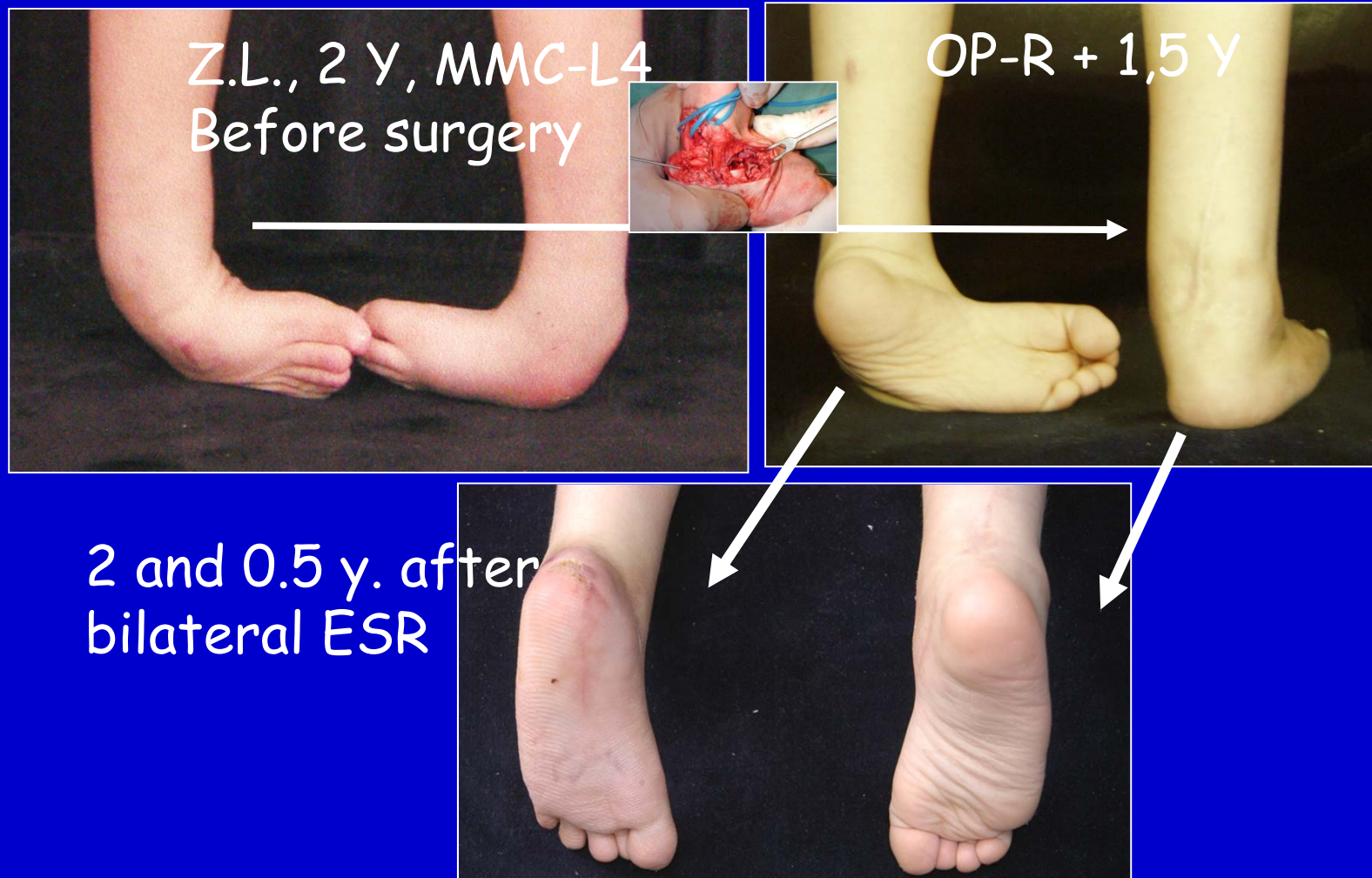
- tendon lengthening and Tibialis Ant. transfer to the midline
- – lower lesion, mild deformity

T.S., 12 y
lipomeningocoele



MMC and myelodysplasia CF

- Extensive subtalar release + tendon transection (TP,TA, Flexors)
- upper lesions and rigid deformities



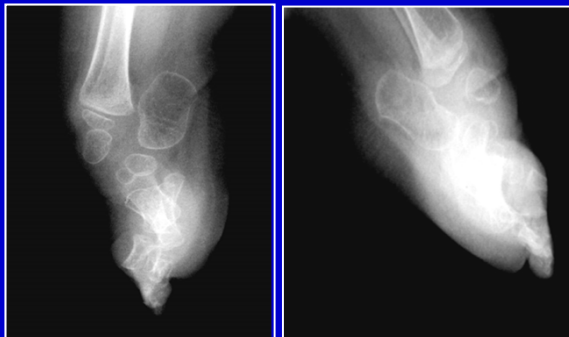
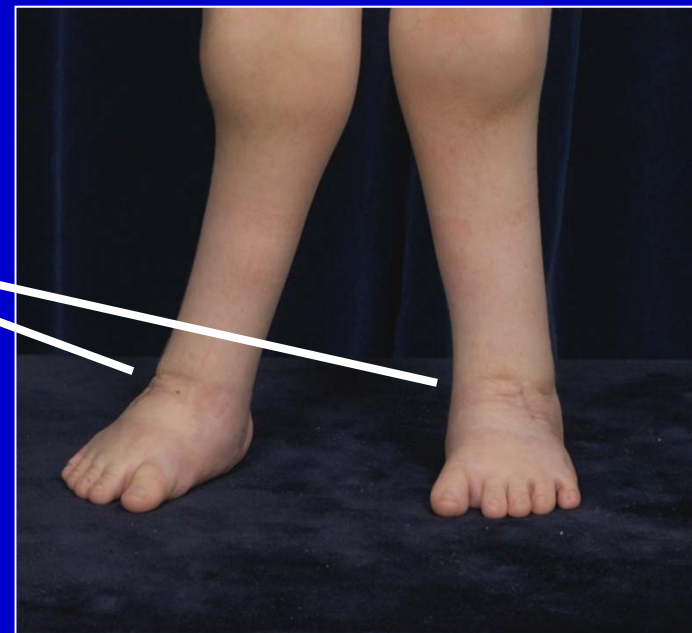
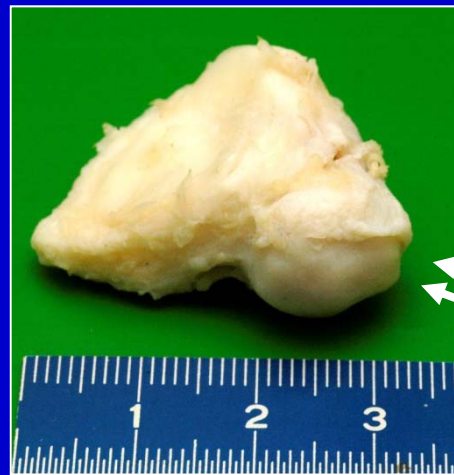
MMC clubfoot – bony surgery

Very rigid deformities, without correction

-talar enucleation (Verebeley-Ogston) – no experience

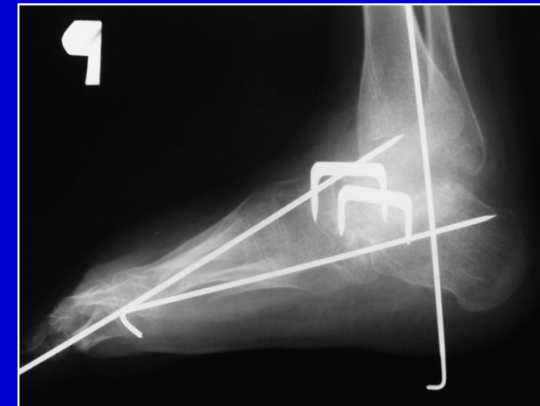
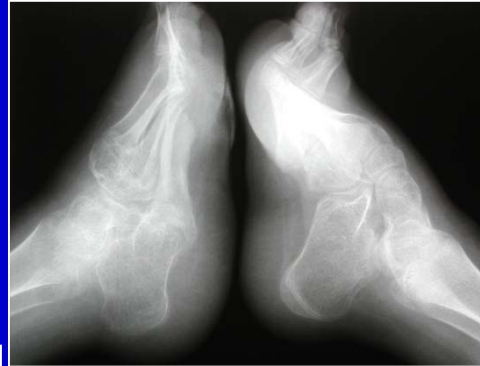
-talectomy - corection of hind foot, no forefoot deformity

SATISFIED RESULTS acc. our experiences



MMC clubfoot – bony surgery - adolescence

Triple arthrodesis of subtalar joints – strictly plantigrade position
– to avoid pressure sores



-Aftertreatment:

-Casting - meticulous and short - necrosis and pressure sores

- fractures from inactivity:

- orthoses - toxo-alergic reaction

-- walking ability - prevention of recurrence



Arthrogyposis and Arthrogyposis-like syndroms - clubfoot

Usual deformity, very rigid

Severe calf atrophy, lack of flexion creases

Tendons fibrosed within sheaths

Joints severely fibrosed



Treatment:

Manipulation and casting – early, similar to idiopathic CF

-partial correction – (varus and adductus)



Surgical correction in prewalking age

- Posterior release in mild deformities

- Extensive subtalar release + event. tendon resection

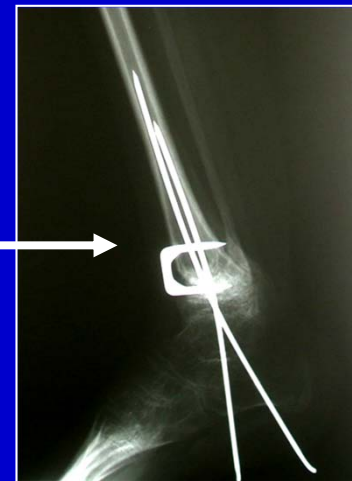
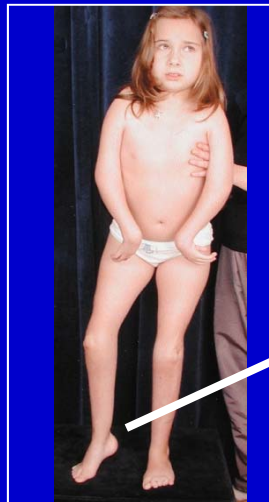
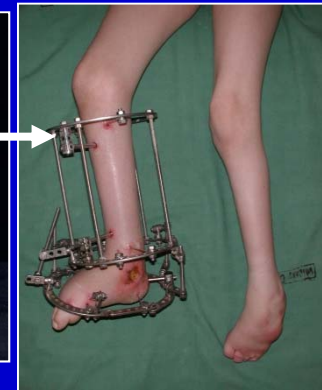
+ lateral column shortening



AMC clubfoot – bony surgery

often - in recurrent deformities – controversial issue

- 1. osteotomies of the midfoot / forefoot
- 2. Ilizarov method without / with osteotomy
- 3. talectomy
- 4. triple arthrodesis of subtalar joints
- 5. supramalleolar osteotomy



Clubfoot in progressive neuromuscular disorders

Myopathy

-developing of equinus / equinovarus deformities due to muscle imbalance

Treatment:

-**Conservative** – daily passive stretching + KAFO

-**Surgical** (acc. type of myopathy – Shapiro and Specht, 1996)

- Achilles tendon lengthening + event. anterior transfer of Tib.Post. tendon.

- recurrence of deformities and walking ability – acc. to type of myopathy



Neuropathic disorders

- **S M A and flaccid paralysis** (trauma, TU)

- equinus or equinocavovarus deformity

- treatment acc. to imbalance

- and main principals

- (transfers, OT, arthrodesis)

- **H M S N**

- **Friedreich ataxia**

- progressive cavus and cavovarus deformity:

(= equinus deformity of forefoot - calcaneus in dorsiflexion

no lengthening of Achilles Tendon)



- equinus of hindfoot – exceptionally **ACHILLES TENDON** lengthening after Steindler procedure



Results - Factors influencing:

- surgical method - aetiology - cooperation

Evaluation criteria - ? - Kling, 1985 - position, callosities, shoe-wearing

- excellent : plantigrade, no callosities, normal shoes
- good: some deformities (5 deg.), no callosities, normal shoes
- poor: - recurrence x over-correction, calluses, compromise with shoes

Our results:

Excellent and good results - 75-81% after 1st. surgical proc.

19 - 25% - repeated surgery for:

- residual deformities - recurrence - over-correction



Conclusions

1. Treatment of neurogenic clubfoot: various conservative and surgical options acc. to:

- particular analysis of deformity and severity
- aetiology
- age

2. Soft tissue procedures are preferred – to restore muscular balance + preserve foot mobility

3. Avoid over-correction due to muscle transfer–reversal deformity

4. Patients and parents should be informed about the impossibility to achieve a normal foot, because of permanent neurological impairment and possible recurrence of deformity.



**Split tibialis posterior tendon transfer
and tendo-Achillis lengthening for
spastic equinovarus foot**

Cerebral palsy (CP) is a childhood condition in which there is a motor disability (palsy) caused by a static, non-progressive lesion in the brain (cerebral).

The causative event has to occur in early childhood usually defined as less than 2 years of age. Children with CP have a condition that is stable and non-progressive; therefore, they are in most ways normal children with special needs.*



Equinovarus deformity

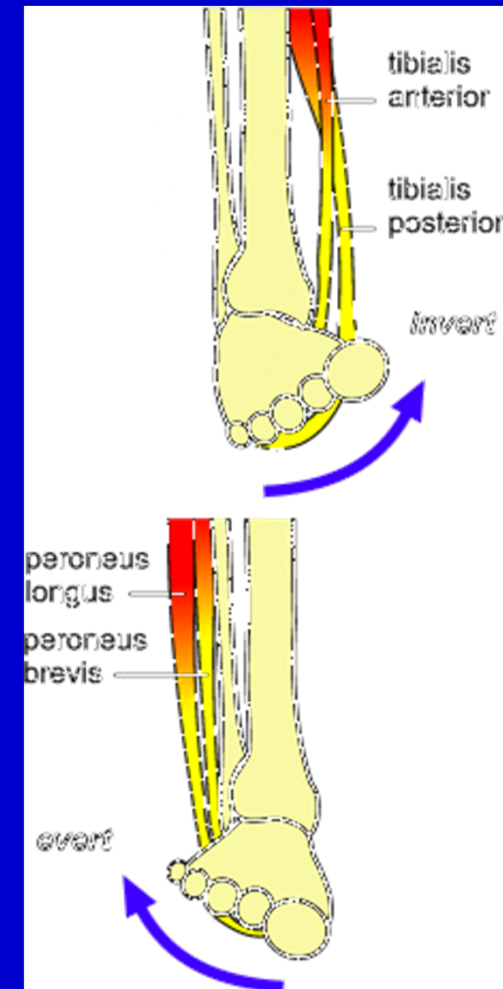
Common in children with CP (38% hemi-, 20% diplegic*)

Hamper ambulation – the gait cycle (foot, knee, hip)

Muscles imbalance – invertors of the foot (tibialis posterior and anterior muscle) overpower evertors (overactivity of TP 86% in EMG**)

The gait pattern becomes less effective and needs more energy.

Abnormal weight bearing → fixed foot deformity → painful callosities



Type of treatment

- 1) Anterior transfer of tibialis posterior (PT) tendon through the interosseous membrane (Baker & Hill)
- 2) Intramuscular lengthening of the PT (Frost)
- 3) Z-lengthening of the PT
- 4) **Split PT tendon transfer** (Kaufer, later Green and Kling)

The aim of the study

Evaluation of the effect split tibialis posterior tendon transfer on peroneus brevis in it's distal part and Tendo-Achillis lengthening for spastic equinovarus feet.

Material and methods

19 ambulatory patients from 136 cp children who underwent foot surgery.

hemiplegia – 12 pts,

diplegia – 7pts

split tibialis posterior tendon transfer together with tendo - Achilles lengthening in all pts was perform simultaneously.

4 feet – additionally – plantar aponeurosecectomy

The study was based on clinical examination, parents' questionnaire, radiology.

The mean age at the surgery was 13.9 (range: 9-17)

The mean follow up was 4.6 years (range: 2 – 7 years)

Material and methods



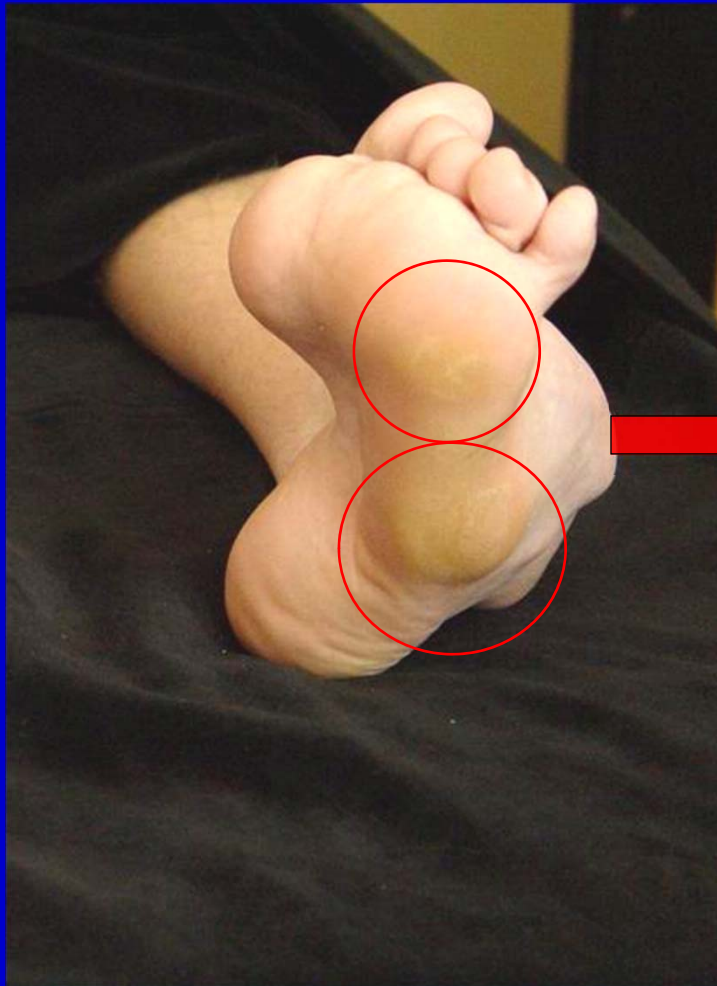
Results

The functional improvement was observed in 17 (89%) children with tendon transfer.

At the last follow up those patients were brace free, with plantigrade foot while walking and normal shoes were used.

Results

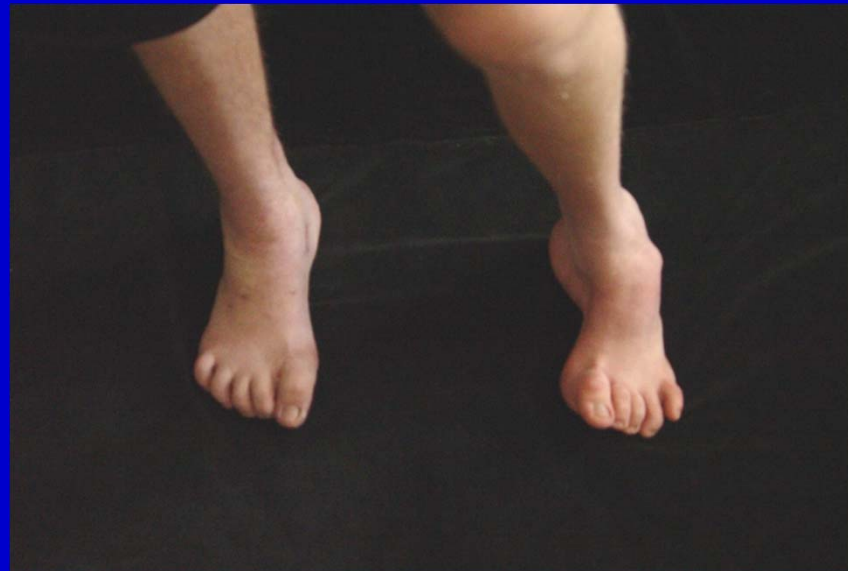
All painful callosities disappeared.



Results

On a standing AP X-ray adequate correction of the hindfoot-forefoot relation was achieved in 14 (74%) cases.

Persistent equinovarus deformity over 10 degrees was observed in 2 cases. Those patients underwent additional bone surgery.



Conclusion

With a properly planned approach the split tibialis posterior tendon transfer can bring good clinical and functional results in CP children with equinovarus deformation.

We recommend this procedure in early stage of the deformity what can eliminate more harmful triple arthrodesis in severe deformities.

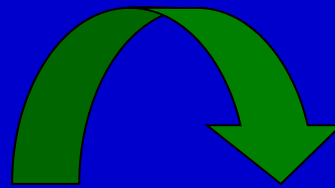
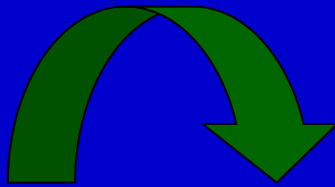
In early stage of the deformity – passive foot correction is possible

INTRODUCTION

The congenital clubfoot is often seen in orthopaedic practice. This deformation is easy to diagnose after birth, but proper treatment is not always applied after delivery. Late treatment makes the final result worse.



TREATMENT



OPERATIVE



TREATMENT



OPERATIVE TREATMENT

- 1. Posterior release with TAL**
- 2. Postero-medial release - McKey technique**
- 3. Postero-medial and lateral release
Cincinnati incision**

OPERATIVE TREATMENT

- Posterior release
with Achilles
tendon
lengthening

- **Good forefoot correction*
- **Achilles tendon contracture*
- **Calcaneus in supination*



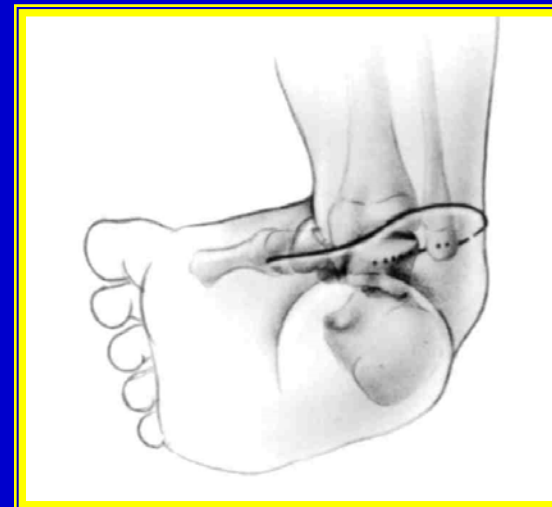
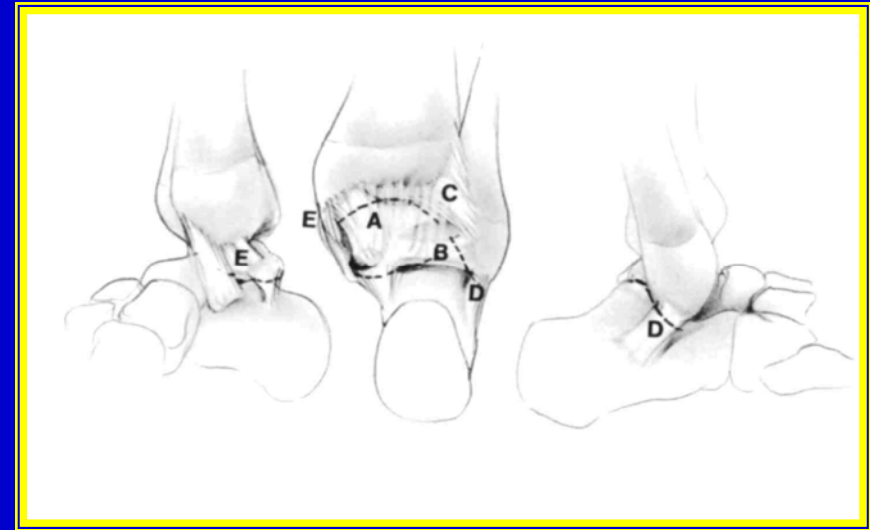
OPERATIVE TREATMENT

- **Postero-medial release - McKey technique**



OPERATIVE TREATMENT

- **Postero-medial and lateral release**
- **Cincinnati incision**



RESULTS

Magone et al. classification system (JPO 1989;9:49-58)

| | | |
|----------------|---|-------|
| * very good | = | 21.6% |
| * good | = | 29.3% |
| * satisfactory | = | 26.7% |
| * poor | = | 22.7% |



RESULTS

- **VERY GOOD - 21,6 %**



RESULTS

- GOOD - 29.3%



51%

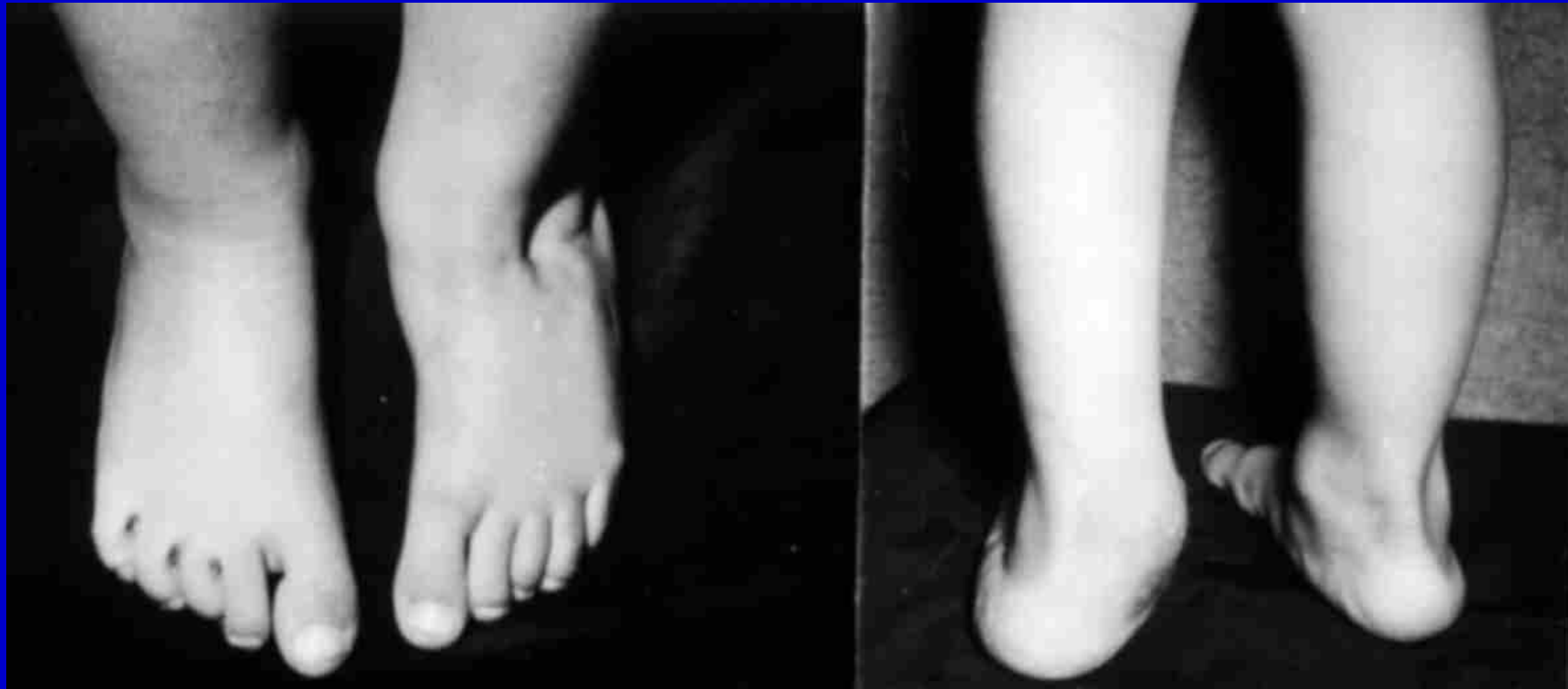
RESULTS

- Satisfactory - 26.7%



RESULTS

- Poor - 22,7%

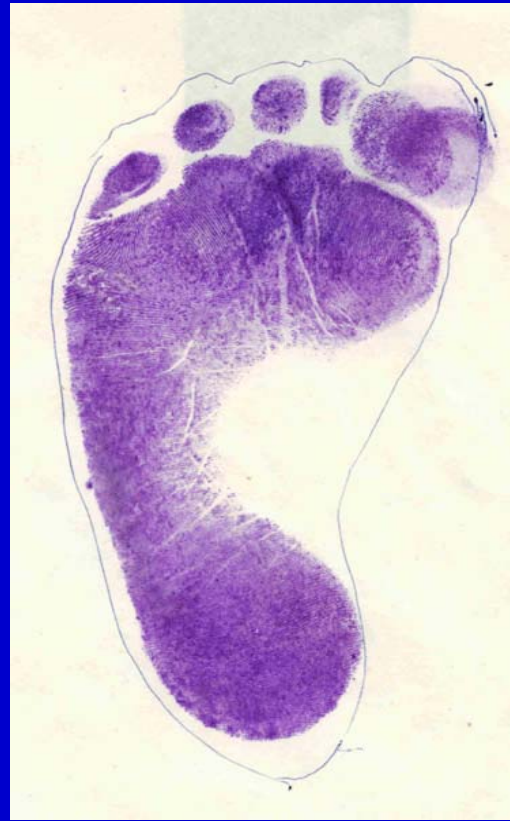


COMPLICATIONS

- not adequate foot correction
- wound healing problems
- tendons injury (FHL,FDL)
- K-wire migration
- neurovascular



COMPLICATIONS



COMPLICATIONS

- **Arthrotic changes was common seen after the surgery**



PROBLEMS

1. PROPER INDICATION FOR SURGERY
2. SURGEONS EXPERIENCES MANDATORY
3. EARLY CONSERVATIVE TREATMENT
4. REGULAR FU

CONCLUSIONS

1. Treatment of congenital clubfoot is difficult
2. High level of experience is required
3. The conservative treatment is necessary
4. The proper indication for the type of surgery



**THE ANALYSIS OF COMPLICATION
AFTER
SURGICAL TREATMENT
OF CONGENITAL
CLUBFOOT**

**The surgical treatment of
congenital clubfoot
is difficult and connected
with relatively
high risk of complications**

MATERIAL & METHODS

Years : 1966 - 2005

567 feet operated by different methods :

1. Posterior release with *TAL*
2. Postero-medial release - *McKey technique*
3. Postero-medial and lateral release
Cincinnati incision

MATERIAL & METHODS

Mean age at the surgery :

17.5 months

(from 5 months to 7 years)

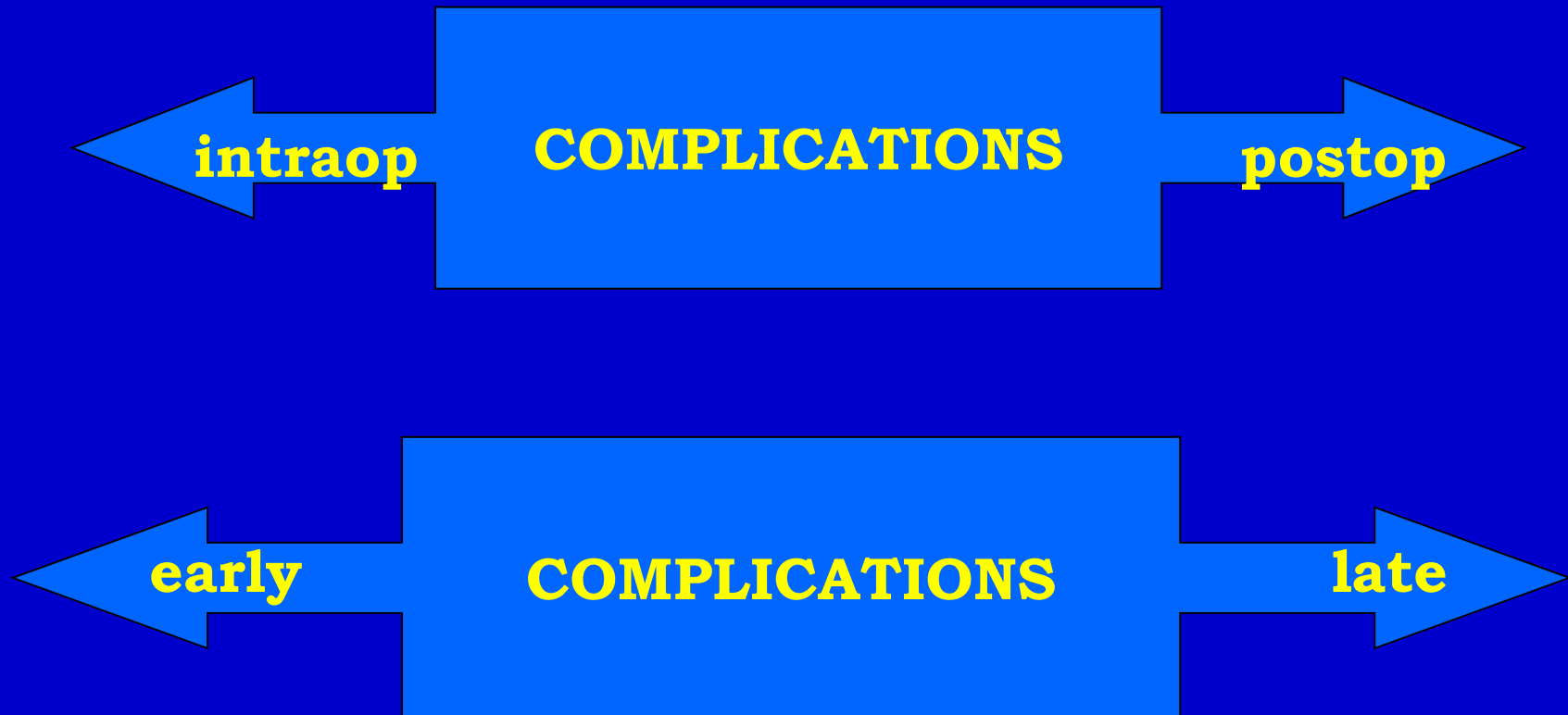
MATERIAL & METHODS

111 COMPLICATIONS

IN

46 FEET

MATERIAL & METHODS



MATERIAL & METHODS



- * Injury of the anatomical structure**
- * Poor surgical technique**

- * problems with wound healing**
- * skin necrosis**

MATERIAL & METHODS



- * **infection**
- * **infection of upper airways**
- * **problms with wound healing**

- * **recurrence of foot deformation**
- * **problems with walking**
- * **K-wire migration**

COMPLICATIONS

* **Poor surgical technique:**

- * surgery performed by many surgeons
- * not enough experiences

* **Injury of the anatomical foot structure :**

- * injury of FDL
- * injury of FHL
- * injury of TA
- * damage of the tibial artery
- * not enough skin to cover the wound

MATERIAL & METHODS

111 COMPLICATIONS

IN

46 FEET

COMPLICATIONS

Problems with wound healing



COMPLICATIONS

skin necrosis



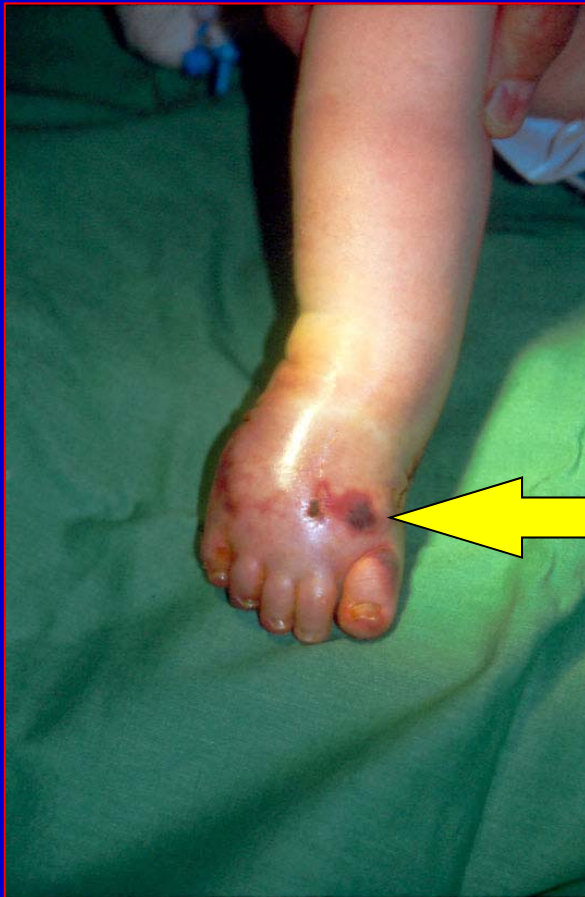
COMPLICATIONS



skin necrosis



COMPLICATIONS



Skin necrosis

(K-wire removed)

COMPLICATIONS



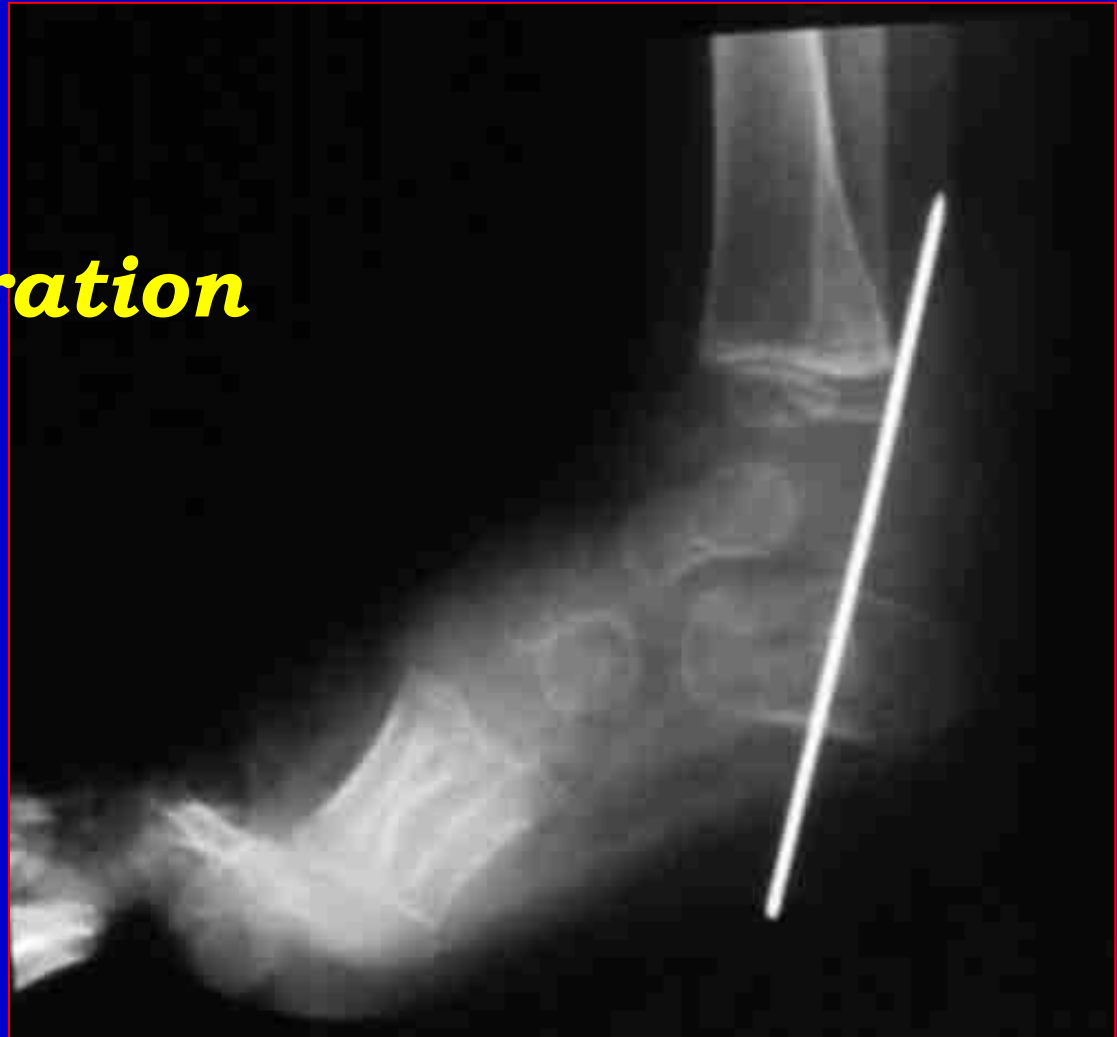
Necrosis

***after
tibialis artery injury***



COMPLICATIONS

K-wire migration



COMPLICATIONS

recurrence of foot deformation



COMPLICATIONS

Degenerative arthritis changes

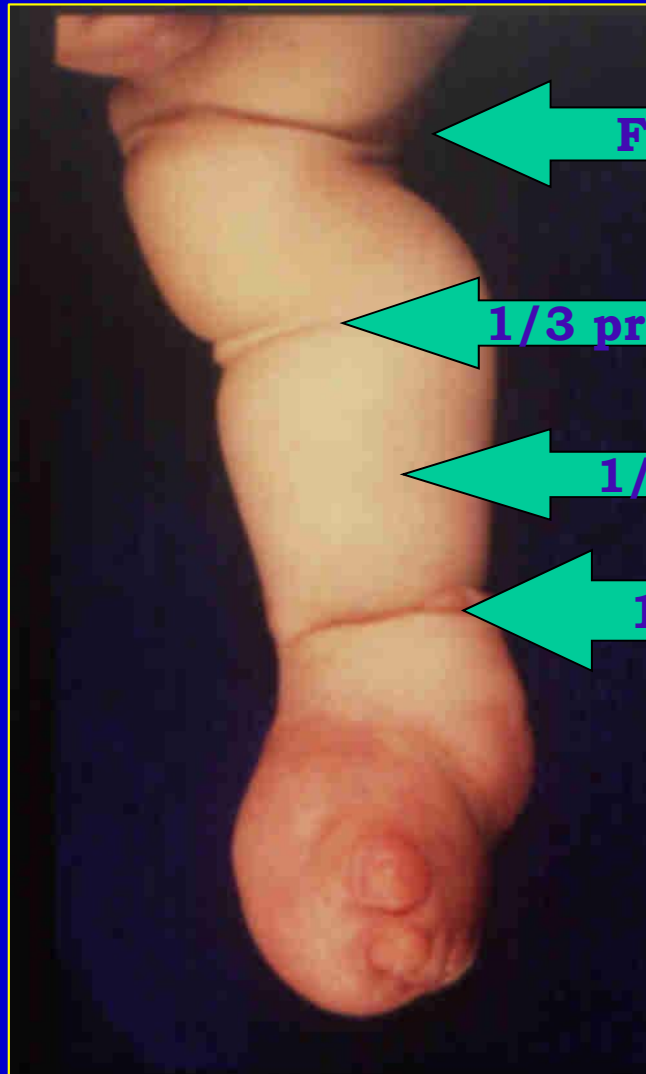


CONCLUSIONS

- 1. Treatment of congenital clubfoot is connected with a high risk of complications**
- 2. The good knowledge of foot anatomy as well as surgical procedures is essential to obtain satisfactory results**

Amniotic bands syndrome and clubfoot

OUR MATERIAL



← Femur

8

← 1/3 proximal

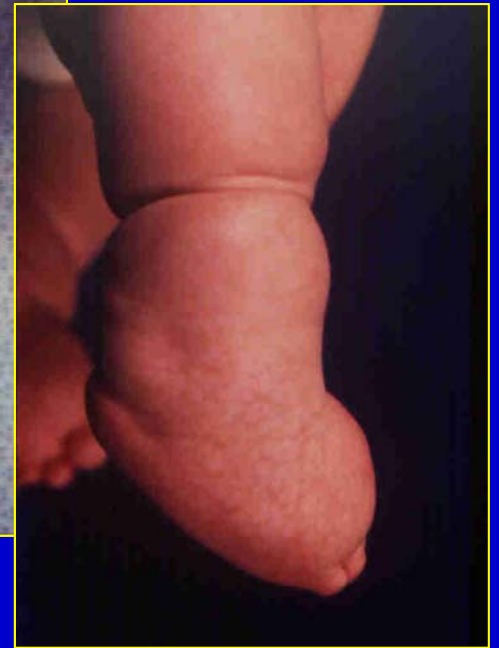
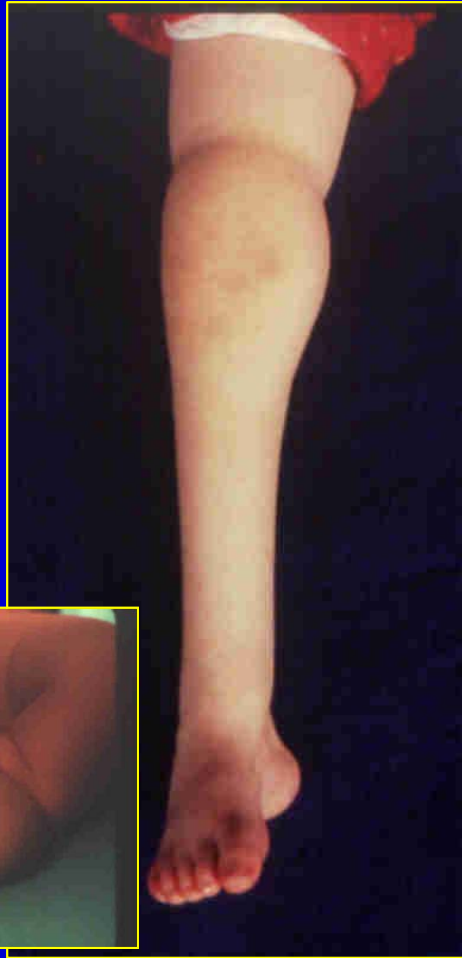
7

← 1/3 middle

5

← 1/3 distal

6



Material

- *All feet were operatively treated by subtalar release (19 children) or TAL with posterior release (7 children).*
- *In the treatment amniotic bands were treated first by skin Z plasty, followed by foot surgery*



RESULTS





RESULTS

- * *25% very good*
- * *34% satisfactory*
- * *41% poor*

RESULTS

Very good results were observed when the amniotic bands were located at the femur region

Satisfactory results were observed when amniotic bands were located in proximal 1/3 of the calf and were shallow.

Deep amniotic bands with full circle of the calf located in distal 1/3 of the calf resulting in poor results.



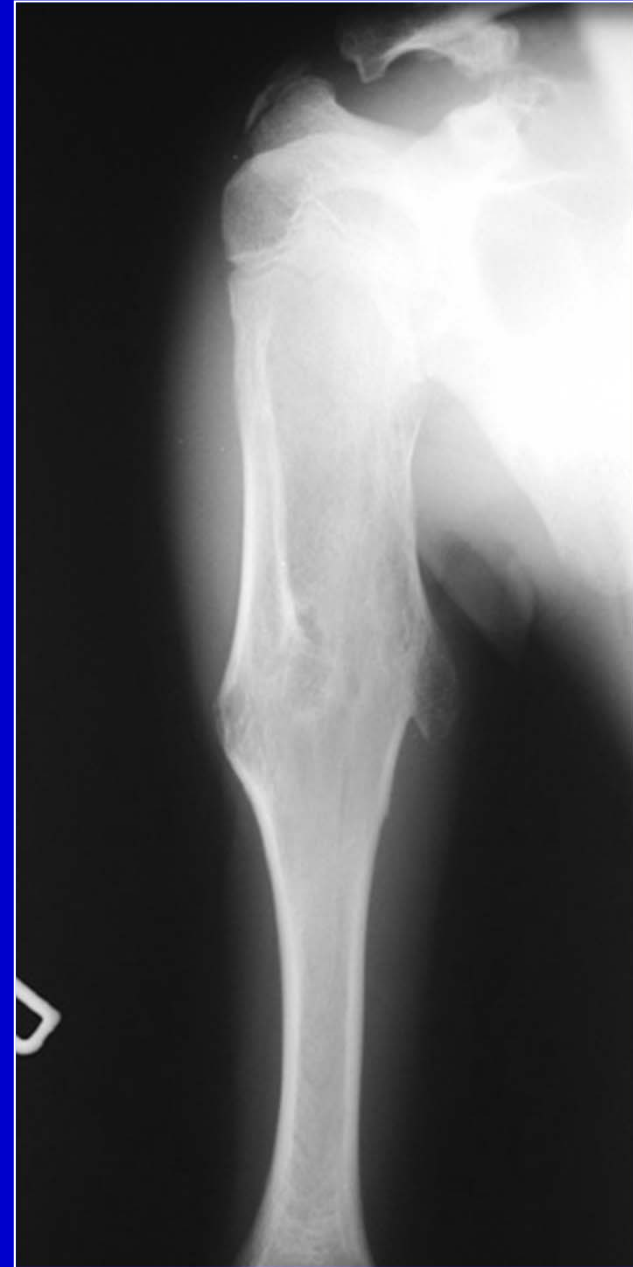
Hypoplasia of extremity







Radiographic Features





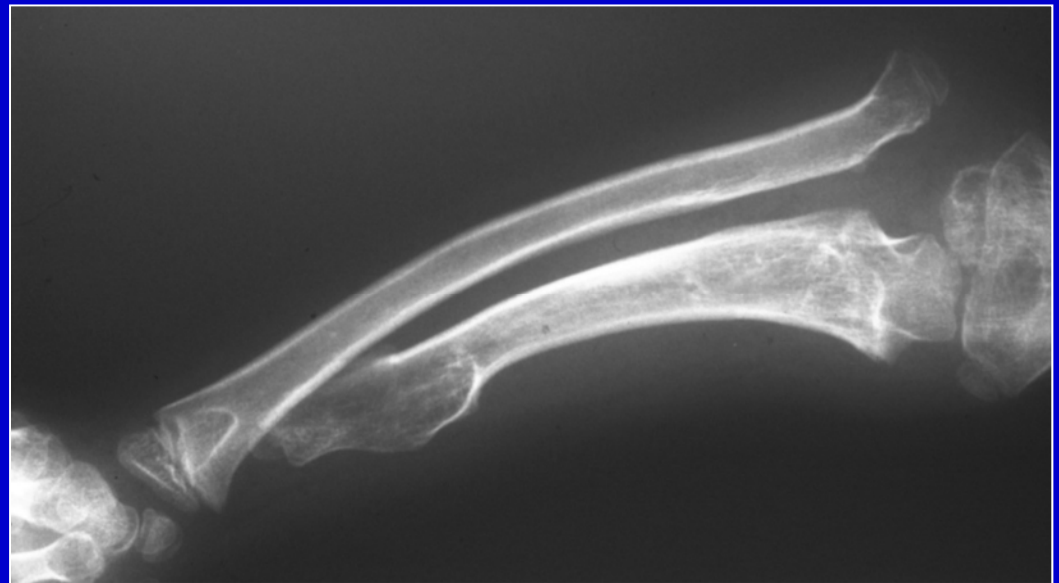
Deformity – Valgus Knee and Ankle



Deformity – Forearm

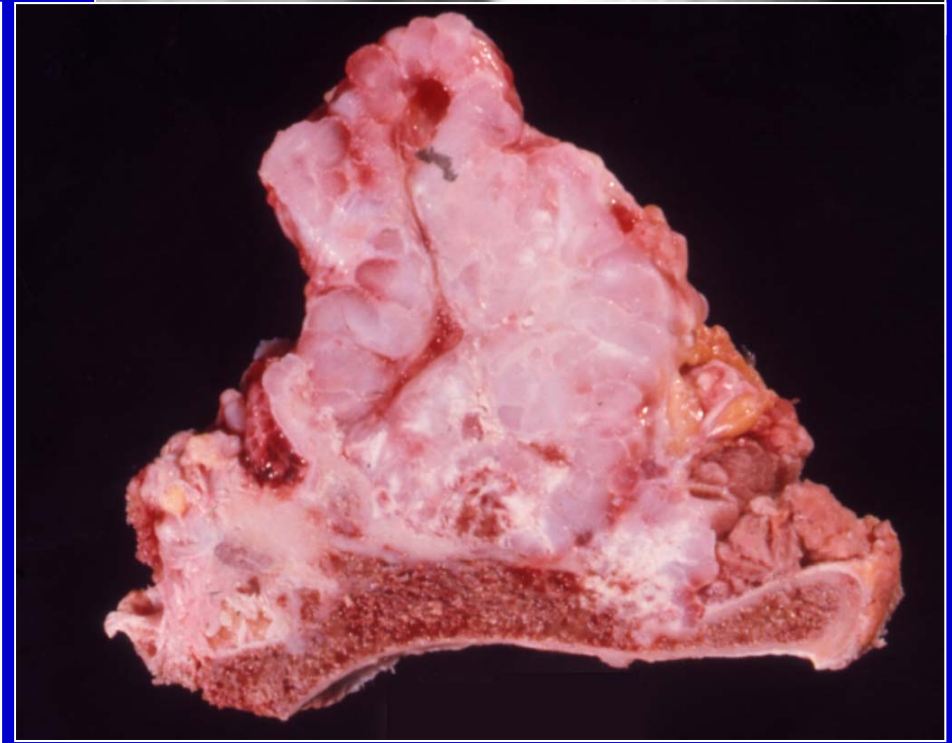
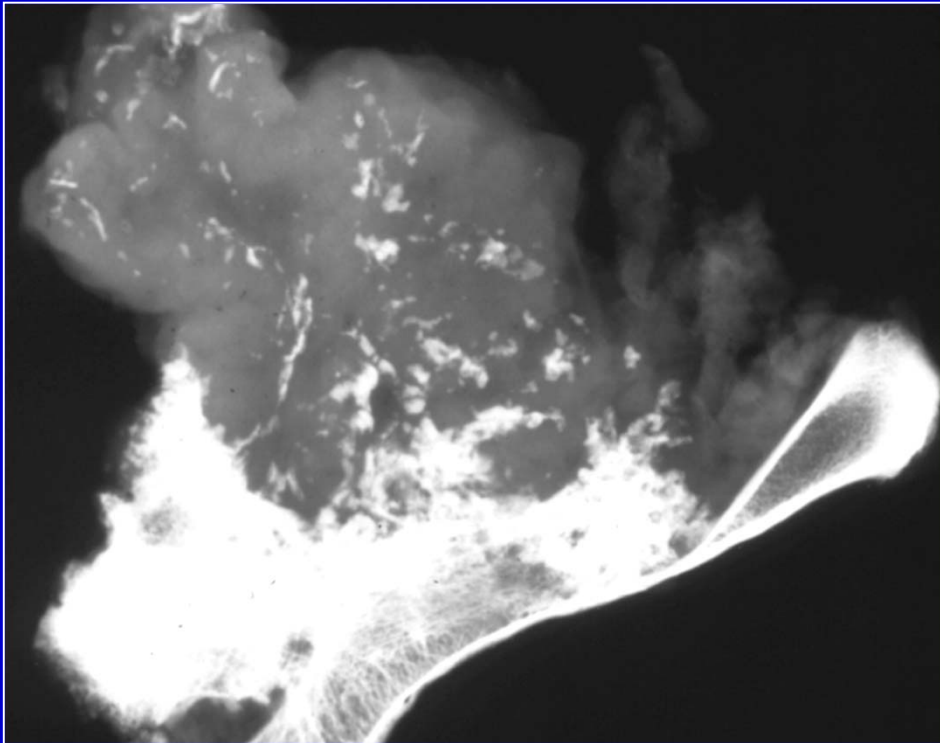


Deformity – Forearm

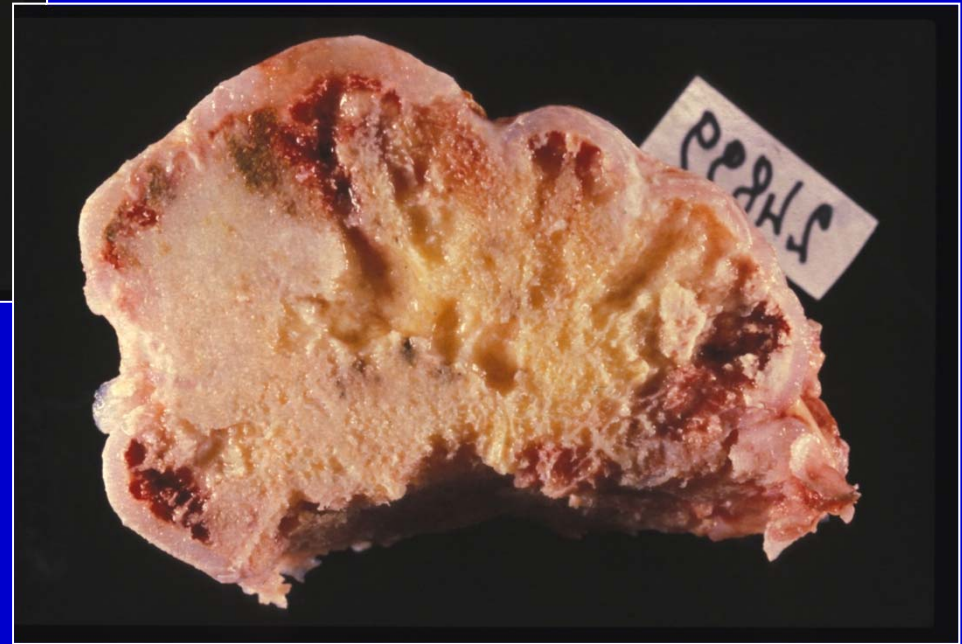


Mal. Transformation 1- 3%

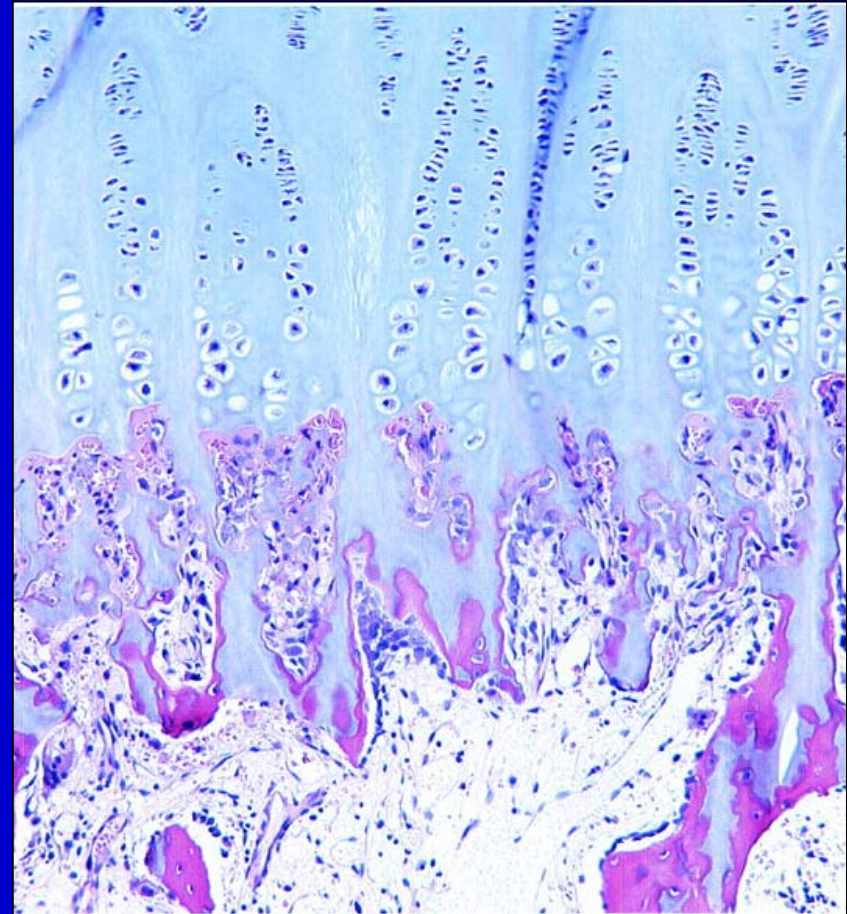
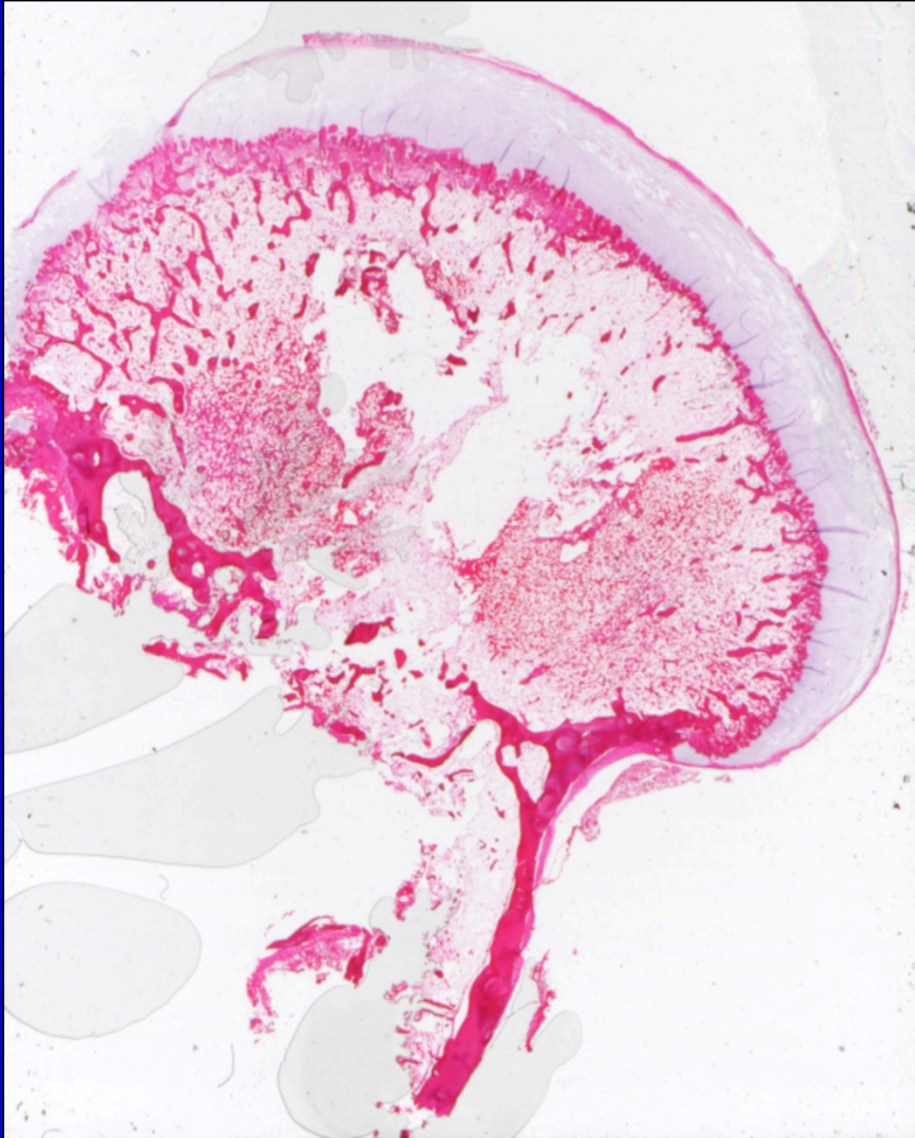
Historical Reports 5 - 25%



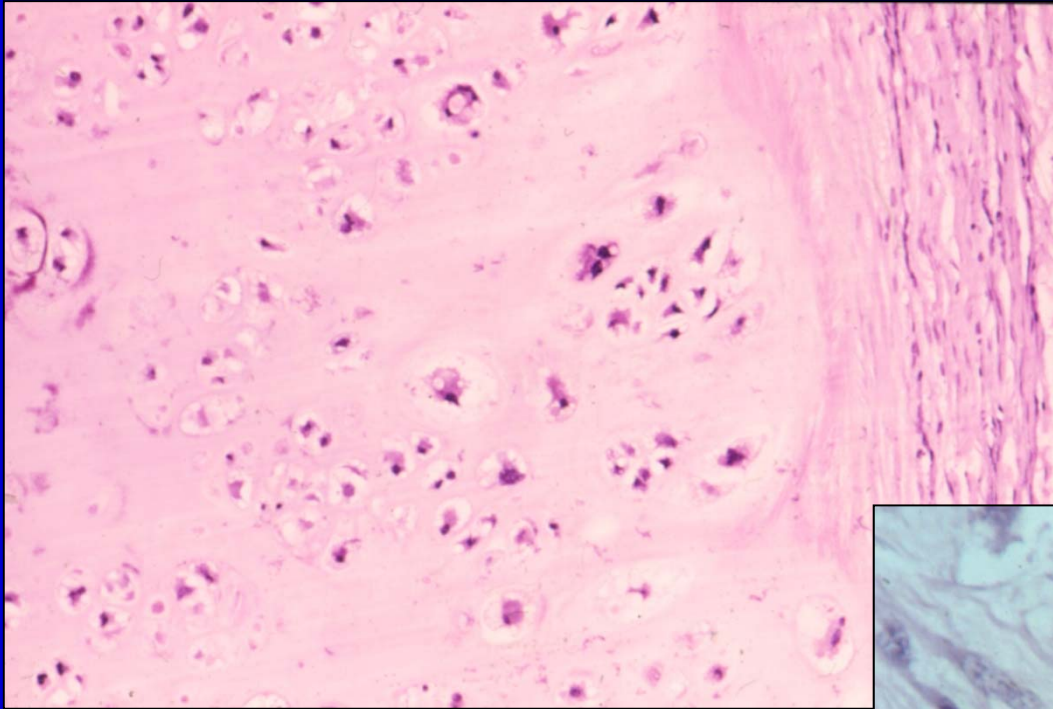
Pathology of Exostosis: Gross Aspect



Pathology of Exostosis: Microscopic Features

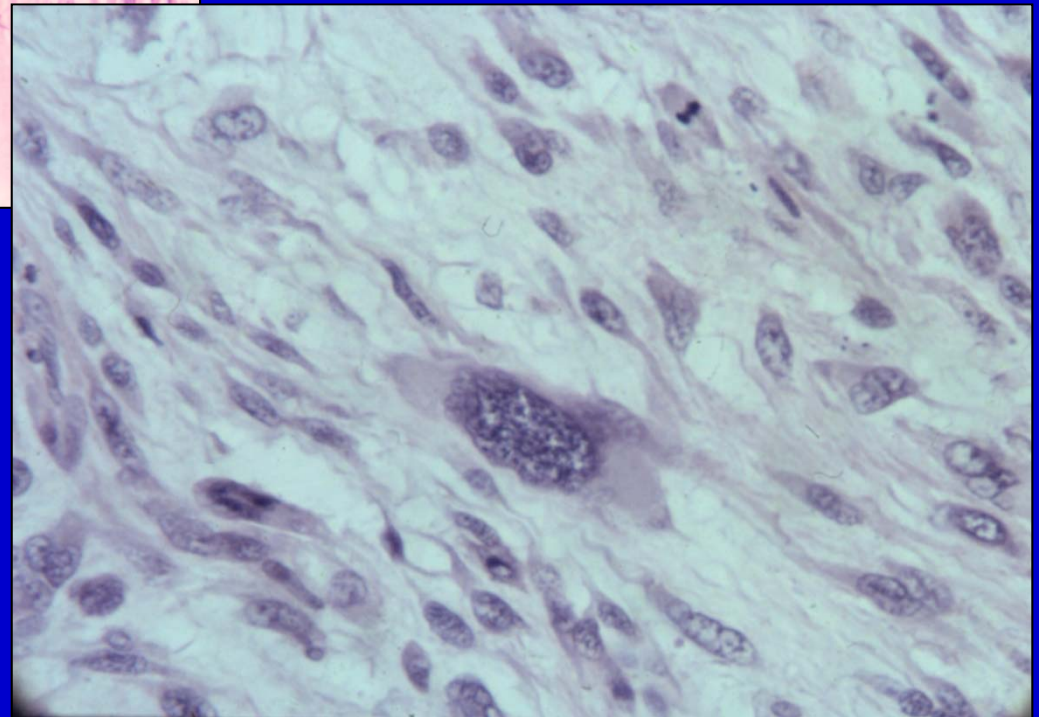


Pathology of CHS: Microscopic Features



Grade 1

Grade 3



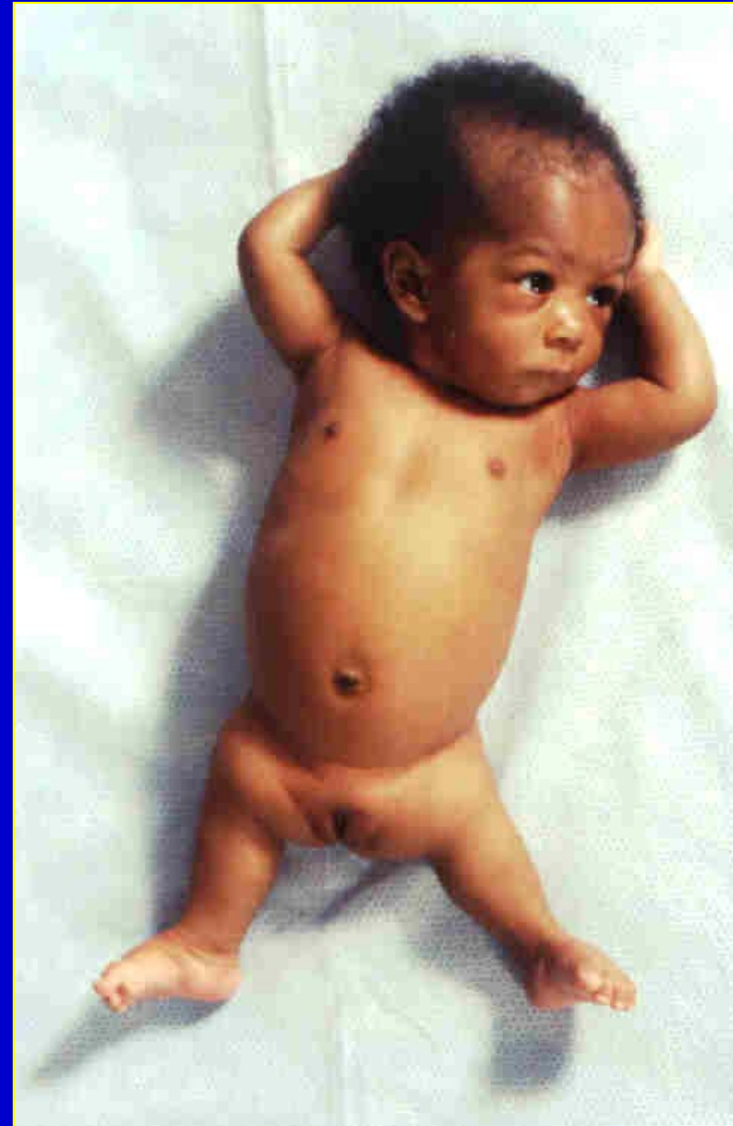
$N = ?$



CONGENITAL DISEASES



CONGENITAL DISEASES



CONGENITAL DISEASES

